



# The Village News

September 2024

## Inside The Village News:

- 1 – Parish Council Meetings
- 2 – Your Parish Councillors
- 3 – Parish Council Structure
- 4 – Parish Council Staff
- 5 – District & County Councillors
- 6 – District Councillor Surgeries
- 7 – The Gull Wing Bridge Opening
- 8 – Tour of Britain 2024
- 9 – RSPB – Hoppy's Story
- 10 – Kessingland Men's Shed
- 11 – Kessingland CofE Primary Academy
- 12 – Kessingland United Working Men's Club
- 13 – Kessingland Library Book Group
- 14 – Community Wildlife Garden
- 15 – Community Clean-Up Teams
- 16 – Crossword Corner
- 17 – Help & Support in the Community
- 19 – Community Noticeboards
- 28 – Volunteering Opportunities
- 30 – Community Recycling
- 31 – Useful Contact Numbers
- 32 – Crossword Solution



Photo Credit: David Boyle

## Parish Council Meetings September 2024

### Full Council:

- Wednesday 11<sup>th</sup> at 7:00pm

### Finance & Governance:

- Wednesday 4<sup>th</sup> at 10:00am

### Planning & Highways:

- Tuesday 3<sup>rd</sup> at 10:00am
- Wednesday 18<sup>th</sup> at 10:00am

### Personnel:

- No meetings scheduled.

### Leisure & Community Engagement:

- No meetings scheduled.

The dates & minutes of all the committee meetings are listed on the parish council website: [www.kessinglandparishcouncil.co.uk](http://www.kessinglandparishcouncil.co.uk). The public & press are all legally entitled to attend such meetings and submit any questions relevant to the agenda.

To receive The Village News by Email, sign up here:  
<http://eepurl.com/hHHSZv>



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Friends of Kessingland Parish Council

# Your Parish Councillors



Stephen (Sid) James  
Chair of Council

01502 740521

[sjames@kessinglandparishcouncil.org.uk](mailto:sjames@kessinglandparishcouncil.org.uk)



Caroline Carter  
Vice-Chair of Council

07811 753930

[ccarter@kessinglandparishcouncil.org.uk](mailto:ccarter@kessinglandparishcouncil.org.uk)



Christine Cook  
Councillor

07592 555345

[ccook@kessinglandparishcouncil.org.uk](mailto:ccook@kessinglandparishcouncil.org.uk)



Alan Green  
Councillor

07789 644645

[agreen@kessinglandparishcouncil.org.uk](mailto:agreen@kessinglandparishcouncil.org.uk)



Julie McLean  
Councillor

07539 696904

[jmclean@kessinglandparishcouncil.org.uk](mailto:jmclean@kessinglandparishcouncil.org.uk)



Ian Graham  
Councillor

07985 462200

[igraham@kessinglandparishcouncil.org.uk](mailto:igraham@kessinglandparishcouncil.org.uk)



Bob Saunders  
Councillor

07901 530770

[bsaunders@kessinglandparishcouncil.org.uk](mailto:bsaunders@kessinglandparishcouncil.org.uk)

Neil Glendinning  
Councillor

07801 681136

[nglendinning@kessinglandparishcouncil.org.uk](mailto:nglendinning@kessinglandparishcouncil.org.uk)



Lynda Hood  
Councillor

07954 412031

[lhood@kessinglandparishcouncil.org.uk](mailto:lhood@kessinglandparishcouncil.org.uk)

Karen Archbold  
Councillor

07415 734953

[karchbold@kessinglandparishcouncil.org.uk](mailto:karchbold@kessinglandparishcouncil.org.uk)

Position

Vacant

Position

Vacant

Position

Vacant

# Kessingland Parish Council

## Committees / Groups / Representatives



Kessingland Parish Council consists of 13 members, including a Chair and Vice-Chair  
The Council has 4 committees which deal with different areas of Council business.

### Planning & Highways Committee

Councillors:  
Chair: C. Carter  
Vice-Chair: I. Graham  
B. Saunders, N. Glendinning, C. Cook

### Finance & Governance Committee

Councillors:  
Chair: A. Green  
Vice-Chair: I. Graham  
B. Saunders, N. Glendinning,  
J. McLean, C. Cook

### Personnel Committee

Councillors:  
Chair: N. Glendinning  
Vice-Chair: C. Carter  
C. Cook, I. Graham, A. Green,

### Leisure & Community Engagement Committee

Councillors:  
Chair: I. Graham  
Vice Chair: J. McLean  
C. Carter, C. Cook, A. Green, L. Hood,  
B. Saunders, K. Archibald

As well as sitting on its 4 Committees, some councillors take on designated responsibilities and others represent Kessingland on outside bodies. These are listed below:

**Beach Wardens**  
North – Cllr J. McLean  
South – Cllr S. James

**Benacre & Kessingland Flood Group**  
Cllr S. James

**Kessingland Events Group**  
Cllr J. McLean, Cllr C. Cook,  
Cllr C. Carter, Cllr K. Archbold

**Community Garden Co-ordinator**  
Cllr J. McLean

**Kessingland Marsh Liaison**  
Cllr J. McLean  
D. Boyle (Warden), D. Fox (Deputy)

**Village & Beach Clean-Up Co-ordinator**  
Cllr J. McLean

**Community Fridge**  
Cllr C. Cook, Cllr J. McLean,  
Cllr L. Hood

**Hidden Needs Forum**  
Cllr C. Cook, Cllr J. McLean,  
Cllr C. Carter, Cllr L. Hood

**Kessingland in Need Trust**  
Cllr L. Hood, Cllr I. Graham,  
Cllr N. Glendinning

**Youth Culture Board**  
Chair & Vice Chair of Council,  
Cllr J. McLean, Cllr I. Graham

**Kessingland Sports & Social Centre**  
Cllr C. Cook

**ESC Community Partnership**  
Cllr J. McLean, Cllr I. Graham,  
Parish Clerk

**Suffolk Police**  
Cllr C. Carter, Cllr L. Hood

**Suffolk Bus Passenger Interest Group**  
Cllr A. Green

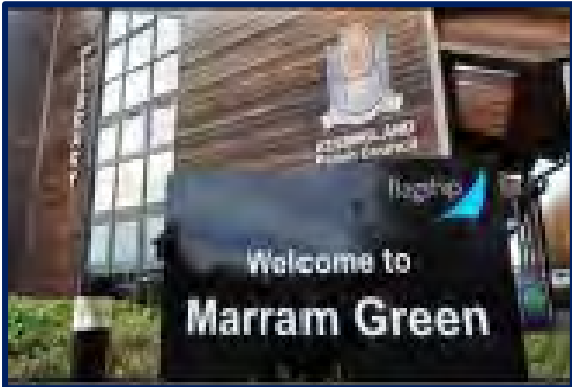
**Community Speed Watch & SID Co-ordinator**  
Position Vacant

**SALC East Suffolk Forum**  
Position Vacant

**SALC Climate Forum**  
Cllr A. Green, Cllr J. McLean,  
Parish Clerk

**Compass Suite Trust**  
Position Vacant

# Kessingland Parish Council Staff



**Kessingland Parish Council**

**Office Hours:**  
Monday – Friday, 10am – 4pm

**Telephone:**  
01502 744367

**Email:**  
[admin@kessinglandparishcouncil.org.uk](mailto:admin@kessinglandparishcouncil.org.uk)

**Website:**  
[www.kessinglandparishcouncil.co.uk](http://www.kessinglandparishcouncil.co.uk)



**Parish Clerk & R.F.O.:**  
Neil Coleby



**Deputy Clerk:**  
Shelley Hogg



**Admin/Committee Clerk:**  
Debbie Blowers



**Senior Youth Leader:**  
Christine Smith



**Youth Leader:**  
Daniel Fisk



**Youth Leader:**  
Amanda Loud



**Cleansing Operative:**  
Ruth Hill



**Cleansing Operative:**  
Niall McLean



**General Factotum:**  
Paul Reed

## District & County Councillors



**County Councillor:**  
Michael Ladd

Michael has been the Suffolk County Council councillor for Kessingland & Southwold since 2013. He is currently the Chair of the Scrutiny Committee which is part of the arrangements for making sure the Council carries out its responsibilities properly and scrutinises the decisions of the cabinet and committees to ensure that procedure and the law have been properly followed.

Michael's other key role is liaising with his constituents and the parish councils that he represents, helping with matters relating to his role as a county councillor and raising matters with Suffolk County Council. Michael actively attends as many monthly Parish Council meetings as he can, and also takes an active involvement with the parish council's quarterly meetings with Suffolk County Councils Highways Department. Michael also is involved with the East Suffolk Carlton Colville, Kessingland and Southwold Community Partnership.

**Telephone:** 01502 675603  
**Email:** michael.ladd@suffolk.gov.uk

Alan was appointed as the East Suffolk Councillor for Kessingland in the 2023 elections. He is also Chair of the Carlton Colville, Kessingland and Southwold Community Partnership.

Alan's other key role is liaising with his constituents and also Kessingland Parish Council, helping with issues relating to his role as a district councillor, and also representing Kessingland's views at district council level. Alan actively attends Parish Council meetings as well being involved in the Carlton Colville, Kessingland and Southwold Community Partnership.

**Telephone:** 01502 741888 / 07818 563003  
**Email:** alan.green@eastsoffolk.gov.uk



**District Councillor:**  
Alan Green





# Councillor Surgery

with **Councillor Alan Green**

District Councillor for the ward of Kessingland

**Telephone:** 07818 563003

**Email:** [alan.green@eastsoffolk.gov.uk](mailto:alan.green@eastsoffolk.gov.uk)



**Every Saturday  
from 10am until 12pm**

**“Saturday Coffee at St. Ed’s”  
Kessingland Church Centre  
Church Road  
Kessingland**

An opportunity for residents of Kessingland to come and chat with me about any concerns or queries they would like my help with.

**ALL WELCOME**





Join us for  
the **opening**  
of **Gull Wing**

SATURDAY 7TH SEPTEMBER  
FROM 9AM



**A PROMISE DELIVERED**



Lowestoft's Gull Wing bridge will open to the public with a community walkabout on the bridge on Saturday 7th September, heralding a new era of connectivity and regeneration for the town.

To celebrate this important milestone for Lowestoft, members of the public are invited to experience the Gull Wing before it opens to traffic. From 9am to 11:30am on Saturday 7th September, the bridge will be open exclusively to pedestrians. It is hoped this opportunity will allow the public to experience the unique scale and design of the bridge up close, as well as grab a selfie and check out the views, without any traffic.

From noon, the bridge will open to vehicles as well, with vintage Lowestoft buses from the East Anglian Transport Museum leading the way.

Parking is not available so those planning to attend the event are encouraged to use public transport or travel by foot where possible.

A rolling road closure will be in effect on the morning of Sunday 8th September, as the Tour of Britain crosses the Gull Wing during their preliminary ride-out ahead of the final stage between Lowestoft and Felixstowe.

The formal civic opening and naming ceremony for the bridge is set to take place on Tuesday 19th November. Additional details will be provided closer to the date.





East Suffolk will hold the final stage of Britain's biggest professional cycle race on Sunday 8 September for the first time, with a 158-kilometre (98.5-mile) stage between Lowestoft and Felixstowe.

Stage six will get underway at 10:30 from Lowestoft's Promenade, the first time that the town has hosted the Lloyds Bank Tour of Britain Men, with the stage heading inland via Beccles and Bungay, and then south through Halesworth, Framlingham, and Saxmundham, before racing along the Suffolk coast between Thorpeness and Aldeburgh.

The second half of the route takes in Snape, Wickham Market, Kesgrave, and Martlesham, before a run in and finish on Sea Road in Felixstowe familiar to riders from 12-months ago, when Wout van Aert took a stage win in Suffolk.

To mark the occasion, **First Light Festival** and **East Point Pavilion** are holding a day of celebration on Sunday 8 September on Royal Green. Come along to watch the race begin on the promenade and then stay to enjoy activities for all ages, live entertainment and workshops.

To ensure safety for the race, it will be necessary to close some roads, and to suspend parking in some of the towns and villages on the route. To minimise inconvenience, East Suffolk Council will endeavour to remove cones and lift restrictions as soon as possible after the race has passed through. There will also be a rolling road closure in operation across the route for around 15 minutes before the estimated time of arrival until approximately 10 minutes after the last rider has passed.

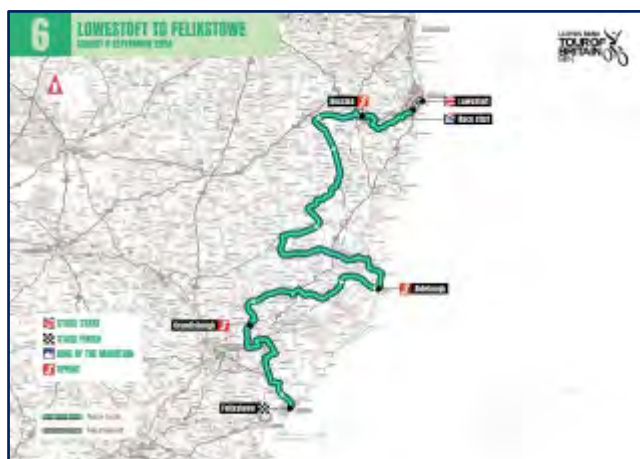
### Road Closures & Parking Suspensions:

The following roads will be closed between 10.30am and 11am on Sunday 8 September:

- B1532 From A47 to Royal Terrace
- Royal Terrace

Parking will be suspended between 9am and 12noon on the following roads on Sunday 8 September:

- Marine Parade/B1532 (4 x bays outside No. 6)
- Claremont Road (Wellington Esplanade to London Road South)
- London Road South (5 x bays opposite KFC)





## Hoppy - The story of an extraordinary Ringed Plover

The team first spotted Hoppy a male Ringed plover easily distinguished by the lack of his left foot hence his name, in June of 2022. Hoppy soon found a partner and they nested just behind the portacabin at Winterton. Hoppy and his partner successfully fledged 2 chicks.

On 10<sup>th</sup> June 2023 Hoppy returned to Winterton, paired up and again they chose to nest just behind the portacabin at Winterton and also working with his partner successfully fledged 2 chicks.



Hoppy and his footprints in the sand were spotted by Mick on 17<sup>th</sup> May 2024, our very special boy was back. However, Hoppy was going to be in for a very rough time, on the 1st June high tides with very strong winds arrived and poor Hoppy sitting on 4 eggs was almost totally covered in sand. Mick managed to come to the rescue and unburied the eggs which were a few inches down and would have not been viable without Mick's intervention.



On Monday 9<sup>th</sup> June Hoppy was seen babysitting 2 chicks again amongst high tides and strong winds the sand was blowing everywhere, and seafoam was all over the beach. The high deposits of sand must be like climbing Mount Everest for Hoppy and his chicks.



Hoppy always nests very close to the portacabin inside the fencing, so he seems to realise that we offer him protection and give him the best chance of success, like a typical Ring Plover he is a very feisty little character, and he seems to do more than his fair share of incubating, brooding and babysitting.

A remarkable story of one little bird's survival against adversity, battling the elements, overcoming a disability and being a great father.

We could all learn a lot from Hoppy.

Fingers crossed those little chicks get to fledge and Hoppy keeps coming back to breed for many more years.





# KESSINGLAND MEN'S SHED



# Repair Shop

**FIRST WEDNESDAY  
OF THE MONTH**

**9am - 1pm**

**WE CAN REPAIR A RANGE OF ITEMS INCLUDING:**

\_\_\_\_\_ **Radios & Clocks** \_\_\_\_\_

\_\_\_\_\_ **Shear & Knife Sharpening** \_\_\_\_\_

\_\_\_\_\_ **Gardening Tools** \_\_\_\_\_

Community Engagement Project

We are still welcoming new members, so pop down to the Shed, on Bethel Drive, for a coffee and a chat, where you can fill in a form if you want to join up or contact the Secretary on 07950 837083. Opening times are 9-1pm on Mondays, Wednesdays, Fridays, and Saturdays.





## Welcome to Kessingland Primary Academy Lottery

This lottery has been set up specifically to raise money and make a difference for our children!

It's a fantastic way to bring Parents, Carers, Teachers, and the wider community together, in partnership with our school, and at the same time give something back. We hope to raise funds that can support and enrich the education of our children - we aim to provide extra resources for the children, improve the school environment as well as run extra-curricular activities such as music, art, and sport. Your support is greatly appreciated, and we wish you good luck!

# SUPPORT OUR SCHOOL PLAY OUR LOTTERY

- Tickets cost just £1 a week
- The easy way to help us raise funds
- Local cash prizes every week

**BUY TICKETS:**  
Go to: [www.yourschoollottery.co.uk](http://www.yourschoollottery.co.uk)  
And search for: Kessingland Primary

GambleAware

## SUPPORT OUR LOTTERY TODAY

£1 per week

Weekly cash prizes

£25,000 jackpot

**How it works...**

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Kessingland Primary Academy

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at [YourSchoolLottery.co.uk](http://YourSchoolLottery.co.uk) by direct debit or debit card.

**It's so easy to join and will make a real difference to Kessingland Primary Academy**

**Splitting the £1.00**

■	40p goes to our school
■	36p goes to cash prizes
■	20p goes to admin costs
■	4p goes to VAT

**The Maths...** 100 tickets sold a week means  
= £30 weekly cash prize  
= £2,080 a year for our school

To start supporting, visit:  
[yourschoollottery.co.uk](http://yourschoollottery.co.uk)  
and search for: Kessingland Primary

GambleAware

## Friends of Kessingland Primary Help us to fundraise by becoming a Co-op Member!

We are a small group of parents and teachers, who fundraise for the benefit of all the children who attend Kessingland Church of England Primary Academy. Our aim is to create opportunities for the children which would not be possible without fundraising. We currently only have a couple of outdoor benches and no shelter. The pupils have asked for a quiet outdoor sheltered area where they can eat lunch. We hope this area can be versatile and a multi-purpose area, for learning and fun. Spending time in green spaces or bringing nature into your everyday life can benefit both mental and physical wellbeing so we hope the area will help the whole school community feel more connected to nature.



## Kessingland United Working Men's Club



The Avenue, Kessingland, Lowestoft, Suffolk NR33 7QD  
Telephone No: 01502 740218 / Website: [www.kuwmc.co.uk](http://www.kuwmc.co.uk)  
*Affiliated to the CIU*

Apart from the weather, (it rained all day, the only day for about a month) we had a great time at our August Bank Holiday event. It was sad that the Classic Vehicle Show was very depleted, we were going to have a very good turn out (even coming from Hemsby) but we are very grateful for those that did attend. THANK YOU.

We had a Bottle Tombola, craft stalls, Raffle, Refreshments, cake stall, and the Bar was open. THANK YOU for everyone that supported us on the day and previously with donations. It was very hard work by a few people, and we made £950 which is amazing.

We are looking forward to our Quiz Evening on 19th September and Macmillan Coffee Morning on 27th September – any cake donations will be gratefully received.

Our Music for September is:

Saturday 7 <sup>th</sup>	-	Kevin Solo
Saturday 14 <sup>th</sup>	-	The Riffits
Sunday 15 <sup>th</sup>	-	Kevin Barry (£7 entrance)
Saturday 21 <sup>st</sup>	-	3 Steps to Heaven
Saturday 28 <sup>th</sup>	-	Bobby Graham
Sunday 29 <sup>th</sup>	-	Club music (£3, all welcome)

Bingo on Monday and Wednesday evenings and Sunday Lunch time. Don't forget the Hall and Lounge can be hired for Parties and other activities for Wakes this is free but with a returnable deposit of £50. We have a large well-lit carpark with plenty of disabled parking, disabled entrances and disabled toilet facilities. To book please email or phone the club with date, time and contact number and we will get back to you.

We have a Darts team which is doing well and a newly refurbished full-size Pool Table.

Kessingland Flying Club (Pigeons): BubWith 6/128 / J.Spurdens 1644.710, 1644.521, 1643,577, 1643,200 / L.Horne 1599.089, 1598, 755, 1598, 588.

Kessingland Bowls Club: They won at home against Lowestoft Rail B. and won against Gorleston Con."A". They are still looking for new members (our green is the best in the area). Come and try a roll up, you just need flat shoes.

The WI meet every second Thursday of the month.

Slimming World meet every Tuesday with two Sessions.

Wednesday evenings we now have a Line Dancing class started if you would like to learn.

*President: R A Hood*  
*Society Registration No: 4343*

*Secretary: R Gasking*  
*VAT Registration No: 105 2958*



### July Book Club review: The Forgotten Bookshop by Daisy Wood

This book was a charming easy read, if a bit predictable, and some of our members felt they had read stories with very similar plots and characters.

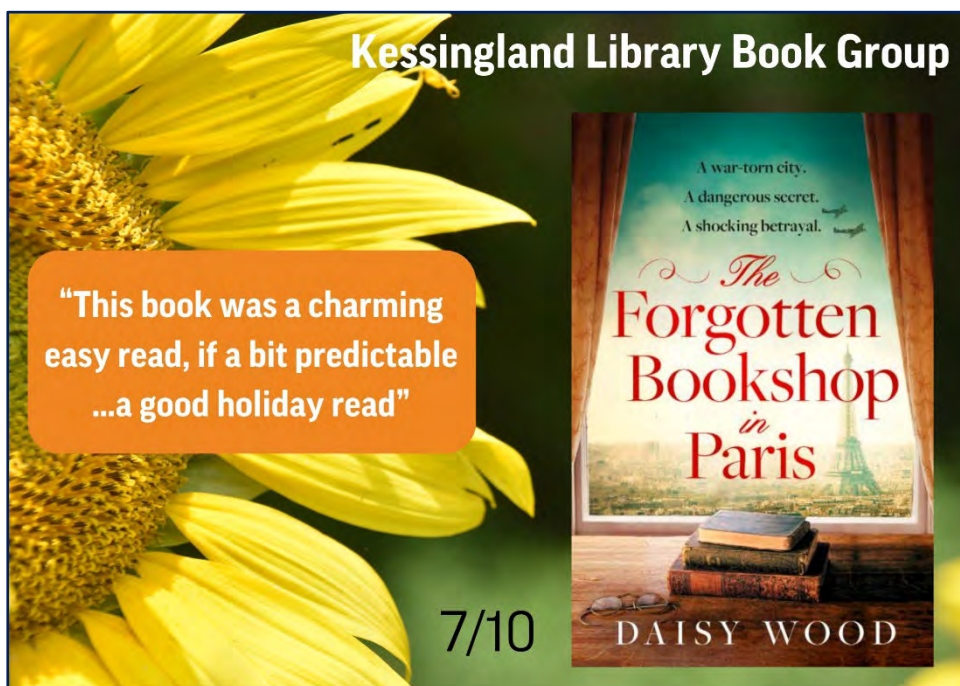
The book covers two time spans - the first being 1940's German occupied Paris and the second some 80 years later in current day thriving Paris.

1940's - follows the story of bookshop owner Jacques and his wife Mathilde as their lives are restricted by the strict Nazi regime. Mathilde is very outspoken and joins the Resistance but has to go into hiding for fear of her life, not knowing if she would ever return to Jacques or Paris. Watching the persecution of the Jews and the banning of their books Jacques hides any that come to him in a secret room in his shop for future generations. He also slowly finds himself becoming involved in helping people in desperate need by hiding them in this secret room until they can be moved on. This is made trickier by a book-loving Nazi officer who frequents the bookshop knowing that Jacques keeps a collection of unusual, hard to obtain books.

Current day - Juliette and Kevin come to Paris for a romantic getaway and to research her heritage. Realising just how far apart they have grown Kevin returns to the States alone, leaving Juliette searching for a particular location, which is the subject of a picture she has inherited from her Parisian grandmother. Purely by accident she comes across this square where she finds a rundown bookshop which is up for sale. Deciding that she wants a new direction in her life and with her children now adults, Juliette decides not to return to the States but to buy this bookshop and re- open it. During the renovations she finds documents that link her to the shop and the people who had once lived there.

The group felt that historically it was accurate, a book you could easily follow through the two time spans, and a good holiday read.

We gave it a 7/10.



Opening hours: Tuesday, Wednesday, Friday: 10am-4pm, Saturday & Sunday: 10am-3pm

**"Bad libraries build collections, good libraries build services,  
great libraries build communities."**

R. David Lankes

## Community Kitchen & Wildlife Garden



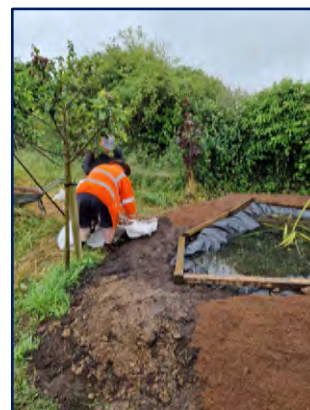
Not much to report for the month of August as some of our volunteers had other commitments, but the garden has been flourishing nicely with bountiful harvests of beetroot, lettuce, chard and rhubarb. There are also beans ready for picking and the carrots and tomatoes will be ready soon too. The fruit trees are bursting with apples, pears and plums... unfortunately, the birds beat us to all the cherries (again!!). Maybe next year we'll be able to pick some before they all disappear again.

We've started to weave the willow fencing and this will continue over the next few weeks. The new

pond is also looking very good, lots of pond plants have been donated and they are settling down nicely; we've also had a donation of a pussy-willow tree, plus lots of crocosmia bulbs, some more rhubarb and a couple of roses... thank you so much to our kind community for giving these to us.



September will bring lots of maintenance work in readiness for the big Autumn grass cut and spring bulb planting, plus a few winter vegetables.



Please remember that anything that is grown & harvested in the garden is for the Community so please do help yourself to anything that is ready. Any surplus will be given to the Community Fridge based in the library. Also, don't forget our Seed Swap box is available for donations of unwanted/surplus seeds, you're more than welcome to take any seeds in the box if you need them.

Our volunteers will be on site from 9am every Tuesday morning (weather permitting of course) so come along and see for yourself the progress being made in your Community Garden. If you have some spare time on your hands, come along and join the Volunteer Group, everybody is welcome.



Dogs are also welcome into the Garden, but please remember to keep them on leads & clear up after them.

Thank you for your support.



Join us on Facebook:  
Kessingland Community Kitchen & Wildlife Garden





## Village Clean-Up Teams



The Village clean-up teams are out & about again on various days during the week – the organized litter picking groups go around the Village on a Friday morning (meet up at Marram Green at 9am if you want to join them). All of our volunteers are doing a great job keeping the Village nice and tidy whether as part of the organized groups or on days to suit them.

The Monday beach cleans are well underway & the group meets at approx. 10am on the Promenade. Thank you in advance to all our volunteers who help to keep it clean & tidy.

More volunteers, for litter picking & work at the Marsh, are always needed. So, if you have an hour or two to spare, please contact the Council office for more details.

Telephone: 01502 744367 / Email: [admin@kessinglandparishcouncil.org.uk](mailto:admin@kessinglandparishcouncil.org.uk)

### **Come and join our friendly Team.**

(all equipment provided)



## **VOLUNTEERS WANTED**

Are you fed up with seeing litter all over the place?  
Fed up with seeing overgrown paths & alleyways?  
Street signs that are so dirty they are difficult to read?

If so, would you be prepared to give up an hour or two each week, on a day to suit you or as part of our organised group on a Monday & Friday morning, to make this village a better place to live and visit. All equipment will be provided.

For more information, please contact the Council office:

Telephone: 01502 744367  
Email: [admin@kessinglandparishcouncil.org.uk](mailto:admin@kessinglandparishcouncil.org.uk)

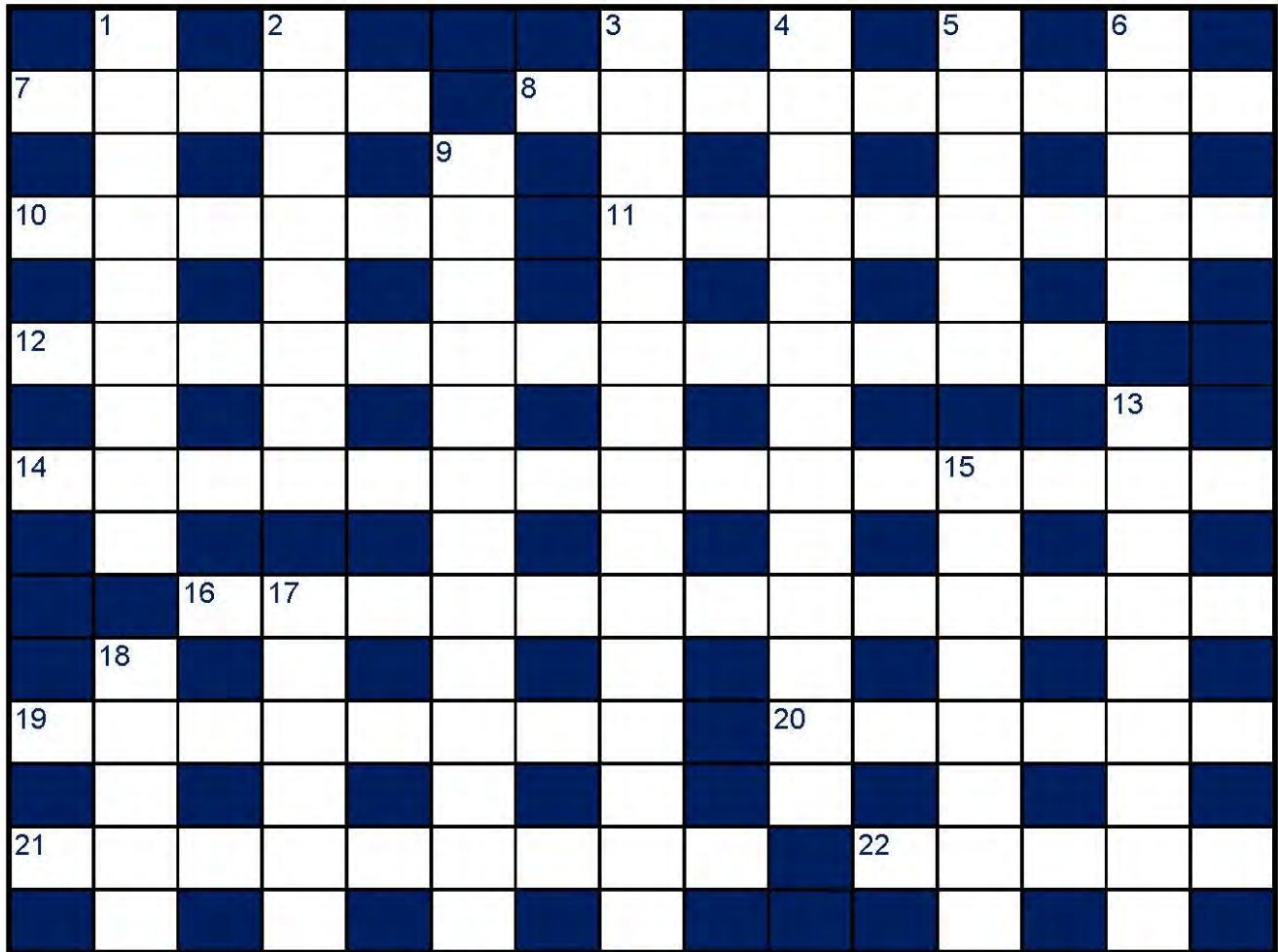


**Kessingland Parish Council**  
Parish Council Office, First Floor, Marram Green, Hall Road, Kessingland NR33 7PP

Telephone: 01502 744367  
Email: [admin@kessinglandparishcouncil.org.uk](mailto:admin@kessinglandparishcouncil.org.uk)  
Web: [www.kessinglandparishcouncil.co.uk](http://www.kessinglandparishcouncil.co.uk)



No: 101-25



**Across:**

- 7 Get a move on! (5)
- 8 Sherwood Forest outlaw (5,4)
- 10 Save from danger (6)
- 11 From Dumfries or Oban (8)
- 12 Rapid growth (13)
- 14 Pauline Quirke/Linda Robson  
sitcom set in Essex (5,2,1,7)
- 16 Football match situation after 45  
minutes (4-4,5)
- 19 Exchanged for money (6,2)
- 20 Line pressed into a trouser leg (6)
- 21 State of vigilance (9)
- 22 Church of England priest (5)

**Down:**

- 1 London Underground vehicle (4,5)
- 2 Leaked slowly (8)
- 3 Green activist (15)
- 4 Avoid taking sides (3,2,3,5)
- 5 Poor inner-city area (6)
- 6 In need of tightening (5)
- 9 Poised, assertive (4-9)
- 13 Actor, wife of Sanjeev  
Bhaskar (5,4)
- 15 Made snug at bedtime (6,2)
- 17 On dry land (6)
- 18 Every 24 hours (5)



## KESSINGLAND HELP IN NEED TRUST CHARITY NUMBER: 242755

The Kessingland Help In Need Trust was initially established in 1965 and its objective is to help those in need within the village. The kind of things we are able to help with are:-

- Essential Household items e.g. cooker, washing machine, fridge, beds etc.
- Appropriate Garden Services and Household/Building Repairs
- Help Towards Funeral Costs
- Help with costs of Hospital Visiting
- Essential clothing, e.g. Children's winter coats
- Veterinary bills
- Signposting to other expert organisations

For further information or for an electronic application form, please contact the Clerk to the Trust at [clerk.khint@hotmail.com](mailto:clerk.khint@hotmail.com).

## Disability Advice

North East Suffolk

*Free, Impartial & Confidential*



#IAMConfident



I am a Mental Health First Aider +

We offer a **FREE** Information & Advice, for anyone with a Disability, their carers, family or professionals.

Our Adviser will be at Marram Green, Kessingland, in the Kittiwake Room, between 9.30 & 12.30 for a drop-in service to assist with your enquiries such as benefits, transport, mobility, grants.

Next drop in – 31/01/24, 28/02/24, 27/03/24, 24/04/24, 29/05/24, 26/06/24, 31/07/24, 28/08/24, 25/09/24, 30/10/24, 27/11/24.

Contact us for details  
01502 511333

[info@danesonline.co.uk](mailto:info@danesonline.co.uk)

**DANES will next be at Marram Green on 25<sup>th</sup> September, 9:30am – 12:30pm**

# Help & Support in the Community



**Kessingland Parish Council**



If you, or someone you know, are worried about the increasing cost of living, please use the contact details below:



For help with Local Welfare Assistance Scheme & Household Support  
[www.suffolk.gov.uk/costofliving](http://www.suffolk.gov.uk/costofliving)  
 0345 606 6067



For help with Finances/Food & Essentials/Fuel & Energy/Housing  
[www.eastsuffolk.gov.uk/community/squeeze](http://www.eastsuffolk.gov.uk/community/squeeze)  
 0333 016 2000



For general enquiries  
[www.kessinglandparishcouncil.co.uk](http://www.kessinglandparishcouncil.co.uk)  
 01502 744367  
[admin@kessinglandparishcouncil.org.uk](mailto:admin@kessinglandparishcouncil.org.uk)

Where you can get information & advice about what help & services are available to you.

Further information will be published in future issues of The Village News

## Drop in at Kessingland

Whatever the problem, we're here for free, impartial and confidential advice



Face to face drop in KESSINGLAND

First Monday every month 10.00am to 12.00pm

Marram Green Kessingland NR33 7AH

Call us on 0808 278 7866 or email us via [caes.org.uk](mailto:caes.org.uk)



Our offices are in :  
 Beccles • Felixstowe • Leiston  
 • Lowestoft • Woodbridge plus  
 outreach centres across the region

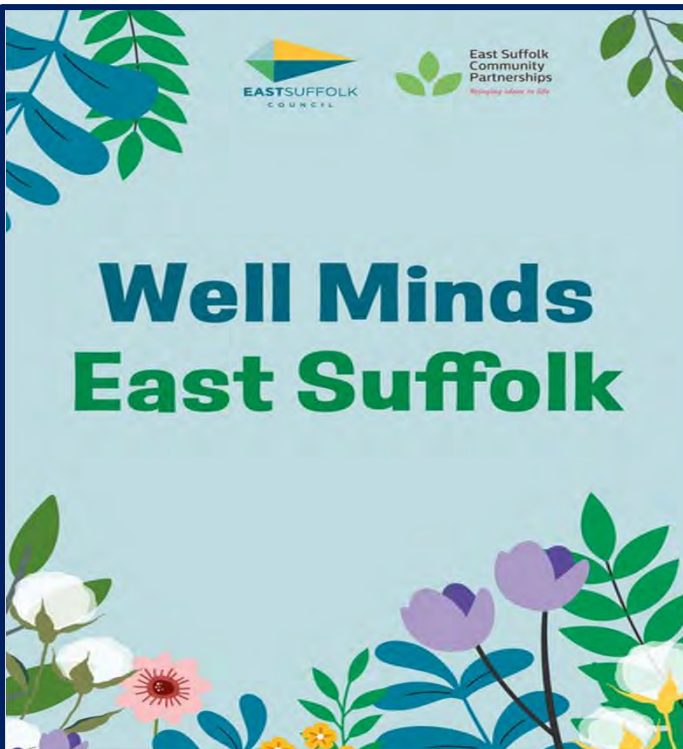
**SUFFOLK LIBRARIES**

## FREE PRIDE AND PERIODS MENSTRUAL PRODUCTS HERE

Take a look at what we have available on our community shelves. No need to apply, no questions asked.



Kessingland Library, Marram Green, Hall Road, NR33 7AH



## Well Minds East Suffolk

There is a wide range of mental health support available in East Suffolk but sometimes it can be difficult, especially at a time of crisis, to know where to look for this information. East Suffolk Council's new 'Well Minds East Suffolk' booklets contain mental health advice, information, and details of local support services for people of all ages in need of help with their mental health. 10,000 booklets have been produced and are being delivered to community settings across the district, including libraries, community centres and the Council's network of Warm Welcomes. You can also view the booklet at <https://eastsuffolk.co/wellminds>. The booklets were funded by the Community Partnership Board and two local Community Partnership



You're invited



FRIDAY, 27<sup>th</sup> SEPTEMBER

10am – 1pm

Join us for Coffee & Cake  
at The Kessingland United Working Men's Club  
The Avenue, Kessingland NR33 7QD

Help to raise funds for



**MACMILLAN**  
CANCER SUPPORT







LOUD HALL NURSING HOME, LOUND, NR32 5LH

**SATURDAY 7TH SEPTEMBER 2024**

# SUMMER Fete

**2PM-4.30PM. EVERYONE WELCOME.**

MUSIC - GAMES- BBQ- FUN

KRGEALTCARE.COM



**LOWESTOFT JAZZ FESTIVAL**  
12TH - 15TH SEPTEMBER

the seagull

HH THE Hatfield Hotel

EAST POINT PAVILION

**SOWETO KINCH**  
**BARB JUNGR**  
**EDDIE SEALES**  
**BIG BAND**  
**ART THEMEN**  
**PANGAEA**  
**TRISH CLOWES**

The Lowestoft Jazz festival returns in 2024 for another 4 days of international quality music for both aficionados of Jazz as well as newcomers. Uniquely amongst national Jazz events, the Lowestoft festival is specifically aimed to raise participation in quality live music, and always features a number of free to access events alongside the headline acts.

Each year Lowestoft hosts a range of Jazz acts from across the nation and we are proud to include some of the hottest and greatest of Jazz talent. The programme for the Festival always includes up and coming new acts, alongside award winning artists guaranteed to draw in the crowds, and regional favourites who we love to champion.

For more details and a full listing, please visit:  
[www.lowestoftjazz.co.uk](http://www.lowestoftjazz.co.uk)



Warren Association  
Charity Number 289578

# Christmas Craft Fayre

**Saturday 30th Nov 2024**

WARREN SCHOOL CLARKES LANE  
OULTON BROAD NR338HT

FREE ENTRY, HANDMADE CRAFTS AND UNIQUE GIFTS, RAFFLE, BAKED GOODS, REFRESHMENTS AND A SPECIAL VISIT FROM SANTA!

11AM - 3PM

WARREN ASSOCIATION TRUST

Visit us on   



**Adult Courses and Events at Carlton Marshes**

**Carlton Marshes, Lowestoft**

- Transforming Worlingham Marshes Talk Thur 12 Sep
- Natural Paintbrush Workshop Sat 29 Sep
- Landscape Painting Workshop Sun 6 Oct
- Reconnect with Cyanotype Printing Sun 13 Oct
- Quiz Evening Fri 18 Oct
- Capturing the Seasons- Autumn Sat 19 and Mon 21 Oct
- Willow Weaving Workshop- Platters Sun 20 Oct
- Willow Wreath and Christmas Tree Workshop Sun 10 Nov
- Needle Felted Robin Workshop Sun 1 Dec



# Community Noticeboard

Activities & Groups: Kessingland United Working Men's Club



**Kessingland United Working Men's Club**

The Avenue, Kessingland, Lowestoft, Suffolk NR33 7QD Telephone No: 01502 740218  
 Email: clubsecretarykuwmc@outlook.com Website: www.kuwmc.co.uk

---

**Warm & Welcoming – Membership required.**  
 Temporary membership – Holidaymakers welcome only £1 per week

**Hall Bar**  
 (small entry fee for all music nights)  
 Live music every Saturday night  
 Country Music / Club Music nights  
 Large dance floor



**Main Bar**  
 2 Dart Boards  
 Pool Table  
 Fruit Machines  
 Cheaper drink prices  
 Disabled access / toilets  
 Pigeon Club  
 Bowls Club  
 Summer & Winter League Darts team

**Bingo:**  
 Monday Evening Doors open 7pm  
 Wednesday Evening Doors open 7pm  
 Sunday Afternoon Doors open 12 noon

Quiet Lounge Area  
 TV  
 Clubs using the facility  
 Slimming World  
 Kessingland WI

Venue Hire – Weddings / Parties / Groups & Clubs.  
 Wakes are free (refundable deposit required)  
 Large free car park with disabled spaces

Affiliated to the CIU  
 Society Registration No: 4343 VAT Registration Number: 105 2958

**LINE DANCING**


**NEW LINE DANCING CLASS STARTING WEEK COMMENCING 21ST AUGUST 2024**

ALL WELCOME  
PARKING & BAR

WITH  
**ALISON**  
**WEDNESDAYS**  
**7PM TILL 9.30PM**  
**FROM 21<sup>ST</sup> AUGUST**

£5 ENTRANCE

**WORKING MANS CLUB, KESSINGLAND**  
**FOR MORE INFO CONTACT ALISON**  
**TEL: 07901871133**

  
**Trained Teacher**

**Kessingland United Working Men's Club**

The Avenue, Kessingland, Lowestoft, Suffolk NR33 7QD Telephone No: 01502 740218  
 Email: clubsecretarykuwmc@outlook.com Website: www.kuwmc.co.uk

## Quiz Night

**Thursday 19th September 2024**  
**Doors open 7pm Quiz starts 8pm**  
**Are you the next new chaser?**

**Teams of 6 people maximum**  
**No minimum**



**Bar and snacks available.**



**Cash prizes and Raffle**




**£1.50 per person**  
**50p goes to the club, £1 goes into cash prize**

Please book in advance as limited team places available. To reserve your team call Sandra on 01502 742412 or email: clubsecretarykuwmc@outlook.com  
 If successful this will become a regular event

Affiliated to the CIU  
 Society Registration No: 4343 VAT Registration Number: 105 2958




**yes you can**

with  
**Slimming World**


**Kessingland**

Kessingland  
 Working Mens Club  
 Tuesdays  
 5.30pm & 7pm



**With Louise**


**07725748421**

slimmingworld.co.uk 



# Shotokan Karate Classes


First Two lessons free



**Kessingland Sports & Social Centre**  
 Francis Rd, Kessingland

**Friday's 6 -7:30pm**  
 Starting 2nd Feb 2024

**Sensei Mark Owers**  
 3rd Dan ESA Instructor



Family Class  
age 7+

Email: [kesskarate@btinternet.com](mailto:kesskarate@btinternet.com)

Kessingland


## Friendship Club

The Kessingland Friendship Club meets at the KSSC on alternate Thursdays from 2.00pm until 4.00pm


Come and join in with us and make new friends, enjoy a cup of tea and a biscuit in convivial surroundings, join in the bingo and try and win the raffle !

The Friendship Club also organises and runs outings, social events and long weekend breaks for members and friends, so don't be left out – come along to one of our meetings and join in !

For more information, please contact Helen Sinfield on 01502 741424





## Welcome!



DO YOU LIKE TO DANCE?

COME AND JOIN OUR GROUP **DANCING FRIENDS**

EVERY MONDAY EVENING  
 7.30pm  
 KESSINGLAND SPORTS & SOCIAL CENTRE  
 FRANCIS ROAD, KESSINGLAND, NR33 7PU

ALL TYPES OF DANCES, INCLUDING JIVE, ROCK 'n' ROLL, MODERN DANCE, LINE DANCING etc  
 IF YOU JUST ENJOY DANCING COME ALONG AND JOIN IN A FUN EVENING

ENTRANCE: £5.00 per person  
 FOR MORE INFORMATION, RING: SUE DYER 07731 380691

## KESSINGLAND



## CLUB

WE MEET EVERY TUESDAY & FRIDAY AFTERNOONS  
 1.45 PM FOR START AT 2PM UNTIL 4PM

PAY & PLAY, NO MEMBERSHIP FEE  
 £3.00 PER SESSION INCLUDING REFRESHMENTS  
 FIRST TIME? PLAY FOR FREE

FOR FURTHER INFORMATION PLEASE CONTACT:-  
 WAYNE THOMPSON ON 07557 030442

WE ARE A FRIENDLY CLUB  
 LOOKING FOR NEW MEMBERS

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WE LOOK FORWARD TO SEEING YOU THERE!

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KESSINGLAND COMMUNITY CENTRE  
 FRANCIS ROAD  
 KESSINGLAND

## Community Noticeboard

Activities & Groups: Kessingland Sports & Social Centre



# BOOST FUNDS FOR OUR CAUSE

## JOIN OUR LOTTERY!

- Help us raise money to help keep the KSSC open. Win prizes of up to £25,000!
- Tickets only cost £1 per week
- 50% of all tickets sold from our page go to us!

**PLAY NOW:**  
SCAN THE QR CODE OR GO TO  
[www.onelottery.co.uk](http://www.onelottery.co.uk)  
AND SEARCH FOR: Kessingland Sports

GambleAware 18+

# KESSINGLAND YOUTH CAFÉ

## SEPTEMBER 2024

Wednesday  
4<sup>th</sup> and 18<sup>th</sup> September

**6:30pm to 8:30pm**

Age Group:  
10 to 16yrs

**FREE ACTIVITIES**

**SNACK SHOP**

at the KSSC  
Francis Road  
Kessingland

### Other Groups at the KSSC:

#### Tuesdays:

- Waveney Table Tennis  
10am – 12pm
- Short Mat Bowls  
2pm – 4pm
- Badminton  
7pm – 9pm

#### Wednesdays:

- Knit and Natter  
9:45am – 11:45am
- Youth Café (1<sup>st</sup> & 3<sup>rd</sup> Wednesdays)  
6:45pm – 9pm

#### Thursdays:

- Chair-based Exercise  
9:30am – 10:30am
- Pilates  
6pm – 7pm
- Model Flying Club  
7:30pm – 10pm

#### Fridays:

- Shotokan Karate  
6pm – 7:30pm

#### For Bookings:

- Telephone: 07729 384705
- Email: [ksscbooking@hotmail.com](mailto:ksscbooking@hotmail.com)



# Community Noticeboard

## Activities & Groups: Kessingland Library & Marram Green



### SCRABBLE

Every Friday

2:30pm

JOIN US FOR SCRABBLE ON A FRIDAY AFTERNOON

£1 PER PLAYER WITH HOT DRINK AND SWEET TREATS INCLUDED

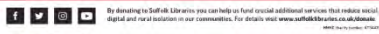


**SUFFOLK LIBRARIES** WHERE I BELONG

### Regular Library Activities

<b>SUNDAY</b>	<b>10:30-12 - Craft &amp; Play</b>
<b>TUESDAY</b>	<b>10am - Baby Bounce</b>
<b>TUESDAY</b>	<b>11-11:45 - Stay &amp; Play</b>
<b>WEDNESDAY</b>	<b>2:45 - Bingo</b>
<b>FRIDAY</b>	<b>10am - Baby Bounce</b>
<b>FRIDAY</b>	<b>2:30pm - Scrabble</b>
<b>FRIDAY</b>	<b>2pm - BYO craft club</b>

Take a look at our website for all our activities  
 Don't forget to follow us on Facebook!  
 Find us at: Marram Green, Hall Road, NR33 7NY  
[suffolklibraries.co.uk/kessinglandlibrary](http://suffolklibraries.co.uk/kessinglandlibrary)



### FOR STITCH DROPPERS

Craft Club  
 2pm Friday

at Kessingland Library  
 £1.00 including refreshments



### BINGO!

Every Wednesday in Marram Green Cafe

Hot drink and biscuits included plus prizes for every round.

£1

2:45pm

Meet new people or bring a friend!



### BABY BOUNCE & TOT ROCK

FREE ACTIVITY UNDER FOURS

Tuesdays & Fridays  
 10am  
 Followed by a cuppa & biscuits



### CHILDREN'S CRAFT



Saturdays & Sundays 10:30-12:00



FUELLED BY IMAGINATION



By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit [www.suffolklibraries.co.uk/donate](http://www.suffolklibraries.co.uk/donate)



### KESSINGLAND LIBRARY

### CROSSWORD COMPETITION

£1 PER SHEET  
 RETURN COMPLETED TO ENTER PRIZE DRAW



Monthly crossword competition created specially for Kessingland Library

# Community Noticeboard


Activities & Groups: Kessingland Library & Marram Green



# CHAIR YOGA

Gentle exercise designed for people with mobility issues

Come & join us for a chair yoga class led by Jan Lacey, BWY Dip. a qualified & experienced British Wheel of Yoga teacher



Every Thursday  
11:00 until 12:00

£5.00 per session

The Spinnaker Room  
Marram Green (Ground Floor), Hall Road, Kessingland



Marram Green  
coffee and friends events

Supported by Kessingland Parish Council  
Formerly MeetupMonday  
**We're Back!**



**Mates on Monday**  
Marram Green  
Community Lounge  
Hall Road  
Kessingland  
NR33 7AH

Join us on  
**Mondays**  
(except Bank Holidays)  
10.30 am until 12.30pm

Do you feel like the weekend has dragged?  
Are you fed up with your own company?  
Maybe you are new to the area?

You are invited to come along and enjoy a free cuppa, cake or biscuit & a friendly chat.

**COVID SAFETY**  
For everyone's safety, when arriving for the first time, you will be asked to provide contact details.



Rural Coffee Caravan is a registered charity. No.1187423

### Other Groups at Marram Green:

Tuesdays:

- Yoga with Aleya (Spinnaker Room)  
1:30pm – 2:30pm

Wednesdays:

- Kessingland Art Group (Spinnaker Room)  
1pm – 3pm

Thursdays:

- Yoga with Aleya (Spinnaker Room)  
6:30pm – 7:30pm

**For Compass Suite Bookings:**  
Telephone: 01502 744367  
Email: [admin@kessinglandparishcouncil.org.uk](mailto:admin@kessinglandparishcouncil.org.uk)



# Community Noticeboard

Activities & Groups: St Edmund's Church & Church Centre



## Kessingland Gardeners Club



### Programme 2024

- January 8<sup>th</sup> AGM followed by an illustrated talk by **Tony Brown**
- February 12<sup>th</sup> Not just slugs & snails that like hostas: **Ken Abel**
- March 11<sup>th</sup> From field to garden: **Jane Bastow**
- April 8<sup>th</sup> More about the Exotic Garden: **Andrew Brogen**
- May 13<sup>th</sup> Tony Brown Entertains
- June 10<sup>th</sup> Strawberry Fair
- July 8<sup>th</sup> All about Salvias: **Luci Skinner**
- August 12<sup>th</sup> Pelargoniums explained: **Ken Abel**
- September 9<sup>th</sup> An evening visit to the Exotic Garden: **Andrew Brogen**
- October 14<sup>th</sup> To be Arranged
- November 11<sup>th</sup> Dahlias and Begonias: **Donny Andrews**
- December 9<sup>th</sup> Christmas Party

**Meeting at  
Kessingland Church Centre  
Second Monday Monthly  
7.30pm**

**Chairman / Secretary:** Tony Brown  
31 Field Lane, Kessingland NR33 7QA  
[tonybrownrwt@gmail.com](mailto:tonybrownrwt@gmail.com)

**Treasurer:** Anne Henwood  
01502 349068

**Committee:**  
Margaret Crisp Ivy Tibbenham Len Allen Sue Lain

Why not come along and give it a try?

**Choir Master: Colin Jobson**  
[colinlinda108@icloud.com](mailto:colinlinda108@icloud.com)  
Or

Come along on a Sunday morning at 10.45am and speak with Colin in person

EVERYONE is welcome at Kessingland Church

We currently have 11 choristers  
We only have one male chorister and are seeking other male voices in addition to new female choristers

## KESSINGLAND CHURCH CHOIR

*Singing is good for you and FUN*



If you would like to join us  
*(We are VERY Friendly and welcoming)*

St Edmunds Ladies Group  
*Come...Bring a friend.*  
*Tuesdays Monthly*  
*Kessingland Church Centre*  
*2-4pm*  
**ALL WELCOME**

**ALL ARE WELCOME:**  
**2<sup>nd</sup> Tuesday each month**



Cinema Outings



Fun & Laughter

FREE of charge

PS...Men are also welcome

Speak to Anne 01502 7424654

**ALL are very  
welcome to this very  
friendly Group**



Tea, cake and friendship



Speakers

# Community Noticeboard

Activities & Groups: St Edmund's Church & Church Centre




 Transformed by Christ. Prayerful. Pastoral. Prophetic.

**Every Saturday 10am—12noon**  
**Kessingland Church Centre**  
**Saturday Coffee at St Ed's**

CAKES  

**COFFEE** is served...  
 SATURDAYS 10-12  
 BOOKS, JIGSAWS, BEIC-A-BEAC & CAKE!

**FRIENDLY, WARM, SPACIOUS**  
**FUN and LAUGHTER**  
**QUALITY PRE-LOVED ITEMS**  
**LOTS OF EASY PARKING**  
**DISABLED ACCESS**  
**WONDERFUL WELCOME**  
**COME.....**


 TOGETHER WE CAN DO IT  
**Craft for Children**



Kessingland Church Presents



# Small Wonders

**Every Friday**  
at the Church Centre  
**9.30 AM - 11.00 AM**  
Newborn to School-age  
**FREE OF CHARGE**

Arts & Crafts,  
Singing,  
Stories, Games




**EVERYONE IS WELCOME**



Available to Hire.  
Contacts Pat Briggs  
01502 740478

Parking, Disable Access & Toilets,  
Kitchen and Tables



Meetings, Children's Parties, Events.



'We play loads of fun games, do activities and challenges and sometimes get badges'  
Matilda



# Rainbows

**Girls play, learn and have tons of fun**  
for ages 4 to 7

At Rainbows, we welcome all girls to play, learn and have fun in a creative, safe space for all abilities.



Registered charity number: 206046

Join a local Rainbows group [girlguiding.org.uk/joinus](http://girlguiding.org.uk/joinus)



# Volunteering Opportunities



## MAKE A CHANGE BECOME A COUNCILLOR

Could you be a voice for your community?

Do you think that you would represent a different group of people on the Parish Council?

Do you have strong views about what Kessingland Parish Council should be doing?

Do you know what the Parish Council can do?

### Kessingland Parish Council has a vacancy for a new councillor

If you're over eighteen years of age and live or work within Kessingland (or within three miles of the Kessingland boundary) and do not have any of the disqualifying criteria, then we would like to hear from you! Especially if you are different than the people already on the council. Kessingland is a diverse community, and the council wants to recognise, celebrate, and represent that diversity. The key qualities for a councillor are to keep an open mind and to listen to, learn about, care for and represent your community to the best of your ability.

Applying is easy, there is a short form which you can collect from the parish council or download online. Just complete and either email or drop it off at the council. You'll be invited to attend a Parish Council meeting (generally the second Wednesday each month) and tell the council more about yourself, what you can bring to the council and what you would like to achieve for the community.



If you are interested or want to know more, please speak to one of the current councillors or contact the council office. There is more info as well as information on a range of different local councillors nationally at:  
<https://www.nalc.gov.uk/our-work/local-elections#what-do-local-councils-and-councillors-do>



Kessingland Parish Council, First Floor, Marram Green, Hall Road, Kessingland NR33 7AH  
Telephone: 01502 744367, Email: [admin@kessinglandparishcouncil.org.uk](mailto:admin@kessinglandparishcouncil.org.uk), Web: [www.kessinglandparishcouncil.co.uk](http://www.kessinglandparishcouncil.co.uk)

### KESSINGLAND HELP IN NEED TRUST

#### VACANCY FOR VOLUNTEER CLERK/SECRETARY

Kessingland Help In Need Trust are seeking an experienced administrator to provide clerical and financial support to the Trust.

The Trust receives applications from members of the Kessingland Community who are in need of assistance due to financial reasons. Therefore a basic knowledge of data protection and an empathetic manner is important.

You would be required to take minutes and prepare agendas for their quarterly meetings.

In addition to this, you would need to record expenditure and income and prepare annual accounts.

The Trust owns a number of plots of land for which it receives annual rent and from time to time there is administration required relating to this land.

#### Hours of Work

On average, you would only be required to work a couple of hours per month, but this may vary according to demand.

#### Experience Required

A general knowledge of Email, Word and Excel is required and a basic understanding of the Data Protection Act would be useful, although not essential.

#### Salary

As this is a voluntary position, there is no salary, but an annual payment is made to cover Clerk expenses.

Please contact the current Clerk for a more detailed job description or any other information at [clerk.khint@hotmail.com](mailto:clerk.khint@hotmail.com)

**KESSINGLAND  
YOUTH CAFÉ**

Our Youth Café  
is looking for Volunteers to help us run our club which provides  
a safe environment for Kessingland's young people

**Volunteers Needed  
for our  
YOUTH  
CAFÉ**

The Café is run on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of each month from 6:30pm until 9:30pm.

Duties include:

- Assist with setting up & running activities.
- Safeguard our young people.
- Be a positive role model.

DBS check & full training given.

For more details & an application form, please contact the Parish Council office:

Kessingland Parish Council  
T: 01502 744367  
E: [admin@kessinglandparishcouncil.org.uk](mailto:admin@kessinglandparishcouncil.org.uk)

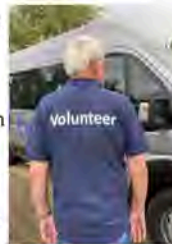


# Volunteering Opportunities



## Bact Community Transport Appeal

Bact community transport are struggling to meet an increasing demand for passenger trips. Passengers are so grateful for all the journeys we undertake, but we are victims of our own success and we are now turning passengers down who really need our help.



- Do you have a few hours each week to spare to drive a car, van or minibus?
- Do you like meeting new people?
- Do you enjoy driving?

We would love to speak tell you about volunteering opportunities in Bungay, Beccles, Lowestoft, Harleston, Loddon and the surrounding areas. Call us on 01986 896896 or email on [info@bactcommunitytransport.org.uk](mailto:info@bactcommunitytransport.org.uk)



## Pakefield Coastwatch

Can you spare 3-4 hours per week?

## VOLUNTEERS NEEDED

to assist us in safeguarding our seas and coast.

Full training given.

Contact our Station Manager on  
**07788 377501**

Pakefield Coastwatch is a registered charity. No. 1178259



Suffolk & Essex  
Coast & Heaths  
National  
Landscape

## Volunteering

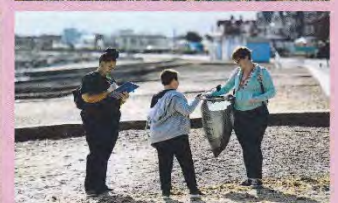
Regular tasks on Tuesdays and Fridays across the Suffolk & Essex Coast & Heaths National Landscape.

All training provided, no experience necessary, come along and learn new skills & meet new people.

Find out more



- Habitat management and creation
- Biodiversity projects
- Tree and hedge planting
- Beach surveys
- Surveys and walking promoted routes





# Community Recycling



## Kessingland Church Centre Carpark **CLOTHES BANK**

Serving our Community.  
Serving those in need



## Support Suffolk Libraries: Donate to our fundraising **RECYCLING SCHEME**

### WE'RE A CHARITY

[suffolklibraries.co.uk/support-us](http://suffolklibraries.co.uk/support-us)

- ♻️ OLD AND FOREIGN CURRENCY
- ♻️ MOBILE PHONES
- ♻️ STAMPS
- ♻️ TABLETS AND GAMES CONSOLES

### TETRAPAK CARTONS

Lowestoft Recycling Centre  
Haddenham Road  
Lowestoft NR33 7NF

### BOOKS / USED PRINTER CARTRIDGES

Kessingland Library  
Marram Green, Hall Road, Kessingland NR33 7AH

### UNWANTED / USED BATTERIES

Kessingland Co-op  
44-48 Field Lane, Kessingland NR33 7QA

Kessingland Library  
Marram Green, Hall Road, Kessingland NR33 7AH



## GLASS & BOTTLE RECYCLING

Kessingland United Working Men's Club  
The Avenue, Kessingland NR33 7QD

The Sailor's Home  
302 Church Road, Kessingland NR33 7SB



## Useful Contact Information



### Local Telephone Numbers

East Suffolk Council (Customer Services)	0333 0162000
East Suffolk Council (Out of Hours Emergency)	0800 440 2516
East Suffolk Council (Automated Payments)	0300 7900509
Kessingland Parish Council	01502 744367
Jess Asato MP (Lowestoft)	jess.asato.mp@parliament.uk
Citizens Advice Bureau	01502 518510
Disability Advice North East Suffolk (DANES)	01502 511333
Suffolk County Council Highways (if immediate danger to life) or online at <a href="http://www.highwaysreporting.suffolk.gov.uk">www.highwaysreporting.suffolk.gov.uk</a>	0345 6066171
Kessingland Doctors (Longshore Surgery)	01502 740203
Kessingland Pharmacy	01502 740251
James Paget Hospital A and E	01493 452200
NHS Helpline	111
Police - Emergency Only	999
Police - Non-Emergency	101
or online at <a href="http://www.suffolk.police.uk/contact-us/report-something">www.suffolk.police.uk/contact-us/report-something</a>	
Coastline Vets (Carlton Colville)	01502 531999
Three Rivers Vets (Kessingland)	01502 741988
Pakefield Vets (Pakefield)	01502 664656
Wangford Vets (Wangford)	01502 578999
Kessingland Library	01502 741212
St Edmund's Church	01502 743154
Kessingland Primary Academy	01502 740223
Kessingland Sports & Social Centre	07729 384705
Kessingland United Working Men's Club	01502 740218
Kessingland Women's Institute	01502 740785

### National Organisations and Helplines

Age Concern	0800 6781602
Childline	0800 1111
NSPCC helpline	0808 800 5000
Cruse Bereavement Support	0808 8081677
Samaritans	116 123
Macmillan Cancer Support	0808 8080000
Mind Infoline	0300 1233393
Alcoholics Anonymous	0800 9177650
Refuge National Domestic Abuse Helpline	0808 2000 247
RSPCA helpline	0300 123499
RSPCA (Mid Norfolk and North Suffolk branch)	0303 040 1565
Action Fraud (Fraud & Cyber Crimes)	0300 123 2040
Suffolk Trading Standards	0808 223 1133



## Crossword Corner - Solutions



The Village News welcomes contributions from everyone within the Parish; news, photographs and reports from village organisations are particularly welcome but contentious issues or articles promoting personal causes should be avoided – the Editor reserves the right not to print items and to edit items submitted for publication.

The views expressed in the Village News, unless stated as such, are not those of the Editor or the council, and no liability can be accepted for any error or omissions although we will publish corrections.



If you would like to submit articles or cover photographs, the deadline for copy is 12 Noon on the 24<sup>th</sup> of each month.

Please send submissions to the Editor –  
jmclean@kessinglandparishcouncil.org.uk  
Articles can be half or full page.

If you would like to advertise in the Village News (Kessingland businesses only), please contact the Parish Council on 01502 744367 for more information & subscription rates.



Large Village of the Year  
2023



Community of the Year  
2023

### Crossword Solution 101-25

**ACROSS:** 7 Hurry 8 Robin Hood 10 Rescue 11 Scottish 12 Proliferation 14 Birds of a Feather 16 Half-time score 19 Cashed in 20 Crease 21 Alertness 22 Vicar

**DOWN:** 1 Tube train 2 Trickled 3 Conservationist 4 Sit on the fence 5 Ghetto 6 Loose 9 Self-confident 13 Meera Syal 15 Tucked in 17 Ashore 18 Daily