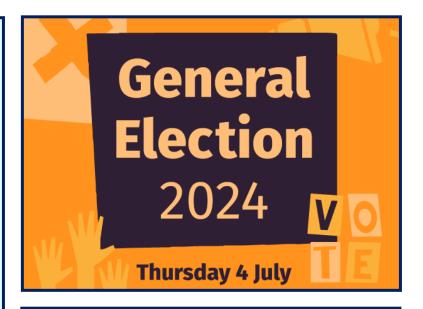


July 2024

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Parish Council Meetings July 2024

Full Council:

Wednesday 10th at 7:00pm

Finance & Governance:

Wednesday 10th at 10:30am

Planning & Highways:

- Wednesday 10th at 10:00am
- Wednesday 24th at 10:00am

Personnel:

No meetings scheduled.

Leisure & Community Engagement:

- Tuesday 23rd at 1:00pm

The dates & minutes of all the committee meetings are listed on the parish council website: www.kessinglandparishcouncil.co.uk. The public & press are all legally entitled to attend such meetings and submit any questions relevant to the agenda.

To receive The Village News by Email, sign up here: http://eepurl.com/hHHSZv



Your Parish Councillors





Stephen "Sid" James Chair of Council

01502 740521

sjames@kessinglandparishcouncil.org.uk



Christine Cook
Councillor

07592 555345

ccook@kessinglandparishcouncil.org.uk



Julie McLean Councillor

07539 696904

jmclean@kessinglandparishcouncil.org.uk

Awaiting Image

Bob Saunders

Councillor

07901 530770

bsaunders@kessinglandparishcouncil.org.uk

Awaiting Image Robin de Brea

Councillor

07812 601256

rdebrea@kessinglandparishcouncil.org.uk

Awaiting Image Karen Archibald

Councillor

07415 734953

karchibald@kessinglandparishcouncil.org.uk

Position Vacant



Caroline Carter
Vice-Chair of Council

07811 753930

ccarter@kessinglandparishcouncil.org.uk



Alan Green Councillor

07789 644645

agreen@kessinglandparishcouncil.org.uk



lan Graham Councillor

07985 462200

igraham@kessinglandparishcouncil.org.uk

Awaiting Image **Neil Glendinning**Councillor

07801 681136

nglendinning@kessinglandparishcouncil.org.uk



Lynda Hood Councillor

Awaiting contact details

lhood@kessinglandparishcouncil.org.uk

Position Vacant

Kessingland Parish Council

Committees / Groups / Representatives



Kessingland Parish Council consists of 13 members, including a Chair and Vice-Chair The Council has 4 committees which deal with different areas of Council business.

Planning & Highways Committee

Councillors:
Chair: C. Carter
Vice-Chair: I. Graham
B. Saunders, N. Glendinning, C. Cook

Personnel Committee

Councillors: Chair: N. Glendinning Vice-Chair: C. Carter C. Cook, I. Graham, A. Green,

Finance & Governance Committee

Councillors:
Chair: A. Green
Vice-Chair: I. Graham
B. Saunders, N. Glendinning,
J. McLean, C. Cook

Leisure & Community Engagement Committee

Councillors:
Chair & Vice-Chair TBA
C. Carter, C. Cook, I. Graham, A. Green,
L. Hood, J. McLean, B. Saunders,
R. De Brea, K. Archibald

As well as sitting on its 7 Committees, some councillors take on designated responsibilities and others represent Kessingland on outside bodies. These are listed below:

Beach Wardens

North – Cllr J. McLean South – Cllr S. James

Community Garden Co-ordinator

Cllr J. McLean

Community Fridge Cllr C. Cook, Cllr J. McLean, Cllr L. Hood

Youth Culture Board

Chair & Vice Chair of Council, Cllr J. McLean, Cllr I. Graham

Suffolk Police

Cllr C. Carter, Cllr L. Hood

SALC East Suffolk Forum Cllr R. De Brea

Benacre & Kessingland Flood Group Cllr S. James

Kessingland Marsh Liaison Cllr J. McLean

D. Boyle (Warden), D. Fox (Deputy))

Hidden Needs Forum

Cllr C. Cook, Cllr J. McLean, Cllr C. Carter, Cllr L. Hood

Kessingland Sports & Social Centre

Cllr C. Cook

Suffolk Bus Passenger Interest Group

Cllr A. Green

SALC Climate Forum

Cllr R. De Brea, Cllr A. Green, Cllr J. McLean, Parish Clerk

Kessingland Events Group Cllr J. McLean, Cllr C. Cook,

Cllr C. Carter

Village & Beach Clean-Up Co-ordinator

Cllr J. McLean

Kessingland in Need Trust

Cllr L. Hood, Cllr I. Graham, Cllr N. Glendinning

ESC Community Partnership

Cllr J. McLean, Cllr I. Graham, Parish Clerk

Community Speed Watch & SID Co-ordinator

Position Vacant

Compass Suite Trust

Position Vacant

Kessingland Parish Council Staff





Kessingland Parish Council

Office Hours:

Monday - Friday, 10am - 4pm

Telephone:

01502 744367

Email:

admin@kessinglandparishcouncil.org.uk

Website:

www.kessinglandparishcouncil.co.uk



Parish Clerk & R.F.O.: Neil Coleby



Deputy Clerk: Shelley Hogg



Admin/Committee Clerk: Debbie Blowers



Senior Youth Leader: Christine Smith



Youth Leader: Daniel Fisk



Youth Leader: Amanda Loud



Cleansing Operative: Ruth Hill



Cleansing Operative: Niall McLean



General Factotum: Paul Reed

District & County Councillors







County Councillor:
Michael Ladd

Michael has been the Suffolk County Council councillor for Kessingland & Southwold since 2013. He is currently the Chair of the Scrutiny Committee which is part of the arrangements for making sure the Council carries out its responsibilities properly and scrutinises the decisions of the cabinet and committees to ensure that procedure and the law have been properly followed.

Michael's other key role is liaising with his constituents and the parish councils that he represents, helping with matters relating to his role as a county councillor and raising matters with Suffolk County Council. Michael actively attends as many monthly Parish Council meetings as he can, and also takes an active involvement with the parish council's quarterly meetings with Suffolk County Councils Highways Department. Michael also is involved with the East Suffolk Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: 01502 675603

Email: michael.ladd@suffolk.gov.uk

Alan was appointed as the East Suffolk Councillor for Kessingland in the 2023 elections. He is also Chair of the Carlton Colville, Kessingland and Southwold Community Partnership.

Alan's other key role is liaising with his constituents and also Kessingland Parish Council, helping with issues relating to his role as a district councillor, and also representing Kessingland's views at district council level. Alan actively attends Parish Council meetings as well being involved in the Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: 01502 741888 / 07818 563003 **Email:** alan.green@eastsuffolk.gov.uk





District Councillor: Alan Green

District Councillor Surgeries





Councillor Surgery

with Councillor Alan Green

District Councillor for the ward of Kessingland

Telephone: 07818 563003

Email: alan.green@eastsuffolk.gov.uk



Every Saturday from 10am until 12pm

"Saturday Coffee at St. Ed's"
Kessingland Church Centre
Church Road
Kessingland

An opportunity for residents of Kessingland to come and chat with me about any concerns or queries they would like my help with.

ALL WELCOME



80th Anniversary of the D-Day Landings



The 6th of June 2024 marked the 80th Anniversary of D-Day and, along with many other towns and villages across the UK, Kessingland held a commemoration at Roy Brown's Memorial Gardens.

Thank you to Councillor James for hosting the event and to representatives from the Kessingland Men's Shed, Women's Institute, Youth Café, Parish Council and Manor Farm Care Home for laying remembrance wreaths.

Thanks also go to our Bugler, Cpl Esther Knight from Beccles Air Cadets, to Mick Campbell for lighting the Beacon, to Sam Auger-Forbes for taking the drone video (which can be viewed on the Community Facebook pages) and to the volunteer stewards who helped ensure everyone's safety during the Event.

A small selection of your pictures is below. Thank you to everyone who attended this special occasion.

























Kessingland United Working Men's Club



The Avenue, Kessingland, Lowestoft, Suffolk NR33 7QD Telephone No: 01502 740218 / Website: www.kuwmc.co.uk

Affiliated to the CIU

The Club is just starting to prepare for our CLASSIC VEHICLE SHOW on Saturday 24th August 11am-4pm. There will also be a Bottle Tombola, Craft stalls, Baking Competition and Refreshments available. If you have a Classic Car or Motorbike, please bring it along. The Kessingland Bowls Club will be open if you fancy trying a roll up. For the first time we are presenting a prize for the Best Turned Out Vehicle. There will possibly be more stalls. More information will be available soon.

The Lowestoft Classic Vehicle Club has a Show at Lound Village Green NR32 5LL on Sunday 14th July 9.30 to 16.00 - Admission £3 (under 15's Free).

Music for July

Music for August

Saturday 6th: Steve and Greta
Saturday 13th: Me, Myself and I
Saturday 20th: K C R Duo
Saturday 27th: Class Act
Saturday 3rd: Lowrider
Saturday 10th: High Definition
Saturday 17th: Just Andy
Saturday 24th: X

Sunday 28th: Club Music (£3, All Welcome) Saturday 31st: Tony Barker

The hall has been very busy with a few parties. Don't forget the Hall and Lounge can be hired for Parties and other activities for Wakes this is free but with a returnable deposit. We have a large well-lit carpark with plenty of disabled parking, disabled entrances and disabled toilet facilities. To book please email or phone the club with date, time and contact number and we will get back to you. Our bar prices are cheaper than pub prices and we have a large newly refurbished pool table.

The Darts Club are well into the Summer League and doing well.

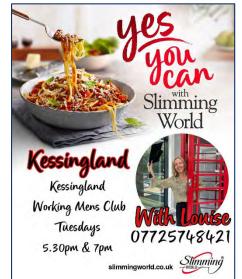
The Kessingland Flying Club (Pigeons) have had some mixed results, the birds were held up in Scotland because of bad weather and had to be moved nearer.

Kessingland Bowls is busy but still looking for new members our green is the best in the area. Come and try a roll up you just need flat shoes.

Bingo on Monday evenings, Wednesday evening and Sunday Lunch time.

The WI meet every second Thursday in the evening.

Slimming World meet every Tuesday evening with two sessions.



President: R A Hood Secretary: R Gasking

Society Registration No: 4343 VAT Registration No: 105 2958

Kessingland Women's Institute



Kessingland WI has around 36 inspiring Women members. Meetings are held on the 2nd Thursday of each month at Kessingland Working Men's club, starting at 7:30pm

At our 13th June meeting we sang Jerusalem.

We then discussed the annual meeting with Gillian Dyer who went to the AGM at the Royal Albert Hall. The dental health matters resolution was passed by a majority and no opposition.

Our main speaker was Pauline Shipley who demonstrated floral arrangements with supermarket purchased flowers and out of her garden. She donated her arrangements for the raffle and gave an arrangement to each of the committee members as a thank you for their hard work over the past year. She described herself as a "plonker" where she buys flowers and puts them straight into a vase.



Our monthly competition was a floral arrangement in a teacup. We had 7 entries this month and the results were as follows:

First place: Sandra Warner Second place: Sue Mickel. Third place: Margaret Parker

Our Judge was our national delegate, Gillian Dyer.

For the bloom of the month, we had 8 entries. The results were as follows:

First place: Margaret Brooke Second place: Lynn James Third place: Sandra Warner.

Members whose birthdays was this month were presented with our very own craft club made birthday cards. We also presented Pauline Shipley with a gift token to say thank you for her demonstration.

It was nice to see our president Karelyn Smithson back for half the meeting and she reports she is feeling good.



Craft Group are doing wet felting.

Walking Group: the walk is to Carlton Marshes.

Reading Group are reading "in a thousand different ways" by Cecilia Ahern.

Lunch Club are going to Chef's Fayre Café at Marram Green on 2nd July.



Our July meeting is on Thursday 11th July. This meeting is open to all. The talk is on Search and Rescue with Elaine Glendinning. The competition is "A Search and Rescue themed wordsearch". This is to be your own work.

For more information about joining or visiting Kessingland WI, please contact our Institute Secretary, Christine Mabb, on 01502 744255

Kessingland Youth Café (KYC)



Newsletter for July

Welcome to the first KYC newsletter. There have been some changes at the KYC during the last few months. New team members have been employed by the Parish Council and volunteers have offered their time to help run the Café. All are DBS checked and most have safeguarding training so you can rest assured that your Young People who attend the club on Wednesday evenings are well supported and supervised while enjoying a range of activities.

The team are:

- Chris Senior Youth Leader
- Daniel Youth Leader
- Amanda Youth Leader
- Julie Volunteer
- ➤ Lisa Volunteer
- Lyn Volunteer
- Niall Volunteer



We have a designated Face book page, phone, and E-mail should you wish to contact us as follows:

- FB search Kessingland Youth Café posts will usually be shared on the "Kessingland positive news" page.
- ➤ Phone 07480943926 this will be available 9am to 9pm, if no reply to your call please leave a voice mail or text and I will return your call as soon as possible.
- ➤ E-mail kycadmin@kessinglandparishcouncil.org.uk

We hope to run on the first and third Wednesday evening 6-30pm until 8-30pm during the month of August (school holidays) and maybe every week once the Autum term starts, plus there might be some daytime activities planned. Check out our face book page for updates or any changes to these proposed plans.

Age range for members are for those in year 5 and above until 16 years of age. All members have a consent form to be filled out which includes the expected "code of conduct" or "Café rules" that we expect the Young People to follow. Please keep contact/medical details up to date if there have been any changes since the original form was signed – this includes whether your Young Person has permission to walk home alone at end of the evening.

Thank you

Chris - Senior Youth Leader

Kessingland CofE Primary Academy



Nursery Visit to Oulton Broad Mini Zoo





Our Nursery children enjoyed their first school trip to Oulton Broad Mini Zoo. The children loved seeing all the different animals and they even got to feed and hold some of them! Everyone had a wonderful time and even the bus ride was incredibly exciting! Our youngest pupils all behaved impeccably well and made everyone in the school very proud. Everyone in the Nursery would like to thank the Parish Council for subsidising this fantastic visit.

Year 1 and 2 Visit to Africa Alive

Both Year 1 and Year 2 visited Africa Alive last term.

The Year 1 class learnt about identifying herbivores, omnivores and carnivores. They saw different animal skulls and had the chance to touch different creatures whilst learning lots of interesting facts about different animals.







The Year 2 class enjoyed a learning session with one of the zookeepers, who taught the children about different habitats and how animals have adapted to suit each one. They also had the chance to touch some interesting creatures. The children then enjoyed looking around the park and met Alex the Zookeeper, who told the children all about giraffes and even let some of the adults feed them!

Year 2 children perform at the Marina Theatre

Our Year 2 children performed at the Marina Theatre along with two other schools as part of a Story Worlds Project, organised by the Literacy Trust and High Tide.

The children had been working hard in lessons preparing for the big performance and although there were a few nerves backstage, as soon as the music started the nerves disappeared and the children performed brilliantly, and the audience were treated to a wonderful performance.





Year 3 and Year 4 Visit to Benacre

Our visit to Benacre started with a talk from the stockman who looks after the cows on the estate. We learnt about the different crops grown at the farm and what they are used to make. After that, the children got to experience pond dipping before going on a bug hunt. We discovered some really interesting things!

After lunch, we went for a walk in the forest and looked for different types of leaves. We used them to try and identify the trees in this area. We found a badger's home, heard some beautiful birds singing and even saw a few deer running around too!

The children had a fabulous time whilst learning lots of interesting things during the visit.







<u>Year 5 visit Norwich Cathedral – Sacred Science</u>

Year 5 attended Norwich Cathedral for a 'Sacred Science' day. They looked at different photos of the cathedral and talked about different light sources and shadows. They then looked for different light sources within the cathedral and used compasses to identity the north side.

The stained-glass windows were fascinating, and the children were able to identify different Bible stories within them.





After lunch, they explored arches and why they are so strong. The children then had a go at building their own arches - this required great teamwork!

They also had the opportunity to create their own stain glass windows.

The children were full of awe and wonder and really enjoyed spending time in the cathedral.



St Edmund's Church – Raise the Roof Project

The children at Kessingland Church of England Primary Academy have been working with St Edmund's Church to support the National Heritage Fund 'Raise the Roof Project'.

This strong community partnership has enabled the children to take part in a number of different projects this year.

Bug Houses

Last year, the children created a bug house in the churchyard. The bug house continues to attract wildlife into the churchyard and is enjoyed by many in the community.

The churchyard also has a number of hedgehog boxes to provide a safe space for the hedgehogs to rest, hibernate and breed.



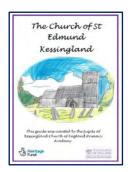
Raise the Roof Banner



A competition was held in school to design a banner to share the 'Raise the Roof' project with the community.

The banner was designed by one of our pupils and sat proudly on the scaffolding and the entrance to St Edmund's Church.

Children's Guide to St Edmund's Church



Our Year 5 pupils created a visitor's guide full of information and beautiful drawings of different parts of the church.

The pupils visited St Edmund's Church to complete their own research and find out more information from Reverend Mandy. They also took digital photographs to use to help them create accurate drawings.

We hope the visitors are enjoying reading our guide to St Edmund's Church!



Broadcast

Throughout the project, a group of pupils have created their own broadcasts sharing with the local community and beyond, the progress of the 'Raise the Roof' project.

There are four broadcasts in total, and these have been shared on YouTube, social platforms.



Displays in the Churchyard



Kessingland Church of England Primary Academy completed some incredible artwork depicting the wildlife in Kessingland Churchyard. They also shared some information they learnt about War Graves in Kessingland. These are in the new display boards in Kessingland Churchyard.



Time Capsule



The new roof project is a moment in history for the village of Kessingland.

The church has been in the community since 1436 and we hope with the new roof it will be protected and part of the village for many years to come.



The School Council have created a time

capsule that shows what Kessingland Church of England Primary Academy and the Kessingland community is like today. The time capsule has been hidden in the rafters of the new roof to be found in the future.

Dominic the Thatcher

The children in Years 5 and 6 had a visit from Dominic the Thatcher. The children were given the privilege of learning all about the art of thatching. Dominic shared some of the tools and techniques involved in thatching a roof, shared some of his work and talked about the most recent project he has been working on at St Edmund's. The children were fascinated and enjoyed learning all about thatching.





St Edmund's Church

The children created this wonderful model of St Edmund's Church to celebrate the 'Raise the Roof' Project and to be displayed in St Edmund's Church. We hope it will be enjoyed by members of the local community and beyond.



Welcome to Kessingland Primary Academy Lottery

This lottery has been set up specifically to raise money and make a difference for our children!

It's a fantastic way to bring Parents, Carers, Teachers, and the wider community together, in partnership with our school, and at the same time give something back. We hope to raise funds that can support and enrich the education of our children - we aim to provide extra resources for the children, improve the school environment as well as run extra-curricular activities such as music, art, and sport. Your support is greatly appreciated, and we wish you good luck!





Friends of Kessingland Primary Help us to fundraise by becoming a Co-op Member!

We are a small group of parents and teachers, who fundraise for the benefit of all the children who attend Kessingland Church of England Primary Academy. Our aim is to create opportunities for the children which would not be possible without fundraising. We currently only have a couple of outdoor benches and no shelter. The pupils have asked for a quiet outdoor sheltered area where they can eat lunch. We hope this area can be versatile and a multipurpose area, for learning and fun. Spending time in green spaces or bringing nature into your everyday life can benefit both mental and physical wellbeing so we hope the area will help the whole school community feel more connected to nature.



Community Kitchen & Wildlife Garden



What a difference a bit of sunshine makes !! Now that summer appears to have arrived, our volunteers have taken advantage and worked extremely hard to get the new wildlife pond completed. In a couple of weeks or so it should all be ready for some final landscaping, and a very big "Thank You" for the lovely donation of pond plants, the pond is going to look fabulous and will hopefully be ready for when the Lowestoft in Bloom judges pay us a visit. Once the new pond is finished, we will concentrate on tidying up the existing smaller pond so the Garden will have 2 lovely water features. As well as working on the new pond, a variety of vegetable seeds have been sown and these are all growing nicely so soon we should have plenty of lettuce, beetroot, carrot, chard, tomato, beans, peas & leeks ready for picking (and some rhubarb too).



The fruit trees also look to be doing well so looking forward to a good harvest of apples, pears, plums and cherries (if the birds don't get there first of course).

We're also keeping our fingers crossed for the new fruit trees (apricot & peach) which were planted last year... so far, they are doing well.











Please remember that anything that is grown & harvested in the garden is for the Community so please do help yourself to anything that is ready. Any surplus will be given to the Community Fridge based in the library. Also, don't forget our Seed Swap box is available for donations of unwanted/surplus seeds, you're more than welcome to take any seeds in the box if you need them.

Our volunteers will be on site from 9am every Tuesday morning (weather permitting of course) so come along and see for yourself the progress being made in your Community Garden. If you have some spare time on your hands, come along and join the Volunteer Group, everybody is welcome.



Dogs are also welcome into the Garden, but please remember to keep them on leads & clear up after them.

Thank you for your support.





Join us on Facebook:

Kessingland Community Kitchen & Wildlife Garden

Crossword Corner



No: 101-23

	1		2		3	4			5	6	
7								8	9		- 1
10								11			
				12							
	13	-	14	12							
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						17					
18											
									19	20	
21						22					
23					24						

Across:

- 7 Rink sport (3,7)
- 9 Continually hurt (4)
- 10 On the father's side (8)
- 11 Meeting's list of topics (6)
- 12 Dominance over the rest (11)
- 15 This evening (7)
- 16 Butlin's entertainer (7)
- 18 Scottish comedian/travel host (5,6)
- 21 Leisurely walk (6)
- 22 Person who deliberately damages machinery (8)
- 23 Accurate, genuine (4)
- 24 During every part (10)

Down:

- 1 Metal ready for recycling (5)
- 2 Showy daisy (5)
- 3 Croissant with a sweet filling (4,2,8)
- 4 Accepted defeat, gave way (7)
- 5 Spanish holiday island group (9)
- 6 Cry a little (4,1,4)
- 8 Police drama set in Aberdeen (7,7)
- 13 Unpaid (work) (9)
- 14 Women's sleeveless garments (9)
- 17 Final shut-down (7)
- 19 In need of a scratch! (5)
- 20 Line of people waiting (5)



KESSINGLAND HELP IN NEED TRUST CHARITY NUMBER: 242755

The Kessingland Help In Need Trust was initially established in 1965 and its objective is to help those in need within the village. The kind of things we are able to help with are:-

- · Essential Household items e.g. cooker, washing machine, fridge, beds etc.
- Appropriate Garden Services and Household/Building Repairs
- Help Towards Funeral Costs
- · Help with costs of Hospital Visiting
- Essential clothing, e.g. Children's winter coats
- Veterinary bills
- · Signposting to other expert organisations

For further information or for an electronic application form, please contact the Clerk to the Trust at clerk.khint@btinternet.com.

Paper application forms may also be collected from the Kessingland Parish Council office at Marram Green, Hall Road, Kessingland, NR33 7AH



We offer a FREE Information & Advice, for anyone with a Disability, their carers, family or professionals.

Our Adviser will be at
Marram Green, Kessingland, in the
Kittiwake Room, between 9.30 & 12.30
for a drop-in service to assist with your
enquiries such as benefits, transport,
mobility, grants.

Next drop in – 31/01/24, 28/02/24, 27/03/24, 24/04/24, 29/05/24, 26/06/24, 31/07/24, 28/08/24, 25/09/24, 30/10/24, 27/11/24.

Contact us for details 01502 511333 info@danesonline.co.uk

0.481 L L 0.00 40.00

Help & Support in the Community











Help & Support in the Community





Whatever the problem, we're here for free, impartial and confidential advice



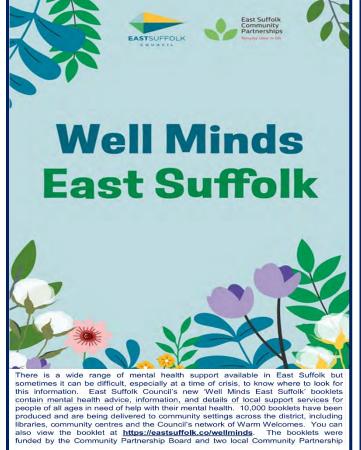
Face to face drop in KESSINGLAND
First Monday every month 10.00am to 12.00pm

Marram Green Kessingland NR33 7AH Call us on 0808 278 7866 or email us via caes.org.uk



Our offices are in : Beccles • Felixstowe • Leiston • Lowestoft • Woodbridge plus outreach centres across the region







Events, Competitions & Local Groups











Events, Competitions & Local Groups











Activities & Groups: St Edmund's Church & Church Centre

















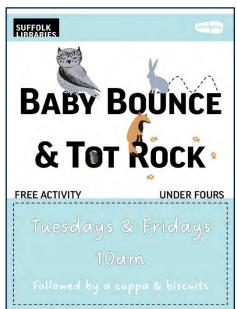
Activities & Groups: Kessingland Library & Marram Green











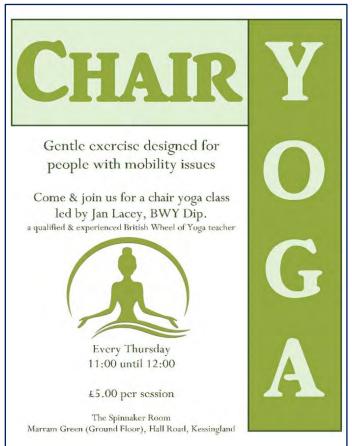






Activities & Groups: Kessingland Library & Marram Green









Other Groups at Marram Green:

Tuesdays:

Yoga with Aleyna (Spinnaker Room)1:30pm – 2:30pm

Wednesdays:

Kessingland Art Group (Spinnaker Room)
 1pm – 3pm

Thursdays:

Yoga with Aleyna (Spinnaker Room)
 6:30pm – 7:30pm

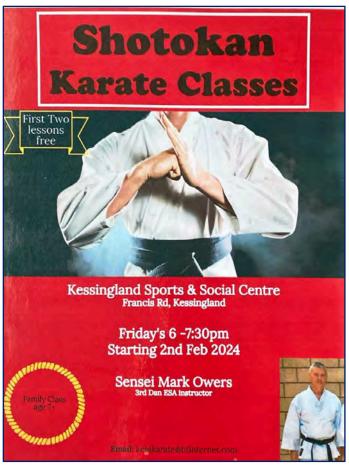
For Compass Suite Bookings:

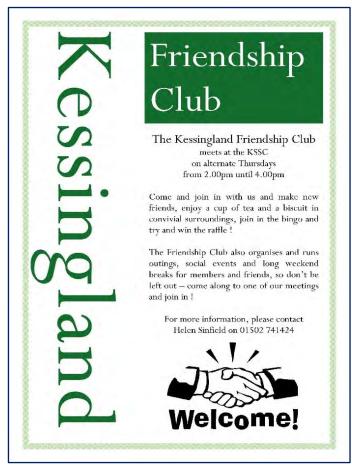
Telephone: 01502 744367

Email: admin@kessinglandparishcouncil.org.uk

Activities & Groups: Kessingland Sports & Social Centre











Activities & Groups: Kessingland Sports & Social Centre







Other Groups at the KSSC:

Tuesdays:

- Waveney Table Tennis
 10am 12pm
- Short Mat Bowls 2pm – 4pm
- Badminton 7pm – 9pm

Wednesdays:

- Knit and Natter
 9:45am 11:45am
- Youth Café (1st & 3rd Wednesdays)
 6:45pm 9pm

Thursdays:

- Chair-based Exercise 9:30am – 10:30am
- Pilates 6pm – 7pm
- Model Flying Club 7:30pm – 10pm

Fridays:

- Shotokan Karate 6pm – 7:30pm

For Bookings:

- Telephone: 07729 384705
- Email: ksscbooking@hotmail.com

Volunteering Opportunities





MAKE A CHANGE BECOME A COUNCILLOR

Could you be a voice for your community?

Do you think that you would represent a different group of people on the Parish Council?

Do you have strong views about what Kessingland Parish Council should be doing?

Do you know what the Parish Council can do?

Kessingland Parish Council has a vacancy for a new councillor

If you're over eighteen years of age and live or work within Kessingland (or within three miles of the Kessingland boundary) and do not have any of the disqualifying criteria, then we would like to hear from you! Especially if you are different than the people already on the council. Kessingland is a diverse community, and the council wants to recognise, celebrate, and represent that diversity. The key qualities for a councillor are to keep an open mind and to listen to, learn about, care for and represent your community to the best of your ability.

Applying is easy, there is a short form which you can collect from the parish council or download online. Just complete and either email or drop it off at the council. You'll be invited to attend a Parish Council meeting (generally the second Wednesday each month) and tell the council more about yourself, what you can bring to the council and what you would like to achieve for the community.



If you are interested or want to know more, please speak to one of the current councillors or contact the council office. There is more info as well as information on a range of different local councillors nationally at: https://www.nalc.gov.uk/our-work/local-elections#what-do-local-councils-and-councillors-do



Kessingland Parish Council, First Floor, Marram Green, Hall Road, Kessingland NR33 7AH Telephone: 01502 744367, Email: admin@kessinglandparishcouncil.org.uk, Web: www.kessinglandparishcouncil.co.uk





Volunteering Opportunities





VOLUNTEERS WANTED

Are you fed up with seeing litter all over the place?
Fed up with seeing overgrown paths & alleyways?
Street signs that are so dirty they are difficult to read?

If so, would you be prepared to give up an hour or two each week, on a day to suit you or as part of our organised group on a Monday & Friday morning, to make this village a better place to live and visit. All equipment will be provided.

For more information, please contact the Council office:

Telephone: 01502 744367

Email: admin@kessinglandparishcouncil.org.uk



Kessingland Parish Council
Parish Council Office, First Floor, Marram Green, Hall Road, Kessingland NR33 7PP

Telephone: 01502 74436

mail: admin@kessinglandparishcouncil.org.uk Veb: www.kessinglandparishcouncil.co.uk



Bact Community Transport Appeal

Bact community transport are struggling to meet an increasing demand for passenger trips. Passengers are so grateful for all the journeys we undertake, but we are victims of our own success and we are now turning passengers down who really need our help.

• Do you have a few hours each week



- to spare to drive a car, van or minibus?
- Do you like meeting new people?
- · Do you enjoy driving?

We would love to speak tell you about volunteering opportunities in Bungay, Beccles, Lowestoft, Harleston, Loddon and the surrounding areas.

Call us on 01986 896896 or email on info@bactcommunitytransport.org.uk



Pakefield Coastwatch

Can you spare 3-4 hours per week?

VOLUNTEERS NEEDED

to assist us in safeguarding our seas and coast.

Full training given.

Contact our Station Manager on 07788 377501

Pakefield Coastwatch is a registered charity. No. 1178259



Suffolk & Essex Coast & Heaths National Landscape

Find out more



Volunteering

Regular tasks on Tuesdays and Fridays across the Suffolk & Essex Coast & Heaths National Landscape.

All training provided, no experience necessary, come along and learn new skills & meet new people.

- Habitat management and creation
- Biodiversity projects
- Tree and hedge planting
- Beach surveys
- · Surveys and walking promoted routes









Community Recycling



Kessingland Church Centre Carpark

CLOTHES BANK

Serving our Community.
Serving those in need





Support Suffolk Libraries: Donate to our fundraising RECYCLING SCHEME

WE'RE A CHARITY

- OLD AND FOREIGN CURRENCY
- MOBILE PHONES

STAMPS

TABLETS AND GAMES CONSOLES

BOOKS / USED PRINTER CARTRIDGES

Kessingland Library Marram Green, Hall Road, Kessingland NR33 7AH

UNWANTED / USED BATTERIES

Kessingland Co-op 44-48 Field Lane, Kessingland NR33 7QA

Kessingland Library
Marram Green, Hall Road, Kessingland NR33 7AH



GLASS & BOTTLE RECYCLING

Kessingland United Working Men's Club The Avenue, Kessingland NR33 7QD

The Sailor's Home 302 Church Road, Kessingland NR33 7SB



Useful Contact Information



Local Telephone Numbers

East Suffolk Council (Customer Services) East Suffolk Council (Out of Hours Emergency) East Suffolk Council (Automated Payments)	0333 0162000 0800 440 2516 0300 7900509
Kessingland Parish Council	01502 744367
Peter Aldous MP (Waveney)	01502 586568
Citizens Advice Bureau Disability Advice North East Suffolk (DANES)	01502 518510 01502 511333
Suffolk County Council Highways (if immediate danger to life) or online at www.highwaysrep	0345 6066171 orting.suffolk.gov.uk
Kessingland Doctors (Longshore Surgery) Kessingland Pharmacy James Paget Hospital A and E NHS Helpline Police - Emergency Only Police - Non-Emergency or online at www.suffolk.police.uk/contact-us/report-somet	01502 740203 01502 740251 01493 452200 111 999 101 hing
Coastline Vets (Carlton Colville) Three Rivers Vets (Kessingland) Pakefield Vets (Pakefield) Wangford Vets (Wangford) Kessingland Library	01502 531999 01502 741988 01502 664656 01502 578999 01502 741212
St Edmund's Church Kessingland Primary Academy Kessingland Sports & Social Centre Kessingland United Working Men's Club Kessingland Women's Institute	01502 743154 01502 740223 07729 384705 01502 740218 01502 740785

National Organisations and Helplines

Age Concern	0800 6781602
Childline	0800 1111
NSPCC helpline	0808 800 5000
Cruse Bereavement Support Samaritans Macmillan Cancer Support	0808 8081677 116 123 0808 8080000
Mind Infoline	0300 1233393
Alcoholics Anonymous	0800 9177650
Refuge National Domestic Abuse Helpline	0808 2000 247
RSPCA helpline	0300 123499
RSPCA (Mid Norfolk and North Suffolk branch)	0303 040 1565
Action Fraud (Fraud & Cyber Crimes) Suffolk Trading Standards	0300 123 2040 0808 223 1133

Crossword Corner - Solutions



No: 101-23

Acre	oss:	Dow	/n:
7	Ice skating	1	Scrap
9	Ache	2	Aster
10	Paternal	3	Pain au chocolat
11	Agenda	4	Yielded
12	Superiority	5	Balearics
15	Tonight	6	Shed a tear
16	Redcost	8	Granite Harbour
18	Susan Calman	13	Voluntary
21	Stroll	14	Pinafores
22	Saboteur	17	Closure
23	True	19	Itchy
24	Throughout	20	Queue

The Village News welcomes contributions from everyone within the Parish; news, photographs and reports from village organisations are particularly welcome but contentious issues or articles promoting personal causes should be avoided – the Editor reserves the right not to print items and to edit items submitted for publication.

The views expressed in the Village News, unless stated as such, are not those of the Editor or the council, and no liability can be accepted for any error or omissions although we will publish corrections.



If you would like to submit articles or cover photographs, the deadline for copy is 12 Noon on the 24th of each month.

Please send submissions to the Editor – jmclean@kessinglandparishcouncil.org.uk Articles can be half or full page.

If you would like to advertise in the Village News (Kessingland businesses only), please contact the Parish Council on 01502 744367 for more information & subscription rates.





