



The Village News

August 2024

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Photo Credit: David Boyle

CityFibre - Project Gigabit

CityFibre has been awarded the Project Gigabit project for Suffolk which is the UK government's flagship programme to enable hard-to-reach communities to access fast gigabit-capable broadband.

Advance warning has been given that work is due to start in the Kessingland area over the next few weeks. The exact start date is unknown but as soon as dates are confirmed, the community will be informed.

The contractor carrying out the work on CityFibre's behalf is OCU Utility Services. Wherever possible, existing duct and pole infrastructure will be used to reduce the amount of construction required. However, new infrastructure will be needed, and CityFibre are working closely with Suffolk council's highways team to coordinate any work that is required.

For further information & to register for updates, please go to: www.cityfibre.com/projectgigabit

Parish Council Meetings August 2024

No meetings are scheduled for August

To receive The Village News by Email, sign up here:
<http://eepurl.com/hHHSZv>



Join us on Facebook
Friends of Kessingland Parish Council

Your Parish Councillors



Stephen (Sid) James
Chair of Council

01502 740521

sjames@kessinglandparishcouncil.org.uk



Caroline Carter
Vice-Chair of Council

07811 753930

ccarter@kessinglandparishcouncil.org.uk



Christine Cook
Councillor

07592 555345

ccook@kessinglandparishcouncil.org.uk



Alan Green
Councillor

07789 644645

agreen@kessinglandparishcouncil.org.uk



Julie McLean
Councillor

07539 696904

jmclean@kessinglandparishcouncil.org.uk



Ian Graham
Councillor

07985 462200

igraham@kessinglandparishcouncil.org.uk



Bob Saunders
Councillor

07901 530770

bsaunders@kessinglandparishcouncil.org.uk

Neil Glendinning
Councillor

07801 681136

nglendinning@kessinglandparishcouncil.org.uk



Lynda Hood
Councillor

07954 412031

lhood@kessinglandparishcouncil.org.uk

Karen Archbold
Councillor

07415 734953

karchbold@kessinglandparishcouncil.org.uk

Position

Vacant

Position

Vacant

Position

Vacant



Kessingland Parish Council consists of 13 members, including a Chair and Vice-Chair
The Council has 4 committees which deal with different areas of Council business.

Planning & Highways Committee

Councillors:
Chair: C. Carter
Vice-Chair: I. Graham
B. Saunders, N. Glendinning, C. Cook

Finance & Governance Committee

Councillors:
Chair: A. Green
Vice-Chair: I. Graham
B. Saunders, N. Glendinning,
J. McLean, C. Cook

Personnel Committee

Councillors:
Chair: N. Glendinning
Vice-Chair: C. Carter
C. Cook, I. Graham, A. Green,

Leisure & Community Engagement Committee

Councillors:
Chair: I. Graham
Vice Chair: J. McLean
C. Carter, C. Cook, A. Green, L. Hood,
B. Saunders, K. Archibald

As well as sitting on its 4 Committees, some councillors take on designated responsibilities and others represent Kessingland on outside bodies. These are listed below:

Beach Wardens
North – Cllr J. McLean
South – Cllr S. James

Benacre & Kessingland Flood Group
Cllr S. James

Kessingland Events Group
Cllr J. McLean, Cllr C. Cook,
Cllr C. Carter, Cllr K. Archbold

Community Garden Co-ordinator
Cllr J. McLean

Kessingland Marsh Liaison
Cllr J. McLean
D. Boyle (Warden), D. Fox (Deputy)

Village & Beach Clean-Up Co-ordinator
Cllr J. McLean

Community Fridge
Cllr C. Cook, Cllr J. McLean,
Cllr L. Hood

Hidden Needs Forum
Cllr C. Cook, Cllr J. McLean,
Cllr C. Carter, Cllr L. Hood

Kessingland in Need Trust
Cllr L. Hood, Cllr I. Graham,
Cllr N. Glendinning

Youth Culture Board
Chair & Vice Chair of Council,
Cllr J. McLean, Cllr I. Graham

Kessingland Sports & Social Centre
Cllr C. Cook

ESC Community Partnership
Cllr J. McLean, Cllr I. Graham,
Parish Clerk

Suffolk Police
Cllr C. Carter, Cllr L. Hood

Suffolk Bus Passenger Interest Group
Cllr A. Green

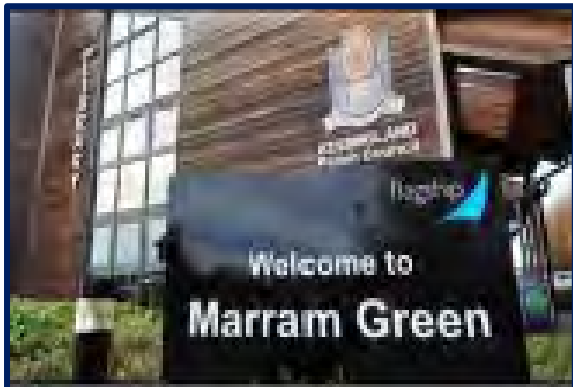
Community Speed Watch & SID Co-ordinator
Position Vacant

SALC East Suffolk Forum
Position Vacant

SALC Climate Forum
Cllr A. Green, Cllr J. McLean,
Parish Clerk

Compass Suite Trust
Position Vacant

Kessingland Parish Council Staff



Kessingland Parish Council

Office Hours:
Monday – Friday, 10am – 4pm

Telephone:
01502 744367

Email:
admin@kessinglandparishcouncil.org.uk

Website:
www.kessinglandparishcouncil.co.uk



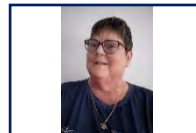
Parish Clerk & R.F.O.:
Neil Coleby



Deputy Clerk:
Shelley Hogg



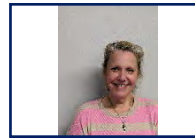
Admin/Committee Clerk:
Debbie Blowers



Senior Youth Leader:
Christine Smith



Youth Leader:
Daniel Fisk



Youth Leader:
Amanda Loud



Cleansing Operative:
Ruth Hill



Cleansing Operative:
Niall McLean



General Factotum:
Paul Reed

District & County Councillors



County Councillor:
Michael Ladd

Michael has been the Suffolk County Council councillor for Kessingland & Southwold since 2013. He is currently the Chair of the Scrutiny Committee which is part of the arrangements for making sure the Council carries out its responsibilities properly and scrutinises the decisions of the cabinet and committees to ensure that procedure and the law have been properly followed.

Michael's other key role is liaising with his constituents and the parish councils that he represents, helping with matters relating to his role as a county councillor and raising matters with Suffolk County Council. Michael actively attends as many monthly Parish Council meetings as he can, and also takes an active involvement with the parish council's quarterly meetings with Suffolk County Councils Highways Department. Michael also is involved with the East Suffolk Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: 01502 675603
Email: michael.ladd@suffolk.gov.uk

Alan was appointed as the East Suffolk Councillor for Kessingland in the 2023 elections. He is also Chair of the Carlton Colville, Kessingland and Southwold Community Partnership.

Alan's other key role is liaising with his constituents and also Kessingland Parish Council, helping with issues relating to his role as a district councillor, and also representing Kessingland's views at district council level. Alan actively attends Parish Council meetings as well being involved in the Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: 01502 741888 / 07818 563003
Email: alan.green@eastsoffolk.gov.uk



District Councillor:
Alan Green



Councillor Surgery

with **Councillor Alan Green**

District Councillor for the ward of Kessingland

Telephone: 07818 563003

Email: alan.green@eastsoffolk.gov.uk



**Every Saturday
from 10am until 12pm**

**“Saturday Coffee at St. Ed’s”
Kessingland Church Centre
Church Road
Kessingland**

An opportunity for residents of Kessingland to come and chat with me about any concerns or queries they would like my help with.

ALL WELCOME



The Lowestoft branch of the u3a was founded in 1990. "Learn, Laugh, Live" is the motto of the national u3a movement & this is certainly the case at our Lowestoft branch. Open to anybody who is no longer working full time it gives members the opportunity to develop their interests, make new friends & enjoy themselves.

A wide range of groups are available to members to enjoy & engage in. These include: music & art appreciation, rambling, bridge, writers, quiz group, table tennis, rummikub, scrabble, art, social history, bookworms, mixed crafts, canasta, country dancing, family history, French, Spanish, whist drive & short mat bowls. These individual groups meet monthly, fortnightly or weekly at various venues around Lowestoft.

A computer drop-in clinic is also offered by the Lowestoft u3a to its members Wednesday weekly located at The Lowestoft over 60's club, next to Lowestoft library. Digital devices can be brought along so that issues can be discussed, or help can be given on how to use them.

If you are looking to relax & socialise with others there is a monthly coffee morning at the cafe in Kensington Gardens & a monthly lunch group which meets at various local restaurants throughout the year.

At the monthly speakers meeting members can enjoy a host of speakers covering many wide & varied topics. Individual social events are also organised during the year for members to enjoy. Recently the Lowestoft u3a enjoyed an afternoon tea at The Wherry Hotel with quiz and raffle. Preparations for a Christmas breakfast at The Hotel Hatfield are now under way. Individual groups will often organise trips to compliment the topics they are interested in.

The Lowestoft u3a also likes to support its local community. Over the years this has included supporting local appeals for sensory/twiddle muffs, premature baby knitted hats, hats & Christmas parcels for the homeless.

If you are no longer working full time & would like to keep your brain & body active, make new friends, learn something new or would like to share your own skills & experiences with others then come & join Lowestoft u3a.

Contact us:

Telephone: 07767 431565

Email: membership@u3a-lowestoft.org.uk

Website: www.u3alowestoft



Photo Credits: Lynne Bergin



KESSINGLAND MEN'S SHED



Repair Shop

**FIRST WEDNESDAY
OF THE MONTH**

9am - 1pm

WE CAN REPAIR A RANGE OF ITEMS INCLUDING:

_____ **Radios & Clocks** _____

_____ **Shear & Knife Sharpening** _____

_____ **Gardening Tools** _____

Community Engagement Project

We are still welcoming new members, so pop down to the Shed, on Bethel Drive, for a coffee and a chat, where you can fill in a form if you want to join up or contact the Secretary on 07950 837083. Opening times are 9-1pm on Mondays, Wednesdays, Fridays, and Saturdays.

Kessingland United Working Men's Club



The Avenue, Kessingland, Lowestoft, Suffolk NR33 7QD
 Telephone No: 01502 740218 / Website: www.kuwmc.co.uk
 Affiliated to the CIU

The club is starting to get busy sorting ready for the Classic Vehicle Show in August. Come and support us there will be lots going on. Also, we are running a Baking Competition.

Classic Car Show
 Saturday August 24th 2024 11am-4pm

Prizes for Best Turned out Vehicle

Classic Cars or Motorcycles Welcome

Bottle Tombola 5 Tickets £1

Donations gratefully received

Come and have a roll up at the bowls club. Equipment supplied, just wear flat shoes.

Baking Competition

See separate poster or ring Sandra on 01502 742412 or www.kuwmc.co.uk

Various craft stalls £5 per Table

Bar and Refreshments available

Donations of Cakes, Sausage rolls etc. gratefully received

Affiliated to the CIU

Society Registration No: 4343 VAT Registration Number: 105 2958

Kessingland United Working Men's Club
 The Avenue, Kessingland NR33 7QD
 T: 01502 740218 | E: clubsecretary@kuwmc.co.uk / W: www.kuwmc.co.uk

SUMMER Baking Contest

Under 10's
 3 x Butterfly Cakes or 5 x Flatjacks

11-16yrs
 3 x Decorated Cupcakes or 5 x Biscuits

Adults
 Decorated Sponge or 5 x Sausage Rolls

Saturday, 24th August 2024

Competition entries need to be delivered to the Club by 16:30am for judging at 18:30am
 Name & Contact Number (plus age for Children's group) under plate

For more information, please contact Sandra Warner:
 T: 01502 742412 | E: sandra@kuwmc.co.uk

Donations of bottle items for Bottle Tombola will be gratefully received and on the day Cakes, sausage rolls or anything for refreshments stall please.

The Bowls club will be open for a roll up you just need flat shoes, and they are also doing Bacon rolls.

There will be craft tables at £5 each.

There will also be a prize for the Best turned out Vehicle. So, if you have a Classic Vehicle bring it along.

Music for August:

- 3rd - Lowrider City Rockers
- 10th - High Definition
- 17th - Just Andy
- 24th - Dave Anderson
- 31st - Tony Barker

Music for September:

- 7th - Kevin Solo
- 14th - The Riffits
- 15th - Kevin Barry Country
- 21st - 3 Steps to Heaven
- 28th - Bobby Graham

Don't forget we have Bingo Monday and Wednesday evenings and Sunday lunch time. Darts and pool table and cheaper drinks.

The hall and lounge are available to hire for Wakes they are free but with a returnable deposit. We have a large carpark with disabled parking and disable access/facilities.

The W I meet here every second Thursday (except August) and Slimming World meet every Tuesday.

yes you can
 with Slimming World

Kessingland
 Kessingland Working Mens Club
 Tuesdays
 5.30pm & 7pm

With Louise
 07725748421

slimmingworld.co.uk

President: R A Hood
 Society Registration No: 4343

Secretary: R Gasking
 VAT Registration No: 105 2958



Welcome to Kessingland Primary Academy Lottery

This lottery has been set up specifically to raise money and make a difference for our children!

It's a fantastic way to bring Parents, Carers, Teachers, and the wider community together, in partnership with our school, and at the same time give something back. We hope to raise funds that can support and enrich the education of our children - we aim to provide extra resources for the children, improve the school environment as well as run extra-curricular activities such as music, art, and sport. Your support is greatly appreciated, and we wish you good luck!

SUPPORT OUR SCHOOL PLAY OUR LOTTERY

- Tickets cost just £1 a week
- The easy way to help us raise funds
- Local cash prizes every week

BUY TICKETS:
Go to: www.yourschoollottery.co.uk
And search for: Kessingland Primary

SUPPORT OUR LOTTERY TODAY

£1 per week

Weekly cash prizes

£25,000 jackpot

Splitting the £1.00

How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Kessingland Primary Academy

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at YourSchoolLottery.co.uk by direct debit or debit card.

It's so easy to join and will make a real difference to Kessingland Primary Academy

The Maths... 100 tickets sold a week means
= £30 weekly cash prize
= £2,080 a year for our school

To start supporting, visit:
yourschoollottery.co.uk
and search for: Kessingland Primary

Friends of Kessingland Primary Help us to fundraise by becoming a Co-op Member!

We are a small group of parents and teachers, who fundraise for the benefit of all the children who attend Kessingland Church of England Primary Academy. Our aim is to create opportunities for the children which would not be possible without fundraising. We currently only have a couple of outdoor benches and no shelter. The pupils have asked for a quiet outdoor sheltered area where they can eat lunch. We hope this area can be versatile and a multi-purpose area, for learning and fun. Spending time in green spaces or bringing nature into your everyday life can benefit both mental and physical wellbeing so we hope the area will help the whole school community feel more connected to nature.



Kessingland Women's Institute



Kessingland WI has around 36 inspiring Women members. Meetings are held on the 2nd Thursday of each month at Kessingland Working Men's club, starting at 7:30pm

At our 11th July meeting we sang Jerusalem.

Our main speaker was Elaine Glendinning from Suffolk Lowland Search and Rescue (SULSAR) who gave a talk on the charity and what it does. Suffolk Lowland Search and Rescue has over 100 voluntary members in various job roles, she also explained that vulnerable people are usually the ones that go missing, they also do body recovery and evidence alongside the police when they are asked to be involved by the police contacting the search manager. SULSAR also get called out when there are floods. The various teams they have range from bike teams to walking search teams.

Our monthly competition was a Search and Rescue themed wordsearch. We had 8 entries for this month's competition. Our Judge was Elaine Glendinning and the results were as follows:

First Place: Christine Mabb
Second Place: Sandra Warner.
Third Place: Sue Mickel

For the bloom of the month, we had 13 entries for this month. The results were as follows:

First place: Sharon Thompson
Second place: Lynn James
Third place: Connie Niblett.

Members whose birthdays was this month were presented with our very own craft club made birthday cards and it was nice to see our president Karelyn Smithson back for the meeting and she reports she is feeling good.

Craft Group are doing Manx Quilting.

Walking Group's next walk is around Southwold.

Reading Group are reading "The President is Missing" by James Patterson and President Bill Clinton.

Lunch Club are going to Chef's Fayre Café at Marram Green on 3rd September.

Our August meeting is on Thursday 8th August which is our ticketed Italian night at St Edmunds Church Centre. This meeting is Ticketed. Our Next open meeting is on Thursday 12th September and our speaker is Forensic Scientist Mary Newton and the talk is on "Give us a clue when the dogs don't bark". The competition is a photo of a dog taken by you.

Sadly, we have lost a member this month. Ingrid Utting was 91 and was a member for 37 years. Ingrid did a variety of roles in her time within Kessingland WI - she was president from 1987 to 1990, secretary in 1994 and treasurer in 1992-1993. Ingrid was also a keen darts player, she played for SEFWI and also for Kessingland WI, Ingrid was usually on the winning team and also the pairs team.

We have our summer bunting up down at the Roy Brown Memorial Gardens and The Waterfront Restaurant fencing. Please pop along and look at the hard work of our craft club, the bunting will remain up until the end of the summer when it will be removed, and a new one will be made for summer 2025.

For more information about joining or visiting Kessingland WI, please contact our Institute Secretary, Christine Mabb, on 01502 744255

Community Kitchen & Wildlife Garden



A combination of a few rainy days and some lovely sunshine have certainly helped the Garden to flourish. Ready to harvest are lettuce, rhubarb and chard and the beetroot should be ready soon. There are also a few peas ready for picking. The tomatoes and carrots are both growing nicely and should be ready soon. Even our sunflowers are finally starting to grow (don't think they'll be tall enough to win the Sunflower Competition though !!).

Our volunteers have been hard at work as usual as there is plenty of maintenance work to be done (more weeding !!), and new projects to plan once the new pond is finally completed.



We also had a visit from the Lowestoft in Bloom judges, and we should hopefully hear from them soon as to how successful the Garden has been. Fingers crossed....

The fruit trees are also bursting with fruit so there will be plenty of apples, plums and pears for you to pick.



Please remember that anything that is grown & harvested in the garden is for the Community so please do help yourself to anything that is ready. Any surplus will be given to the Community Fridge based in the library. Also, don't forget our Seed Swap box is available for donations of unwanted/surplus seeds, you're more than welcome to take any seeds in the box if you need them.

Our volunteers will be on site from 9am every Tuesday morning (weather permitting of course) so come along and see for yourself the progress being made in your Community Garden. If you have some spare time on your hands, come along and join the Volunteer Group, everybody is welcome.



Dogs are also welcome into the Garden, but please remember to keep them on leads & clear up after them.

Thank you for your support.

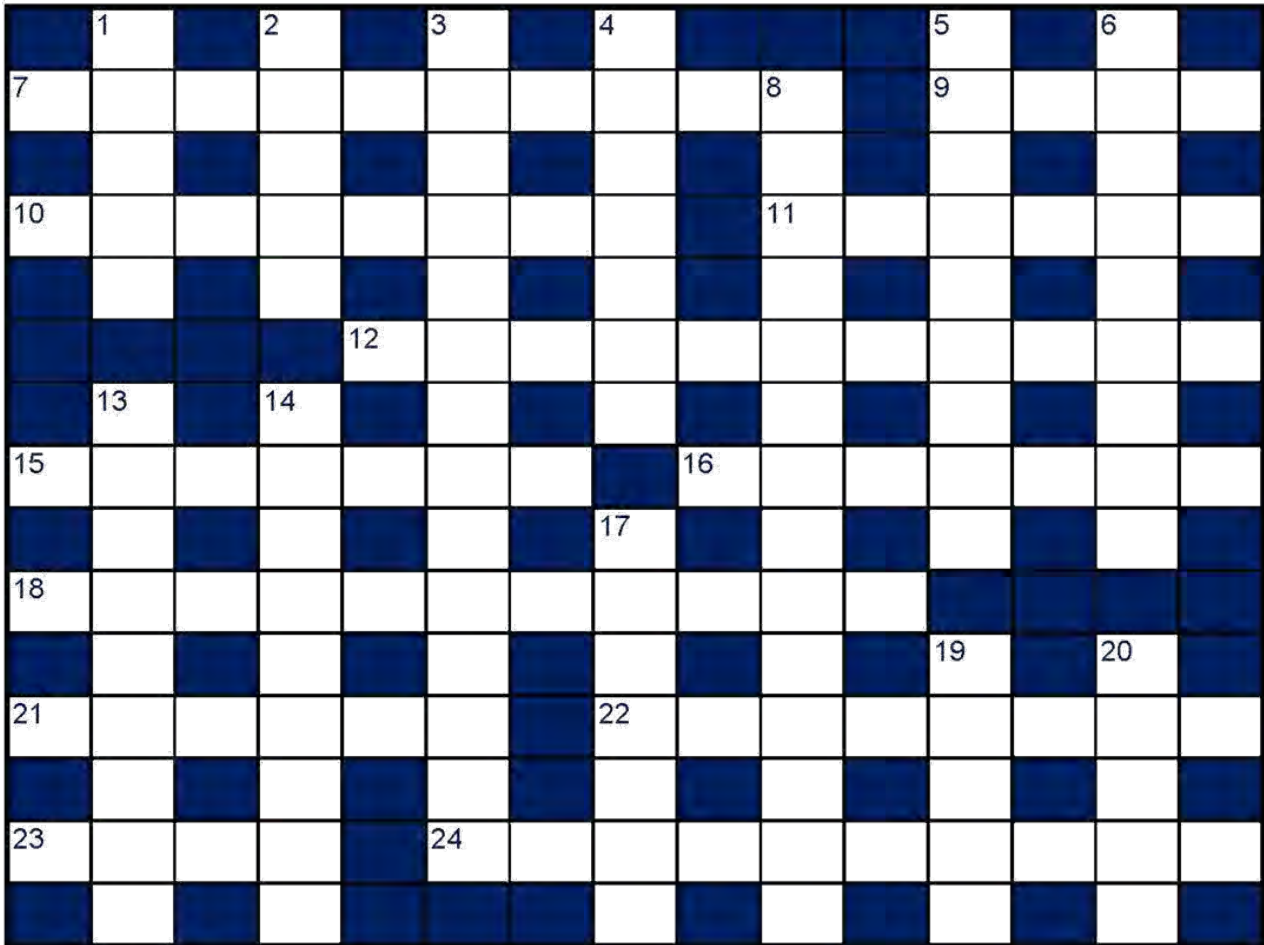


Join us on Facebook:
Kessingland Community Kitchen & Wildlife Garden





No: 101-24



Across:

- 7 Manicurist's varnish (4,6)
- 9 Vehicle for hire (4)
- 10 Dignified demeanour (8)
- 11 Kerbside channel (6)
- 12 Without any question (11)
- 15 Clasp, hug (7)
- 16 Split second (7)
- 18 BBC sitcom about the Brockman family (11)
- 21 Shed against a wall (4-2)
- 22 Island off south-east India (3,5)
- 23 Complicated swindle (4)
- 24 Athletics field event (6,4)

Down:

- 1 Tie the knot (5)
- 2 Covering for the hand (5)
- 3 Mixture used for growing plants in containers (7,7)
- 4 Secret assignment (7)
- 5 Sculpture such as an Oscar (9)
- 6 Very good indeed (9)
- 8 Earl of Grantham actor in *Downton Abbey* (4,10)
- 13 Cheeky behaviour (9)
- 14 Product's identifier (5,4)
- 17 Disclose accidentally (3,4)
- 19 Dixieland stringed instrument (5)
- 20 Be unduly thrifty (5)

KESSINGLAND HELP IN NEED TRUST CHARITY NUMBER: 242755

The Kessingland Help In Need Trust was initially established in 1965 and its objective is to help those in need within the village. The kind of things we are able to help with are:-

- Essential Household items e.g. cooker, washing machine, fridge, beds etc.
- Appropriate Garden Services and Household/Building Repairs
- Help Towards Funeral Costs
- Help with costs of Hospital Visiting
- Essential clothing, e.g. Children's winter coats
- Veterinary bills
- Signposting to other expert organisations

For further information or for an electronic application form, please contact the Clerk to the Trust at clerk.khint@hotmail.com.

Disability Advice

North East Suffolk

Free, Impartial & Confidential



#IAMConfident



I am a Mental Health First Aider +

We offer a **FREE** Information & Advice, for anyone with a Disability, their carers, family or professionals.

Our Adviser will be at Marram Green, Kessingland, in the Kittiwake Room, between 9.30 & 12.30 for a drop-in service to assist with your enquiries such as benefits, transport, mobility, grants.

Next drop in – 31/01/24, 28/02/24, 27/03/24, 24/04/24, 29/05/24, 26/06/24, 31/07/24, 28/08/24, 25/09/24, 30/10/24, 27/11/24.

Contact us for details
01502 511333

info@danesonline.co.uk

DANES will next be at Marram Green on 28th August, 9:30am – 12:30pm

Help & Support in the Community



Kessingland Parish Council



If you, or someone you know, are worried about the increasing cost of living, please use the contact details below:



For help with Local Welfare Assistance Scheme & Household Support
www.suffolk.gov.uk/costofliving
 0345 606 6067



For help with Finances/Food & Essentials/Fuel & Energy/Housing
www.eastsuffolk.gov.uk/community/squeeze
 0333 016 2000



For general enquiries
www.kessinglandparishcouncil.co.uk
 01502 744367
admin@kessinglandparishcouncil.org.uk

Where you can get information & advice about what help & services are available to you.

Further information will be published in future issues of The Village News

New from April: Drop in at Kessingland

Whatever the problem, we're here for free, impartial and confidential advice



Face to face drop in KESSINGLAND

First Monday every month 10.00am to 12.00pm

Marram Green Kessingland NR33 7AH

Call us on 0808 278 7866 or email us via caes.org.uk



Our offices are in :
 Beccles • Felixstowe • Leiston
 • Lowestoft • Woodbridge plus
 outreach centres across the region

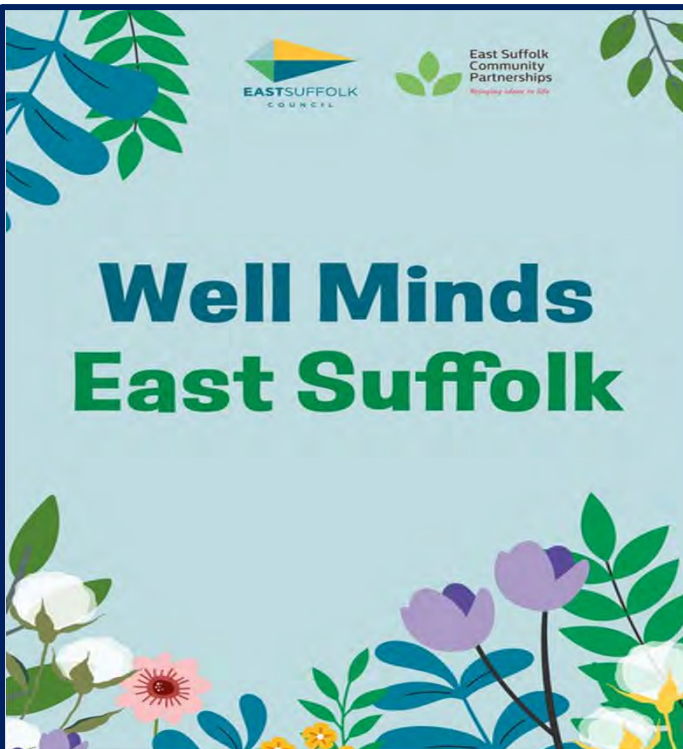
SUFFOLK LIBRARIES

FREE PRIDE AND PERIODS MENSTRUAL PRODUCTS HERE

Take a look at what we have available on our community shelves. No need to apply, no questions asked.



Kessingland Library, Marram Green, Hall Road, NR33 7AH



Well Minds East Suffolk

There is a wide range of mental health support available in East Suffolk but sometimes it can be difficult, especially at a time of crisis, to know where to look for this information. East Suffolk Council's new 'Well Minds East Suffolk' booklets contain mental health advice, information, and details of local support services for people of all ages in need of help with their mental health. 10,000 booklets have been produced and are being delivered to community settings across the district, including libraries, community centres and the Council's network of Warm Welcomes. You can also view the booklet at <https://eastsuffolk.co.uk/wellminds>. The booklets were funded by the Community Partnership Board and two local Community Partnership

How do you deal with nuisance calls?

Suffolk Trading Standards have put together the following top tips to help reduce the scam and nuisance calls that you might be receiving:

1 - Register with the Telephone Preference Service (TPS). This will stop legitimate companies from making unsolicited sales and marketing calls to your phone number, so when you receive a call, you'll know a scammer is on the other end of the line.

2 - Consider installing a call blocker. Talk to your home phone provider. Most of the major landline phone providers now offer a free service to reduce the number of nuisance calls that you receive.

3 - Screen your phone calls. Consider only answering calls from numbers you recognise. Legitimate callers are likely to leave a message.

4 - Call 159 if you receive a call claiming to be from your bank. When you call, you'll be put through to your bank's genuine customer service line. Be aware that scammers may be able to keep your phone line open even after you've hung up, so if you hang up on a dodgy call, use a different phone to call the company back on a trusted number or wait for at least 10 to 15 minutes.

5 - Report phone scams.



How to report phone scams:

Registering with the Telephone Preference Service will stop you getting nuisance calls, but if someone's still bothering you 28 days after registering, then report them to the Telephone Preference Service.

You can report nuisance calls or texts to the Information Commissioner's Office. They can fine companies that break the law.

Companies calling you about PPI claims, personal injury claims or other claims can't call you unless you've told them they can. If they call without your permission, you can report them to the Information Commissioner's Office.

If you receive a spam call on an iPhone, you can report it to your provider by texting the word 'call' followed by the phone number to 7726.

If you have an Android phone, text the word 'call' to 7726. You'll then receive a message asking you for the scam number.

For scam calls received on WhatsApp, open the WhatsApp chat with the dodgy phone number and tap 'block.' You can report the contact by tapping 'report contact' and 'block'.

You can also report scam calls to Action Fraud.



**SUMMER
FUN DAY**

- Ice-Cream Van
- Free Inflatables Fun
- Outside Bar & Barbecue
- Free Activities
- Indoor Refreshments
- Photo Boards
- Tug o'War Competition
- Free Face Painting

BANK HOLIDAY MONDAY
26th August 2024, 11am – 4pm

Kessingland Sports & Social Centre
Francis Road, Kessingland NR33 7PU



Kessingland United Working Men's Club



The Avenue, Kessingland, Lowestoft, Suffolk NR33 7QD
Telephone No: 01502 740218
Email: clubsecretarykuwmc@outlook.com
Website: www.kuwmc.co.uk

Classic Car Show

Saturday August 24th 2024 11am—4pm



Classic Cars or Motorcycles Welcome



Prize for Best Turned out Vehicle



Bottle Tombola
5 Tickets £1

Donations Gratefully received



Bowls Open for a Roll Up

Come and have a roll up at the bowls club. Equipment supplied, just wear flat shoes.



Bottle Tombola

Baking Competition

See separate poster or ring Sandra on

01502 742412

or

swarner2@sky.com



Baking Competition



Craft Stalls
Various craft stalls
£5 per Table

Bar and Refreshments available

Donations of Cakes, Sausage rolls etc. gratefully received

Affiliated to the CIU

Society Registration No: 4343 VAT Registration Number: 105 2958

Kessingland United Working Men's Club
The Avenue, Kessingland NR33 7QD
T: 01502 740218 / E: clubsecretarykuwmc@outlook.com / W: www.kuwmc.co.uk

SUMMER Baking Contest

Under 10's 3 x Butterfly Cakes or 5 x Flapjacks	11-16yrs 3 x Decorated Cupcakes or 5 x Biscuits	Adults Decorated Sponge or 5 x Sausage Rolls
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Saturday, 24th August 2024

Competition entries need to be delivered to the Club by 10:15am for judging at 10:30am
Name & Contact Number (plus age for Children's group) under plate

For more information, please contact Sandra Warner:
T: 01502 742412 / E: swarmer2@sky.com

MANOR FARM CARE HOME

SUMMER FETE

SUNDAY 4TH AUGUST 2024

2PM - 4PM

- . BBQ & REFRESHMENTS . RAFFLE . STALLS
- . TOMBOLA . NATALIE WILLIS
- . ANGIE'S CURIOUS CREATURES & LOTS

MORE...

ALL FUNDS RAISED GO TOWARDS THE RESIDENTS FUND
Manor Farm Care Home, 82 Church Rd, Kessingland NR33 7SJ

Made with PosterMyWall.com

Warren Association
Charity Number 289578

Christmas Craft Fayre

Saturday 30th Nov 2024

WARREN SCHOOL CLARKES LANE
OULTON BROAD NR338HT

FREE ENTRY, HANDMADE CRAFTS AND UNIQUE GIFTS, RAFFLE, BAKED GOODS, REFRESHMENTS AND A SPECIAL VISIT FROM SANTA!

11AM - 3PM

WARREN ASSOCIATION TRUST

Visit us on

AFRICA BY NIGHT

3RD AUGUST
5:00 - 8:30PM

All Tickets £10.00

Members Go FREE

AFRICA ALIVE RESERVE

JACK OLLETT PRESENTS. Highlights

*A performance featuring
favourites of both fans and
myself, from the last two
decade's of shows.*

St Edmunds Church Kessingland.
Wednesday August 7th
6:30 pm to 7:45 pm

Raising money for
the renovations to
St Edmunds.

No ticket needed.
donations on the
door if you're
able. but all are
welcome
regardless.
a selection
of
refreshments
will be
served after



Community Noticeboard

Events, Competitions & Local Groups



Fun Dog Show

Sunday 4th August 2024
Sign in from 9am Judging starts at 10:30am

Rosettes & Prizes
1st to 3rd Place

Raffle To be held at
Unicorn Alpaca Walks
Church Farm, Shipmeadow, Beccles. NR34 8HJ

Pedigree:
 1. AV Puppy - under 1 year
 2. AV Adult - 1 to 6 years
 3. AV Veteran - 7+ years
 4. Sporting
 5. Non Sporting

Novelty £2 per class
 11. Pretty Girls
 12. Handsome Boys
 13. Movement
 14. Child Handler - under 18 years
 15. Adult Handler - 18 years +
 16. My Best Friend
 17. Rescue/Rehome
 18. Amazing Eyes
 19. Best Trick
 20. Fancy Dress

Best in Show and Reserve

Crossbreed
 6. Crossbreed Puppy - under 1 year old
 7. Crossbreed Adult - 1 to 6 years
 8. Crossbreed Veteran - 7+ years
 9. Crossbreed 2 Breed Mix
 10. Crossbreed 3 + Breed Mix

Best in Show and Reserve

Food Stalls Ringside Parking

All 3 Best in Show winners to compete for SUPREME in Show

PRINCESSES

AT EVERITT PARK CAFE

ENCHANTED KINGDOM

Come, partake in a day of fun and games with Andy The Clown and enchantment with your favourite princesses from the Enchanted Kingdom... Engage in games, singalongs and dance with the princesses!

- Meet and greet with personal photo opportunity -

Andy The Clown 11:30am to 3pm with Princesses visting 12 to 2pm

TUESDAY 6TH AUGUST
THE SNOW QUEENS
TUESDAY 13TH AUGUST
SNOW WHITE & AURORA

FREE EVENT

Supplied & funded EVERITT PARK CAFE - Please show your support & buy onsite Food & Drinks

SUMMER OLYMPIC FAMILY FUN

Wednesday mornings 10:30am - 12:30pm
7th August 14th August 21st August

Activities

- Games & crafts
- Story time
- Glitter tattoos & nail painting
- baby area

Address
LRBC Garden
Kirkley Park Rd, Lowestoft
NR33 0LQ
01502 514091

Refreshments
Cake and refreshments available

Fun for all The Family
0 - 11 years

LRBC
London Road Baptist Church
Registered Charity No: 1131765

Bands of Hope & Glory

Sparrows Nest Gardens, Lowestoft
On behalf of Ataxia UK registered charity (no. 1102391)
Free entry - Donations welcome
Enquiries: 01502 732798

Sunday 18th August 2024 - Noon

Grand Opening
Boopy Bear & Beepy Bear

Stage

- 12:30 Hot Cold Ground
- 13:15 June Glennie School of Dance
- 13:45 Rocket Fuel
- 14:45 Ballizzo Ballet
- 15:00 Visit from our mayor
- 18:30 Slick Division

Park

- Bric-à-brac stalls
- Jane Mason Jewellery
- Tini's Fudge
- Face painting
- Megan-Layla Artistry
- Cuddly Toy Giveaway
- Kirkley People's Forum
- True Colours of Lowestoft

Thank you to Connor Blowers

Fancy Dress
Prizes for best woodland creatures

Community Noticeboard

Activities & Groups: St Edmund's Church & Church Centre



Kessingland Gardeners Club



Programme 2024

- January 8th AGM followed by an illustrated talk by **Tony Brown**
- February 12th Not just slugs & snails that like hostas: **Ken Abel**
- March 11th From field to garden: **Jane Bastow**
- April 8th More about the Exotic Garden: **Andrew Brogen**
- May 13th Tony Brown Entertains
- June 10th Strawberry Fair
- July 8th All about Salvias: **Luci Skinner**
- August 12th Pelargoniums explained: **Ken Abel**
- September 9th An evening visit to the Exotic Garden: **Andrew Brogen**
- October 14th To be Arranged
- November 11th Dahlias and Begonias: **Donny Andrews**
- December 9th Christmas Party

**Meeting at
Kessingland Church Centre
Second Monday Monthly
7.30pm**

Chairman / Secretary: Tony Brown
31 Field Lane, Kessingland NR33 7QA
tonybrownrwt@gmail.com

Treasurer: Anne Henwood
01502 349068

Committee:
Margaret Crisp Ivy Tibbenham Len Allen Sue Lain

Why not come along and give it a try?

Choir Master: Colin Jobson
colinlinda108@icloud.com
Or

Come along on a Sunday morning at 10.45am and speak with Colin in person

EVERYONE is welcome at Kessingland Church

We currently have 11 choristers
We only have one male chorister and are seeking other male voices in addition to new female choristers

KESSINGLAND CHURCH CHOIR

Singing is good for you and FUN



If you would like to join us
(We are VERY Friendly and welcoming)

St Edmunds Ladies Group
Come...Bring a friend.
Tuesdays Monthly
Kessingland Church Centre
2-4pm
ALL WELCOME

ALL ARE WELCOME:
2nd Tuesday each month



Cinema Outings



Fun & Laughter

FREE of charge

PS...Men are also welcome

Speak to Anne 01502 7424654

**ALL are very
welcome to this very
friendly Group**



Tea, cake and friendship



Speakers

Community Noticeboard

Activities & Groups: St Edmund's Church & Church Centre




 Transformed by Christ. Prayerful. Pastoral. Prophetic.

Every Saturday 10am—12noon
Kessingland Church Centre
Saturday Coffee at St Ed's

CAKES 


FRIENDLY, WARM, SPACIOUS
FUN and LAUGHTER
QUALITY PRE-LOVED ITEMS
LOTS OF EASY PARKING
DISABLED ACCESS
WONDERFUL WELCOME
COME.....


 TOGETHER WE CAN DO IT
Craft for Children



Kessingland Church Presents



Small Wonders

Every Friday
 at the Church Centre
9.30 AM - 11.00 AM
 Newborn to School-age
FREE OF CHARGE

Arts & Crafts,
 Singing,
 Stories, Games



EVERYONE IS WELCOME





Available to Hire.
 Contacts Pat Briggs
 01502 740478

Parking, Disable Access & Toilets,
 Kitchen and Tables



Meetings, Children's Parties, Events.



'We play loads of fun games, do activities and challenges and sometimes get badges'
 Matilda



Rainbows

Girls play, learn and have tons of fun
 for ages 4 to 7

At Rainbows, we welcome all girls to play, learn and have fun in a creative, safe space for all abilities.




Registered charity number: 206046

Join a local Rainbows group girlguiding.org.uk/joinus

Shotokan Karate Classes


First Two lessons free



Kessingland Sports & Social Centre
Francis Rd, Kessingland

Friday's 6 -7:30pm
Starting 2nd Feb 2024

Sensei Mark Owers
3rd Dan ESA Instructor



Family Class
age 7+

Email: kesskarate@btinternet.com

Kessingland


Friendship Club

The Kessingland Friendship Club meets at the KSSC on alternate Thursdays from 2.00pm until 4.00pm


Come and join in with us and make new friends, enjoy a cup of tea and a biscuit in convivial surroundings, join in the bingo and try and win the raffle !

The Friendship Club also organises and runs outings, social events and long weekend breaks for members and friends, so don't be left out – come along to one of our meetings and join in !

For more information, please contact Helen Sinfield on 01502 741424





Welcome!



DO YOU LIKE TO DANCE?

COME AND JOIN OUR GROUP **DANCING FRIENDS**

EVERY MONDAY EVENING
7.30pm
KESSINGLAND SPORTS & SOCIAL CENTRE
FRANCIS ROAD, KESSINGLAND, NR33 7PU

ALL TYPES OF DANCES, INCLUDING JIVE, ROCK 'n' ROLL, MODERN DANCE, LINE DANCING etc
 IF YOU JUST ENJOY DANCING COME ALONG AND JOIN IN A FUN EVENING

ENTRANCE: £5.00 per person
 FOR MORE INFORMATION, RING: SUE DYER 07731 380691

KESSINGLAND



CLUB

WE ARE A FRIENDLY CLUB LOOKING FOR NEW MEMBERS

WE LOOK FORWARD TO SEEING YOU THERE!

KESSINGLAND COMMUNITY CENTRE
FRANCIS ROAD
KESSINGLAND

WE MEET EVERY TUESDAY & FRIDAY AFTERNOONS 1.45 PM FOR START AT 2PM UNTIL 4PM

PAY & PLAY, NO MEMBERSHIP FEE

£3.00 PER SESSION INCLUDING REFRESHMENTS

FIRST TIME? PLAY FOR FREE

FOR FURTHER INFORMATION PLEASE CONTACT:-
WAYNE THOMPSON ON 07557 030442

Community Noticeboard

Activities & Groups: Kessingland Sports & Social Centre



BOOST FUNDS FOR OUR CAUSE

JOIN OUR LOTTERY!

- Help us raise money to help keep the KSSC open. Win prizes of up to £25,000!
- Tickets only cost £1 per week
- 50% of all tickets sold from our page go to us!

PLAY NOW:
SCAN THE QR CODE OR GO TO www.onelottery.co.uk
AND SEARCH FOR: Kessingland Sports

GambleAware 18+

KESSINGLAND YOUTH CAFÉ

AUGUST 2024

Wednesday 7th: Choice of Activities 	Wednesday 21st: FREE Pizza Night
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6:30pm to 8:30pm

Age Group:
10 to 16yrs

FREE ACTIVITIES at the KSSC Francis Road Kessingland

SNACK SHOP

Other Groups at the KSSC:

Tuesdays:

- Waveney Table Tennis
10am – 12pm
- Short Mat Bowls
2pm – 4pm
- Badminton
7pm – 9pm

Wednesdays:

- Knit and Natter
9:45am – 11:45am
- Youth Café (1st & 3rd Wednesdays)
6:45pm – 9pm

Thursdays:

- Chair-based Exercise
9:30am – 10:30am
- Pilates
6pm – 7pm
- Model Flying Club
7:30pm – 10pm

Fridays:

- Shotokan Karate
6pm – 7:30pm

For Bookings:

- Telephone: 07729 384705
- Email: ksscbooking@hotmail.com

Community Noticeboard

Activities & Groups: Kessingland Library & Marram Green



SUFFOLK LIBRARIES WHERE I BELONG

Regular Library Activities

SUNDAY	10:30-12 - Craft & Play
TUESDAY	10am - Baby Bounce
TUESDAY	11-11:45 - Stay & Play
WEDNESDAY	2:45 - Bingo
FRIDAY	10am - Baby Bounce
FRIDAY	2:30pm - Scrabble
FRIDAY	2pm - BYO craft club

Take a look at our website for all our activities
 Don't forget to follow us on Facebook!
 Find us at: Marram Green, Hall Road, NR33 7NY
suffolklibraries.co.uk/kessinglandlibrary

By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate

SUFFOLK LIBRARIES WHERE I BELONG

SCRABBLE

Every Friday
2:30pm

JOIN US FOR SCRABBLE ON A FRIDAY AFTERNOON

£1 PER PLAYER WITH HOT DRINK AND SWEET TREATS INCLUDED

SUFFOLK LIBRARIES WHERE I BELONG

BINGO!

Every Wednesday in Marram Green Cafe

Hot drink and biscuits included plus prizes for every round.

£1

2:45pm

Meet new people or bring a friend!

SUFFOLK LIBRARIES WHERE I BELONG

BABY BOUNCE & TOT ROCK

FREE ACTIVITY UNDER FOURS

Tuesdays & Fridays
10am

Followed by a cuppa & biscuits

SUFFOLK LIBRARIES WHERE I BELONG

FOR STITCH DROPPERS

Craft Club

2pm Friday

at Kessingland Library
£1.00 including refreshments

SUFFOLK LIBRARIES

SUFFOLK LIBRARIES WHERE I BELONG

CHILDREN'S CRAFT

Saturdays & Sundays 10:30-12:00

FUELLED BY IMAGINATION

By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate

SUFFOLK LIBRARIES WHERE I BELONG

"There is more treasure in books than in all the pirate's loot on Treasure Island."

Walt Disney

Look out for the new Summer Reading Quest,

Community Noticeboard

Activities & Groups: Kessingland Library & Marram Green



CHAIR YOGA

Gentle exercise designed for people with mobility issues

Come & join us for a chair yoga class led by Jan Lacey, BWY Dip. a qualified & experienced British Wheel of Yoga teacher

Every Thursday
11:00 until 12:00

£5.00 per session

The Spinnaker Room
Marram Green (Ground Floor), Hall Road, Kessingland

Y
O
G
A

Marram Green

coffee and friends events

Supported by Kessingland Parish Council

Formerly MeetupMonday

We're Back!

Do you feel like the weekend has dragged?
Are you fed up with your own company?
Maybe you are new to the area?

You are invited to come along and enjoy a free cuppa, cake or biscuit & a friendly chat.

COVID SAFETY

For everyone's safety, when arriving for the first time, you will be asked to provide contact details.

Rural Coffee Caravan is a registered charity. No.1187423

Mates on Monday

Marram Green
Community Lounge
Hall Road
Kessingland
NR33 7AH

Join us on
Mondays
(except Bank Holidays)
10.30 am until 12.30pm

SUFFOLK LIBRARIES

KESSINGLAND LIBRARY

CROSSWORD COMPETITION

£1 PER SHEET
RETURN COMPLETED
TO ENTER PRIZE
DRAW

Monthly crossword competition created specially for Kessingland Library

Other Groups at Marram Green:

Tuesdays:

- Yoga with Aleyna (Spinnaker Room) 1:30pm – 2:30pm

Wednesdays:

- Kessingland Art Group (Spinnaker Room) 1pm – 3pm

Thursdays:

- Yoga with Aleyna (Spinnaker Room) 6:30pm – 7:30pm

For Compass Suite Bookings:
Telephone: 01502 744367
Email: admin@kessinglandparishcouncil.org.uk

Volunteering Opportunities



MAKE A CHANGE BECOME A COUNCILLOR

Could you be a voice for your community?

Do you think that you would represent a different group of people on the Parish Council?

Do you have strong views about what Kessingland Parish Council should be doing?

Do you know what the Parish Council can do?

Kessingland Parish Council has a vacancy for a new councillor

If you're over eighteen years of age and live or work within Kessingland (or within three miles of the Kessingland boundary) and do not have any of the disqualifying criteria, then we would like to hear from you! Especially if you are different than the people already on the council. Kessingland is a diverse community, and the council wants to recognise, celebrate, and represent that diversity. The key qualities for a councillor are to keep an open mind and to listen to, learn about, care for and represent your community to the best of your ability.

Applying is easy, there is a short form which you can collect from the parish council or download online. Just complete and either email or drop it off at the council. You'll be invited to attend a Parish Council meeting (generally the second Wednesday each month) and tell the council more about yourself, what you can bring to the council and what you would like to achieve for the community.



If you are interested or want to know more, please speak to one of the current councillors or contact the council office. There is more info as well as information on a range of different local councillors nationally at:
<https://www.nalc.gov.uk/our-work/local-elections#what-do-local-councils-and-councillors-do>



Kessingland Parish Council, First Floor, Marram Green, Hall Road, Kessingland NR33 7AH
Telephone: 01502 744367, Email: admin@kessinglandparishcouncil.org.uk, Web: www.kessinglandparishcouncil.co.uk

KESSINGLAND HELP IN NEED TRUST

VACANCY FOR VOLUNTEER CLERK/SECRETARY

Kessingland Help In Need Trust are seeking an experienced administrator to provide clerical and financial support to the Trust.

The Trust receives applications from members of the Kessingland Community who are in need of assistance due to financial reasons. Therefore a basic knowledge of data protection and an empathetic manner is important.

You would be required to take minutes and prepare agendas for their quarterly meetings.

In addition to this, you would need to record expenditure and income and prepare annual accounts.

The Trust owns a number of plots of land for which it receives annual rent and from time to time there is administration required relating to this land.

Hours of Work

On average, you would only be required to work a couple of hours per month, but this may vary according to demand.

Experience Required

A general knowledge of Email, Word and Excel is required and a basic understanding of the Data Protection Act would be useful, although not essential.

Salary

As this is a voluntary position, there is no salary, but an annual payment is made to cover Clerk expenses.

Please contact the current Clerk for a more detailed job description or any other information at clerk.khint@hotmail.com

KESSINGLAND YOUTH CAFÉ

Our Youth Café
is looking for Volunteers to help us run our club which provides
a safe environment for Kessingland's young people

Volunteers Needed
for our
**YOUTH
CAFÉ**

The Café is run on the 1st and 3rd Wednesdays of each month from 6:30pm until 9:30pm.

Duties include:

- Assist with setting up & running activities.
- Safeguard our young people.
- Be a positive role model.

DBS check & full training given.

For more details & an application form, please contact the Parish Council office:

Kessingland Parish Council
T: 01502 744367
E: admin@kessinglandparishcouncil.org.uk

Volunteering Opportunities



VOLUNTEERS WANTED

Are you fed up with seeing litter all over the place?
 Fed up with seeing overgrown paths & alleyways?
 Street signs that are so dirty they are difficult to read?

If so, would you be prepared to give up an hour or two each week, on a day to suit you or as part of our organised group on a Monday & Friday morning, to make this village a better place to live and visit. All equipment will be provided.

For more information, please contact the Council office:

Telephone: 01502 744367
 Email: admin@kessinglandparishcouncil.org.uk



Kessingland Parish Council
 Parish Council Office, First Floor, Maram Green, Hall Road, Kessingland NR33 7PP
 Telephone: 01502 744367
 Email: admin@kessinglandparishcouncil.org.uk
 Web: www.kessinglandparishcouncil.co.uk



Bact Community Transport Appeal

Bact community transport are struggling to meet an increasing demand for passenger trips. Passengers are so grateful for all the journeys we undertake, but we are victims of our own success and we are now turning passengers down who really need our help.



- Do you have a few hours each week to spare to drive a car, van or minibus?
- Do you like meeting new people?
- Do you enjoy driving?

We would love to speak tell you about volunteering opportunities in Bungay, Beccles, Lowestoft, Harleston, Loddon and the surrounding areas.

Call us on 01986 896896 or email on info@bactcommunitytransport.org.uk



Pakefield Coastwatch

Can you spare 3-4 hours per week?

VOLUNTEERS NEEDED

to assist us in safeguarding our seas and coast.

Full training given.

Contact our Station Manager on
07788 377501

Pakefield Coastwatch is a registered charity. No. 1178259

Volunteering

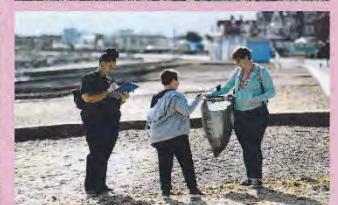
Regular tasks on Tuesdays and Fridays across the Suffolk & Essex Coast & Heaths National Landscape.

All training provided, no experience necessary, come along and learn new skills & meet new people.

Find out more



- Habitat management and creation
- Biodiversity projects
- Tree and hedge planting
- Beach surveys
- Surveys and walking promoted routes



Community Recycling



Kessingland Church Centre Carpark **CLOTHES BANK**

Serving our Community.
Serving those in need



**Support Suffolk Libraries:
Donate to our fundraising
RECYCLING SCHEME**

WE'RE A CHARITY

suffolklibraries.co.uk/support-us

- ♻️ OLD AND FOREIGN CURRENCY
- ♻️ MOBILE PHONES
- ♻️ STAMPS
- ♻️ TABLETS AND GAMES CONSOLES

**BOOKS /
USED PRINTER CARTRIDGES**

Kessingland Library
Marram Green, Hall Road, Kessingland NR33 7AH

UNWANTED / USED BATTERIES

Kessingland Co-op
44-48 Field Lane, Kessingland NR33 7QA

Kessingland Library
Marram Green, Hall Road, Kessingland NR33 7AH



GLASS & BOTTLE RECYCLING

Kessingland United Working Men's Club
The Avenue, Kessingland NR33 7QD

The Sailor's Home
302 Church Road, Kessingland NR33 7SB

Useful Contact Information



Local Telephone Numbers

East Suffolk Council (Customer Services)	0333 0162000
East Suffolk Council (Out of Hours Emergency)	0800 440 2516
East Suffolk Council (Automated Payments)	0300 7900509
Kessingland Parish Council	01502 744367
Jess Asato MP (Lowestoft)	jess.asato.mp@parliament.uk
Citizens Advice Bureau	01502 518510
Disability Advice North East Suffolk (DANES)	01502 511333
Suffolk County Council Highways (if immediate danger to life) or online at www.highwaysreporting.suffolk.gov.uk	0345 6066171
Kessingland Doctors (Longshore Surgery)	01502 740203
Kessingland Pharmacy	01502 740251
James Paget Hospital A and E	01493 452200
NHS Helpline	111
Police - Emergency Only	999
Police - Non-Emergency	101
or online at www.suffolk.police.uk/contact-us/report-something	
Coastline Vets (Carlton Colville)	01502 531999
Three Rivers Vets (Kessingland)	01502 741988
Pakefield Vets (Pakefield)	01502 664656
Wangford Vets (Wangford)	01502 578999
Kessingland Library	01502 741212
St Edmund's Church	01502 743154
Kessingland Primary Academy	01502 740223
Kessingland Sports & Social Centre	07729 384705
Kessingland United Working Men's Club	01502 740218
Kessingland Women's Institute	01502 740785

National Organisations and Helplines

Age Concern	0800 6781602
Childline	0800 1111
NSPCC helpline	0808 800 5000
Cruse Bereavement Support	0808 8081677
Samaritans	116 123
Macmillan Cancer Support	0808 8080000
Mind Infoline	0300 1233393
Alcoholics Anonymous	0800 9177650
Refuge National Domestic Abuse Helpline	0808 2000 247
RSPCA helpline	0300 123499
RSPCA (Mid Norfolk and North Suffolk branch)	0303 040 1565
Action Fraud (Fraud & Cyber Crimes)	0300 123 2040
Suffolk Trading Standards	0808 223 1133

Crossword Corner - Solutions



The Village News welcomes contributions from everyone within the Parish; news, photographs and reports from village organisations are particularly welcome but contentious issues or articles promoting personal causes should be avoided – the Editor reserves the right not to print items and to edit items submitted for publication.

The views expressed in the Village News, unless stated as such, are not those of the Editor or the council, and no liability can be accepted for any error or omissions although we will publish corrections.



If you would like to submit articles or cover photographs, the deadline for copy is 12 Noon on the 24th of each month.

Please send submissions to the Editor – jmclean@kessinglandparishcouncil.org.uk
Articles can be half or full page.

If you would like to advertise in the Village News (Kessingland businesses only), please contact the Parish Council on 01502 744367 for more information & subscription rates.



Large Village of the Year
2023



Community of the Year
2023

Crossword Solutions 101-24

- Across:**
- 7 Nail polish 9 Taxi 10 Gravitas 11 Gutter 12 Undoubtedly
 - 15 Embrace 16 Instant 18 *Outnumbered* 21 Lean-to 22 Sri Lanka
 - 23 Scam 24 Triple jump
- Down:**
- 1 Maïry 2 Glove 3 Potting compost 4 Mission 5 Statuette
 - 6 Excellent 8 Hugh Bonneville 13 Impudence 14 Brand name 17 Let slip
 - 19 Banjo 20 Skimp