



The Village News

February 2025

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Photo Credit: Jane George

Parish Council Meetings February 2025

Full Council:

- Wednesday 12th February, 7:00pm

Finance & Governance:

- Wednesday 12th February, 10:30am

Planning & Highways:

- Wednesday 5th February, 10:00am
- Wednesday 19th February, 10:00am

Personnel:

- No meetings scheduled

Leisure & Community Engagement:

- No meetings scheduled

The dates & minutes of all the committee meetings are listed on the parish council website: www.kessinglandparishcouncil.co.uk. The public & press are all legally entitled to attend such meetings and submit any questions relevant to the agenda.

To receive The Village News by Email, sign up here:
<http://eepurl.com/hHHSZv>



Join us on Facebook
Friends of Kessingland Parish Council

Your Parish Councillors



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Chair of Council

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Vice-Chair of Council

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Danielle Pope-Brannon
Councillor

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Kessingland Parish Council consists of 13 members, including a Chair and Vice-Chair
The Council has 4 committees which deal with different areas of Council business.

Planning & Highways Committee

Councillors:
Chair: C. Carter
Vice-Chair: I. Graham
B. Saunders, N. Glendinning, C. Cook

Finance & Governance Committee

Councillors:
Chair: A. Green
Vice-Chair: I. Graham
N. Glendinning, J. McLean, C. Cook,
B. Saunders, J. Ollett

Personnel Committee

Councillors:
Chair: N. Glendinning
Vice-Chair: C. Carter
C. Cook, I. Graham, A. Green

Leisure & Community Engagement Committee

Councillors:
Chair: I. Graham
Vice Chair: J. McLean
C. Carter, C. Cook, A. Green, L. Hood,
D. Boyle, J. Ollett

As well as sitting on its 4 Committees, some councillors take on designated responsibilities and others represent Kessingland on outside bodies. These are listed below:

Beach Wardens

North – Cllr D. Boyle
South – Cllr S. James

Benacre & Kessingland Flood Group

Cllr S. James

Kessingland Events Group

Cllrs J. McLean, C. Cook,
D. Boyle, L. Hood, J. Ollett

Community Garden Co-ordinator

Cllr J. McLean

Kessingland Marsh

Cllr D. Boyle (Warden)
D. Fox (Deputy Warden)

Village & Beach Clean-Up Co-ordinator

Cllr D. Boyle

Community Fridge

Cllr C. Cook, Cllr J. McLean,
Cllr L. Hood

Hidden Needs Forum

Cllr C. Cook, Cllr J. McLean,
Cllr C. Carter, Cllr L. Hood

Kessingland in Need Trust

Cllr L. Hood, Cllr D. Boyle

Youth Culture Board

Chair & Vice Chair of Council,
Cllr J. McLean, Cllr I. Graham

Kessingland Sports & Social Centre

Cllr C. Cook

ESC Community Partnership

Cllr J. McLean, Cllr I. Graham,
Deputy Parish Clerk

Suffolk Police

Cllr C. Carter, Cllr L. Hood

Suffolk Bus Passenger Interest Group

Cllr A. Green

Community Speed Watch & SID Co-ordinator

Cllr D. Pope-Brannon

SALC Climate Forum

Cllr A. Green, Parish Clerk

Kessingland Parish Council Staff



Kessingland Parish Council

Office Hours:

Monday – Wednesday & Friday, 10am – 3pm
Closed on Thursday

Telephone:

01502 744367

Email:

admin@kessinglandparishcouncil.org.uk

Website:

www.kessinglandparishcouncil.co.uk



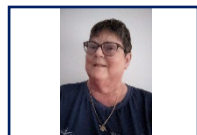
Parish Clerk & RFO:
Neil Coleby



Acting Parish Clerk & RFO:
Shelley Hogg



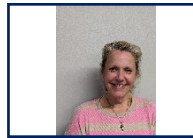
Admin/Committee Clerk:
Debbie Blowers



Senior Youth Leader:
Christine Smith



Youth Leader:
Daniel Fisk



Youth Leader:
Amanda Loud



Cleansing Operative:
Ruth Hill



Cleansing Operative:
Niall McLean

General Maintenance:
Darren Haward

District & County Councillors



County Councillor:
Michael Ladd

Michael has been the Suffolk County Council councillor for Kessingland & Southwold since 2013. He is currently the Chair of the Scrutiny Committee which is part of the arrangements for making sure the Council carries out its responsibilities properly and scrutinises the decisions of the cabinet and committees to ensure that procedure and the law have been properly followed.

Michael's other key role is liaising with his constituents and the parish councils that he represents, helping with matters relating to his role as a county councillor and raising matters with Suffolk County Council. Michael actively attends as many monthly Parish Council meetings as he can, and also takes an active involvement with the parish council's quarterly meetings with Suffolk County Councils Highways Department. Michael also is involved with the East Suffolk Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: 01502 675603
Email: michael.ladd@suffolk.gov.uk

Alan was appointed as the East Suffolk Councillor for Kessingland in the 2023 elections. He is also Chair of the Carlton Colville, Kessingland and Southwold Community Partnership.

Alan's other key role is liaising with his constituents and also Kessingland Parish Council, helping with issues relating to his role as a district councillor, and also representing Kessingland's views at district council level. Alan actively attends Parish Council meetings as well being involved in the Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: 01502 741888 / 07818 563003
Email: alan.green@eastsuffolk.gov.uk



District Councillor:
Alan Green



Councillor Surgery

with **Councillor Alan Green**

District Councillor for the ward of Kessingland

Telephone: 07818 563003

Email: alan.green@eastsoffolk.gov.uk



**Every Saturday
from 10am until 12pm**

**"Saturday Coffee at St. Ed's"
Kessingland Church Centre
Church Road
Kessingland**

An opportunity for residents of Kessingland to come and chat with me about any concerns or queries they would like my help with.

ALL WELCOME



Jess Asato MP celebrates ‘fantastic day for Lowestoft, Beccles, and the surrounding villages’ following Labour Government’s green light for the James Paget Hospital rebuild.

Following the publication of the Labour Government’s review of the New Hospital Programme yesterday, funding has been confirmed and a green light given for the James Paget Hospital rebuild. Jess Asato MP described the scheme as ‘desperately needed’ and said that ‘after years of false hope, residents in Lowestoft, Beccles, and the surrounding villages will today breathe a sigh of relief that we finally have a timetable for delivery thanks to Labour.’

There had previously been years of uncertainty as to whether the scheme would go ahead. The New Hospitals Programme, announced by Boris Johnson in 2020, promised ‘40 new hospitals’ but was delayed by years and not a single new hospital had been constructed by the time the Conservatives left office. Upon coming into power, Labour found that the funding for the programme was shockingly due to run out in March 2025. A review of the programme was announced after the election in order to provide a realistic and affordable timetable for delivery and to give patients an honest, realistic, deliverable timetable that they can believe in.

The outcome of that review was announced Monday 20th January, and the New Hospitals Programme has now been put on a sustainable footing, with a timeline that can be met, and a budget that is consistent with the fiscal rules that the Labour Government is operating under. James Paget Hospital will be part of the first wave of hospitals to be rebuilt, with construction set to begin in 2027-28. The project will prioritise replacing the most affected RAAC-constructed buildings first, followed by other areas of the hospital that remain operational. Key enabling works will include a new multi-storey car park, the relocation of the hospital helipad and solar farm, as well as improvements to utility infrastructure.

Jess Asato MP said: *“I am absolutely delighted. This is the news that residents in Lowestoft, Beccles, and the surrounding villages have been waiting to hear for far too long. For years we have been led up the garden path with false promises from the Tories about when this desperately needed scheme will finally be underway in our community. The James Paget Hospital is a vital lifeline for our local communities, providing essential healthcare services to thousands of people. Ensuring its facilities are safe and fit for the future is paramount, and I am proud to have fought for this outcome. It is thanks to this Labour Government that we now have a timetable for delivery, so patients finally get the care they deserve.”*



Wes Streeting, Labour’s Secretary of State for Health and Social Care said: *“Since the election, Jess Asato has been banging the drum day and night for the James Paget Hospital rebuild. The New Hospital Programme we inherited was unfunded and undeliverable. Not a single new hospital was built in the past five years, and there was no credible plan to build forty in the next five years. When I walked into the Department of Health and Social Care, I was told that the funding for the New Hospitals Programme runs out in March. We were determined to put the programme on a firm footing, so we can build the new hospitals our NHS needs. We are setting out an honest, funded, and deliverable programme to rebuild our NHS. I am committed to delivering the James Paget Hospital rebuild and to rebuilding our NHS.”*



MP demands ‘best start in life’ for children on School visit

Families in Lowestoft, Beccles and the Villages will soon be able to access quality before-school childcare as Labour pushes ahead with its Children’s Wellbeing & Schools Bill to roll out free breakfast clubs across the country. Jess Asato MP recently visited Northfield St Nicholas Primary Academy to demand that children in Lowestoft, Beccles and the Villages get the ‘best start in life.’ During her visit to the school’s breakfast club, led by ‘Magic Breakfast’ and school staff, Jess Asato gathered evidence on how the Labour government’s plan to roll out free breakfast clubs for primary school children could transform the lives of families in the area.

New research has revealed that thousands of primary school children in Lowestoft, Beccles and the Villages could benefit from free breakfast clubs, boosting their attendance, attainment, readiness to learn, wellbeing, and behaviour. These clubs will also help parents work the jobs and hours they choose, saving them money on childcare and reducing the constraints of school drop-offs.

During her visit, Jess Asato heard from staff and families about the difference a free breakfast club makes to children’s daily experience at school, improving their focus and confidence. The MP’s intervention follows the Second Reading of Labour’s Children’s Wellbeing & Schools Bill, a landmark piece of legislation designed to ensure children and families have access to a free breakfast club at their local primary school. The Labour government kick-started the programme with an early adopter scheme, opening applications in November 2024, with a wider rollout beginning in April 2025. Funding for the programme was secured in Labour’s Budget, tripling investment in breakfast clubs to over £33 million.

The breakfast clubs are a key part of Labour’s mission to break the unfair link between background and opportunity. The Plan for Change sets tangible targets to make a difference to the lives of working people, with the Opportunity Mission focused on ensuring children have ‘the best start in life.’ Labour is committed to achieving record numbers of school-ready children, focusing on personal, social, physical development, communication, literacy, and maths.

Education Secretary Bridget Phillipson said: *“Breakfast clubs boost parents’ work choices as well as children’s life chances. They are integral to this government’s mission to break down the barriers to opportunity, so where you come from doesn’t determine where you end up in life. From helping with flexible working for families to improving behaviour and attendance, the supportive start to the day that breakfast clubs provide will help drive high and rising standards for every child. This Labour government has a Plan for Change that will give children growing up in our country the best start in life.”*

Jess Asato, MP for Lowestoft, said: *“Through my recent visit to Northfield St Nicholas Primary Academy, I’ve seen firsthand how valuable breakfast clubs will be for families in Lowestoft, Beccles and the Villages, boosting attendance and attainment while helping parents save money. That’s why it’s a shame these clubs were only available in one in ten schools under the Conservatives. Labour will make them available to every child. It’s clear to see that this is a child-centred Labour government, determined to give children in Lowestoft, Beccles and the Villages the best start in life.”*



The Labour government’s wider funded wraparound childcare offer – for all primary children to be able to access childcare between 8am-6pm – continues to roll out across the country. Labour is also developing an ambitious strategy to reduce child poverty and give children the best start in life, which will be published in Spring 2025. The Taskforce, led by the Work and Pensions Secretary and Education Secretary, is exploring all available levers across government to drive forward both short-term and long-term actions to reduce child poverty.



The groups' aims are:

- To identify where we can reduce our contribution to global emissions, and make a difference towards becoming environmentally sustainable, both as individuals and as groups.
- To find practical ways for the local community to meet the challenges of climate change.

Thermal Imaging Project:

This free of charge project is to assist Kessingland residents in seeing where there is heat loss from their homes, how that may be reduced and what grants and funding may be available. Reducing heat loss can lead to lower energy use & costs as well as cutting carbon emissions.

Volunteers in the group have completed their training sessions and are due to start carrying out some trials with a thermal imaging camera.

We hope to be able to offer thermal imaging of homes in February/March 2025.

If you are interested in having a free external thermal image survey, please contact us either on our facebook page:

Kessingland Community Climate Action Group

or by email: kccagroup@gmail.com

The next group meeting is on March 8th 2025, at 6.30pm at the Marram Green Centre.

All welcome, we hope to see you then!





Kessingland WI has around 36 inspiring Women members. Meetings are held on the 2nd Thursday of each month at Kessingland Working Men's club, starting at 7:30pm

On 3rd December our lunch club met at Chef's Fayre at Marram Green for our Christmas dinner, everyone enjoyed the food and company. Thank you to the staff at Chef's Fayre at Marram Green for the wonderful food and thank you to Sue Mickel for organising this wonderful event.

At our 12th December meeting we held our annual Christmas party, and we welcomed members from Blundeston & Flixton WI, Mutford & Rushmere WI and Ringsfield, Redisham & Weston WI. As this was our Christmas meeting, we had a party with entertainment provided by Bruce Aldred. The members and committee would like to thank him for providing this and we would like to thank the committee for arranging this. Members supplied food, and the committee provided drinks and the raffle prizes. The Craft Group made little angels for our guests as a present to say thank you for coming to our party. We also wished members who had their birthdays before our next meeting a very happy birthday. Members would like to thank our committee for the hard work they have done throughout 2024 and look forward to 2025's programme of events.

At our 9th January meeting we sang Jerusalem. Our speaker was Ina from **Ina's Pretty Things**. She explained how she got started making jewellery using recycled beads and using ecological jewellery clasps etc. She demonstrated how she makes wreaths etc from wool and fabric, she makes bracelets and necklaces and glasses chains and earrings. The results of the 2024 annual competition and bloom of the month competitions were announced, and these were as follows:

Annual Competition 2024:

- 1st: Margaret Parker who won a cup and prize.
- 2nd: Jill Traynier won a prize
- Joint 3rd: Sandra Warner and Pauline Shipley who both won prizes

The results of Bloom 2024:

- 1st: Pauline Shipley who won a cup and a prize
- 2nd: Connie Niblett who won a prize
- 3rd: Margaret Parker who won a prize.

January 2025 Competition, which had 3 entries, was 'make something different out of an old item of clothing':

- 1st: Pauline Shipley
- 2nd: Sue Mickel
- 3rd: Margaret Parker

Bloom of the month for January 2025, which had 4 entries:

- 1st: Margaret Parker
- 2nd: Pauline Shipley
- 3rd: Margaret Brooke

There is no craft group this month. The Walking Group went for a walk around Kessingland, and on February 20th they will be going to Gunton Woods. Our next open meeting is on Thursday 13th February 2025, our speaker will be **Tony Brown**, and he is talking about "**The Living Woodland**". The competition is "**A Woodland Photo**".

Article by Jill Traynier

For more information about joining or visiting Kessingland WI, please contact our President, Christine Mabb, on 01502 744255

Kessingland United Working Men's Club



The Avenue, Kessingland, Lowestoft, Suffolk NR33 7QD
Telephone No: 01502 740218 / Website: www.kuwmc.co.uk
Affiliated to the CIU

Doesn't time go quickly? Already a month gone since Christmas and New Year's Eve, events for both of which went very well. The decorations are down, ready to start 2025!

Music for February is:

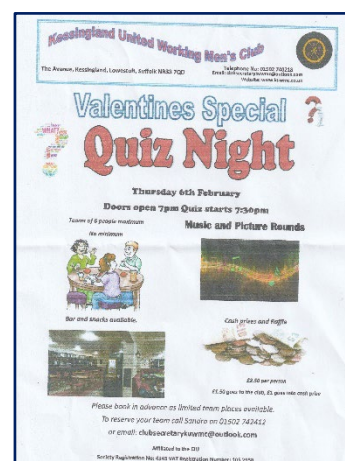
Saturday 1 st February	-	"Class Act"
Sunday 2 nd February	-	Country Club "Issy" (£7 on the door, over 18's only)
Saturday 8 th February	-	"Hi Definition"
Saturday 15 th February	-	"Just Andy"
Saturday 22 nd February	-	"Memphis Index"

Our next Quiz Night – a Valentine's Special – is on Thursday 6th February (£2.50), doors open at 7pm for a 7:30pm start.

Get your name's down so you don't miss out (maximum of 6 people per team). It's a great evening and very well attended.

To reserve your team place:

- please call Sandra on 01502 742412
- or email clubsecretarykuwmc@outlook.com



Our Darts team are still doing really well, come along and support them on a Friday night if they are playing a "Home" match. We also have a pool table for you to use.

Coming soon in May, there will be a talk from Mary Newton, a retired Forensic Scientist. More details will be available soon.

The hall is well used with Parties and other activities:

- Slimming World every Tuesday with two sessions.
- Line dancing lessons on Wednesdays.
- The W.I. meet every second Thursday in the month.
- Bingo on Monday evenings, Wednesday evenings and Sunday Lunch times - come and join us as more people means bigger prizes.

The club is a lovely venue for parties or other activities with a lounge for smaller groups and for Wakes they are free with a £50 returnable deposit. We have a large well-lit carpark and plenty of disabled parking, plus disabled entrance and toilet facilities.

The club is always looking for new members, it's £25 (less than 50p per week) with cheap bar prices – well worth joining.

We have also now joined the **ONE LOTTERY**, please support us.

President: R A Hood
Society Registration No: 4343

Secretary: R Gasking
VAT Registration No: 105 2958

Happy 2025!

Dear Members and supporters,

With the advent of the New Year and Spring soon to be upon us, thoughts turn to the welfare of our bird population; feeding them during this wintertime and looking forward to April and May, when they start looking for places to set up home.

We've got a variety of bird feeding tables and nesting boxes, so please pop along to the Shed and have a look. All we ask is a donation for the Shed, while we strive to raise funds for a new roof.



Standard nest box for Tits and Finches. There is an open-fronted version for Robins and Sparrows.



Bird Table on an optional stand

Also, are you thinking of booking a holiday?

Please use **#easyfundraising!** You can raise a BIG donation for Kessingland Men's Shed with TUI, Expedia, First Choice and many more travel providers at no extra cost to yourself! Plus, if you take their travel poll, you can get the best deals for your 2025 getaway and enter us into a prize draw to win £1,000! If you're not supporting us on easyfundraising yet, sign up here before you book:

<https://join.easyfundraising.org.uk/kessinglandmensshed/YAH12T/c2s/FzJmq30s/CE016/facebook/>

Also, our Repair Shop is open on the first Wednesday of the month between 9am and 1pm


KESSINGLAND MEN'S SHED


Repair Shop

FIRST WEDNESDAY OF THE MONTH	9am - 1pm
---	------------------

WE CAN REPAIR A RANGE OF ITEMS INCLUDING:

_____ Radios & Clocks _____

_____ Shear & Knife Sharpening _____

_____ Gardening Tools _____

Community Engagement Project

We are still welcoming new members, so pop down to the Shed, on Bethel Drive, for a coffee and a chat, where you can fill in a form if you want to join up or contact the Secretary on 07950 837083. Opening times are 9-1pm on Mondays, Wednesdays, Fridays, and Saturdays.



Kessingland Christmas Performances

Early Years and Key Stage 1:

Congratulations to our youngest children for their stunning Nativity performances! They were absolutely beautiful and served as a heartwarming reminder of the true meaning of Christmas.

Their hard work, joy and enthusiasm shone through, making this a truly special experience for everyone. Thank you to all who contributed and may this festive season bring peace, love, and joy to all!



Key Stage 2:

We were all incredibly proud of our KS2 pupils for their outstanding performances. Their hard work, dedication, and resilience have truly shone through. Each pupil has demonstrated commitment and excellence. A big thank you to the fantastic staff team for their unwavering support and encouragement and to our wonderful parents for your continued partnership with school.

Together, we are shaping a bright future, and I am excited to see what our brilliant pupils will achieve. We were amazed with the children's performances. To act in the way they did was incredible but to do this in just four short weeks was outstanding. We were brimming with pride at their efforts.

The children have worked exceptionally hard to close the term in beautiful musical fashion! It was such a joy to celebrate Christmas together, as a whole school community!



Our youngest children enjoy an exclusive performance at The Seagull Theatre



On Thursday 5th December, our youngest pupils joined Father Christmas, Buddy, Shine, The Snowman, and Rudolph for a wonderful Christmas show filled with jolly sing-a-longs, heartwarming Christmas magic, and more cheeky elves than you can shake a candy cane at. The children watched in awe as the elves prepared for the big night, and discovered a magical Snow Globe, along with the true spirit of Christmas. They enjoyed the festive surprises, laughter and a sprinkle of holiday cheer! They represented the school brilliantly, and their behaviour was exemplary. The children particularly enjoyed the lively dancing and bright costumes and were fully immersed in the Christmas spirit. Before leaving, the children received a special Christmas card from Father Christmas and his helpers making the day truly unforgettable.

Special thanks to our magnificent Friends of Kessingland School and the Local Parish Council for their financial support. This was a fantastic introduction to the theatre for our youngest children.

Mrs. Ward and Miss Drake

Key Stage 2 pupils experience a magical day at the Hippodrome Circus

On Friday 13th December, Key Stage 2 pupils embarked on an unforgettable school visit to the Hippodrome Circus, where they were treated to an exciting and action-packed day of entertainment.

The children were left in awe by the incredible performances, including breathtaking acrobatics, jaw-dropping juggling, and a variety of other thrilling acts. As the children sat mesmerized by the skill and precision of the performers, the excitement was palpable.

Their wide-eyed amazement and enthusiastic applause were a testament to the spectacular nature of the show. *"We had a fantastic time,"* said one pupil. *"The acrobats were amazing, and the jugglers were so clever! I didn't want it to end."*



The visit also highlighted the exceptional behaviour and enthusiasm displayed by the children throughout the day. Their positive attitude and respect for the performers and venue ensured that the visit was a truly memorable occasion, not just for the pupils, but for everyone involved. The visit was not only a fun experience but also an opportunity for the children to learn about circus history and performance art. It's clear that the memories of this special day will stay with the children for a long time. The school looks forward to more exciting educational visits in the future, as such experiences continue to inspire and enrich the lives of our pupils. Special thanks to our magnificent Friends of Kessingland School and the Local Parish Council for their financial support.

Mrs. Lytton - Music and Performing Arts Lead

Christingle Service



On Tuesday 17th December, our school was filled with warmth and joy as we gathered together for our annual Christingle Service.

This special event marks the beginning of the Advent season, as pupils, staff, and members of our wider school community united in celebration and reflection. Christingles are the symbolic oranges adorned with candles, red ribbon, and various items representing the light of Christ, the four seasons and the love and joy He brings to the world.

The symbolic act of lighting the candles was a powerful reminder of the hope and peace that Christ's birth brings to us all. During the service, our children sang traditional carols and hymns and Jo Kendrew (St. Edmund's Church) together with Year 6 pupils led us in prayers, inviting everyone to reflect on the meaning of Christmas and the importance of kindness and love in our lives.

The children also took part in a special prayer, thanking for the blessings of the past year and looking ahead with hope. The Christingle Service is always a cherished tradition, and this year's celebration was truly special, as it brought together our school community in a meaningful way. We are grateful to all who joined us for this memorable occasion, helping to make this season of light and love even brighter.

Miss Smith - Executive Deputy Head



Welcome to Kessingland Primary Academy Lottery

This lottery has been set up specifically to raise money
and make a difference for our children!

It's a fantastic way to bring Parents, Carers, Teachers, and the wider community together, in partnership with our school, and at the same time give something back. We hope to raise funds that can support and enrich the education of our children - we aim to provide extra resources for the children, improve the school environment as well as run extra-curricular activities such as music, art, and sport. Your support is greatly appreciated, and we wish you good luck!



SUPPORT OUR SCHOOL PLAY OUR LOTTERY

- Tickets cost just £1 a week
- The easy way to help us raise funds
- Local cash prizes every week



BUY TICKETS:

Go to: www.yourschoollottery.co.uk
And search for: Kessingland Primary



GambleAware 



SUPPORT OUR LOTTERY TODAY

£1 per week

Weekly cash prizes

£25,000 jackpot



Splitting the £1.00



How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Kessingland Primary Academy

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at YourSchoolLottery.co.uk by direct debit or debit card.

It's so easy to join and will make a real difference to Kessingland Primary Academy

The Maths...

 100 tickets sold a week means

= £30 weekly cash prize

= £2,080 a year for our school



To start supporting, visit:

yourschoollottery.co.uk
and search for: Kessingland Primary

GambleAware 

Friends of Kessingland Primary Help us to fundraise by becoming a Co-op Member!

We are a small group of parents and teachers, who fundraise for the benefit of all the children who attend Kessingland Church of England Primary Academy. Our aim is to create opportunities for the children which would not be possible without fundraising. We currently only have a couple of outdoor benches and no shelter. The pupils have asked for a quiet outdoor sheltered area where they can eat lunch. We hope this area can be versatile and a multi-purpose area, for learning and fun. Spending time in green spaces or bringing nature into your everyday life can benefit both mental and physical wellbeing so we hope the area will help the whole school community feel more connected to nature.



Volunteer Groups Update



The Garden has been left relatively undisturbed over the Winter but it is hoped that work can begin again during February, as always it will be weather dependent. The main jobs to start with will be strimming the pathways and quite a bit of weeding and clearing before a new batch of vegetable seeds are sown.

The new wildlife pond appears to be doing well too, just a little tidying up to do and it can be left to Mother Nature (with a little helping hand now and again).

Please remember that anything that is grown & harvested in the garden is for the Community so please do help yourself to anything that is ready. Any surplus will be given to the Community Fridge based in the library. Also, don't forget our Seed Swap box is available for donations of unwanted/surplus seeds, you're more than welcome to take any seeds in the box if you need them.

Our volunteers will be on site from 9am every Tuesday morning (weather permitting of course) so come along and see for yourself the progress being made in your Community Garden. If you have some spare time on your hands, come along and join the Volunteer Group, everybody is welcome.

Dogs are also welcome into the Garden, but please remember to keep them on leads & clear up after them. Thank you for your support.



Join us on Facebook:

Kessingland Community Kitchen & Wildlife Garden

The Village clean-up teams are out & about again on various days during the week – the organized litter picking groups go around the Village on a Friday morning (meet up at Marram Green at 9am if you want to join them). Alternatively, you can help out on a day/time that suits you.

All of our volunteers are doing a great job keeping the Village nice and tidy whether as part of the organized groups or on days to suit them.



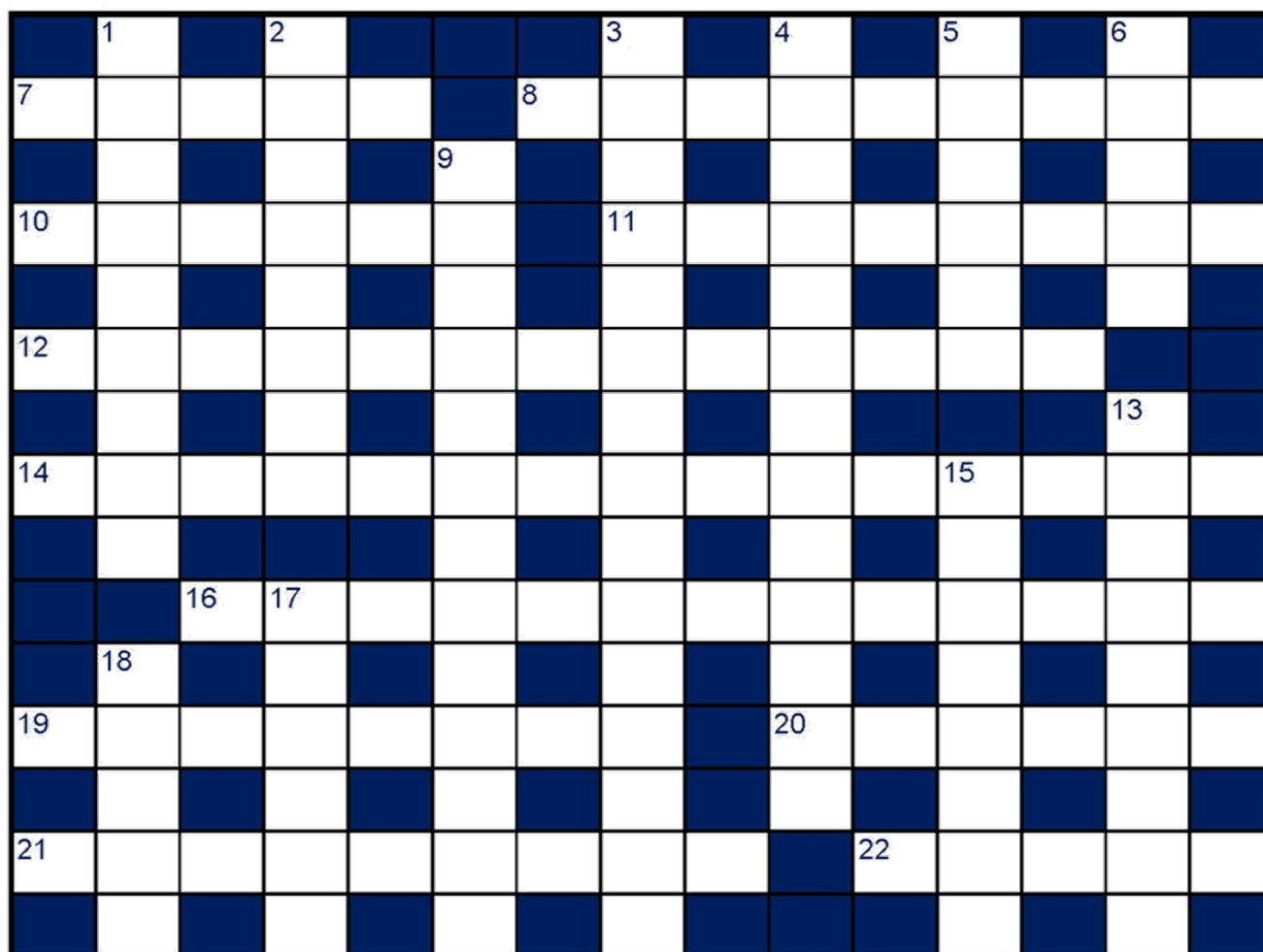
The Monday beach cleans will start up again in March & the group will meet at approx. 10am on the Promenade. Until then our "Monday Group" have been tidying several areas around the village of weeds & rubbish, the Co-op & Beach carparks and one of the paths leading to Lloyds Avenue to name but a few.

Thank you in advance to all our volunteers who help to keep it clean & tidy. More volunteers, for litter picking & work at the Marsh, are always needed. So, if you have an hour or two to spare, please contact the Parish Council Office or Cllr David Boyle for more details (all equipment will be provided).

Other volunteering opportunities are also listed in this Newsletter (pages 28/29).



No: 101-29



Across:

- 7 Seat at a bar (5)
- 8 Very much required (9)
- 10 Creamy rich cake (6)
- 11 DI Wagstaffe actor in *Dark Heart*
(3,5)
- 12 Shared out again (13)
- 14 Scenic greetings from
holidaymaker (7,8)
- 16 Liable to mood swings (13)
- 19 Miserly person (8)
- 20 Conventional, standard (6)
- 21 Alpine flower (9)
- 22 Dessert that wobbles! (5)

Down:

- 1 Tactical, according to a plan (9)
- 2 Writer of fiction (8)
- 3 Long-running Caribbean crime
series (5,2,8)
- 4 Financial return (13)
- 5 Have high hopes (6)
- 6 Bottom traffic light (5)
- 9 Dry substance for making a
yellow sauce (7,6)
- 13 Easily damaged, fragile (9)
- 15 Atlantic Ocean island group (8)
- 17 Breathe out (6)
- 18 Dizzy, light-headed (5)

KESSINGLAND HELP IN NEED TRUST

CHARITY NUMBER: 242755

The Kessingland Help In Need Trust was initially established in 1965 and its objective is to help those in need within the village. The kind of things we are able to help with are:-

- Essential Household items e.g. cooker, washing machine, fridge, beds etc.
- Appropriate Garden Services and Household/Building Repairs
- Help Towards Funeral Costs
- Help with costs of Hospital Visiting
- Essential clothing, e.g. Children's winter coats
- Veterinary bills
- Signposting to other expert organisations

For further information or for an electronic application form, please contact the Clerk to the Trust at clerk.khint@hotmail.com.

Disability Advice

North East Suffolk

Free, Impartial & Confidential



#IAmConfident



I am a Mental Health First Aider +

We offer a **FREE** Information & Advice, for anyone with a Disability, their carers, family or professionals.

Our Adviser will be at
Marram Green, Kessingland, in the
Kittiwake Room, between 9.30 & 12.30
for a drop-in service to assist with your
enquiries such as benefits, transport,
mobility, grants.

**DANES will next be at Marram Green
on
26th February 2025**

9:30am – 12:30pm

Contact us for details
01502 511333

info@danesonline.co.uk

Help & Support in the Community



**Kessingland
Parish
Council**



If you, or someone you know, are worried about the increasing cost of living, please use the contact details below:



For help with Local Welfare Assistance Scheme & Household Support
www.suffolk.gov.uk/costofliving
0345 606 6067



For help with Finances/Food & Essentials/Fuel & Energy/Housing
www.eastsuffolk.gov.uk/community/squeeze
0333 016 2000



For general enquiries
www.kessinglandparishcouncil.co.uk
01502 744367
admin@kessinglandparishcouncil.org.uk

Where you can get information & advice about what help & services are available to you.

Further information will be published in future issues of The Village News

Drop in at Kessingland

Whatever the problem, we're here for free, impartial and confidential advice



Face to face drop in KESSINGLAND

First Monday every month 10.00am to 12.00pm

Marram Green Kessingland NR33 7AH

Call us on 0808 278 7866 or email us via caes.org.uk

**citizens
advice** East
Suffolk

Our offices are in :
Beccles • Felixstowe • Leiston
• Lowestoft • Woodbridge plus
outreach centres across the region

Well Minds East Suffolk

There is a wide range of mental health support available in East Suffolk but sometimes it can be difficult, especially at a time of crisis, to know where to look for this information. East Suffolk Council's new 'Well Minds East Suffolk' booklets contain mental health advice, information, and details of local support services for people of all ages in need of help with their mental health. 10,000 booklets have been produced and are being delivered to community settings across the district, including libraries, community centres and the Council's network of Warm Welcomes. You can also view the booklet at <https://eastsuffolk.co/wellminds>. The booklets were funded by the Community Partnership Board and two local Community Partnership

**SUFFOLK
LIBRARIES**

FREE PRIDE AND PERIODS MENSTRUAL PRODUCTS HERE

Take a look at what we have available on our community shelves. No need to apply, no questions asked.



East of
England
COOP

ROOBY GOOD PERIODS

SUFFOLK
Community
Foundation

Kessingland Library, Marram Green, Hall Road, NR33 7AH



Well Minds Event

Aimed at organisations (both statutory and voluntary) working in the north of East Suffolk to support mental health initiatives

Lowestoft Sixth Form College
th
Tuesday 18 February 2025
9am - 2pm

Funded by Community Partnerships in the north of East Suffolk

Key speakers included on the following topics:

- Sue Willgoss: Autism and Suicide
- Access Community Trust: Stress Management
- Emma Corbett: Trauma Informed - Surviving Transition
- Suffolk Refugee Support: Cultural Sensitivities and Mental Health
- Alison Matthews: Public Health

Provider Marketplace included!




Disability Advice
North East Suffolk
Free, Impartial & Confidential

Are you missing out on the Winter Fuel Allowance because your not claiming your Pension Credit

Call us and we can check if you are eligible for Pension Credit and help you to apply
Call 01502 511333

Disability Advice North East Suffolk
161 Rotterdam Road, Lowestoft
Suffolk NR32 2EZ



SUFFOLK LIBRARIES **WHERE I BELONG**

Giving you a Warm Welcome

Free hot drinks and refreshments are available in the library on Wednesday mornings. Come in and warm up!

Take what you need, give what you can at:
www.suffolklibraries.co.uk/be-kind

Supported by:
East of England COOP

By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate
BACS charity number: 273425

Community Noticeboard

Activities & Groups: Kessingland United Working Men's Club



Kessingland United Working Men's Club
The Avenue, Kessingland, Lowestoft, Suffolk NR33 7QD
Telephone No: 01502 740218
Email: clubsecretarykuwmc@outlook.com
Website: www.kuwmc.co.uk

Valentines Special Quiz Night

Thursday 6th February
Doors open 7pm Quiz starts 7:30pm

Teams of 6 people maximum
No minimum

Music and Picture Rounds

Bar and snacks available.

Cash prizes and Raffle

£2.50 per person
£1.50 goes to the club, £1 goes into cash prize

Please book in advance as limited team places available.
To reserve your team call Sandra on 01502 742412
or email: clubsecretarykuwmc@outlook.com

Affiliated to the CIU
Society Registration No: 4343 VAT Registration Number: 105 2958

LINE DANCING

NEW LINE DANCING CLASS STARTING WEEK
COMMENCING 21ST AUGUST 2024

ALL WELCOME
PARKING & BAR

WITH
ALISON
WEDNESDAYS
7PM TILL 9.30PM
FROM 21ST AUGUST

£5 ENTRANCE

WORKING MANS CLUB, KESSINGLAND
FOR MORE INFO CONTACT ALISON
TEL: 07901871133

West
Western
dance
academy
Trained Teacher

yes you can
with
Slimming World

Kessingland
Kessingland
Working Mens Club
Tuesdays
5.30pm & 7pm

With Louise
07725748421

slimmingworld.co.uk

Slimming
WORLD

Kessingland Working Men's Club
The Avenue Kessingland (behind the vets)
NR337QD
New members welcome

Pool & Darts
Cash Bingo
Families welcome
Reasonably priced Drinks
Live entertainment every weekend
Monthly country club
TV Lounge
Rooms to hire

There is something for everyone
why not come and give us a look !!
For more details contact
us on 01502 740218
Or visit www.kuwmc.co.uk

Community Noticeboard

Activities & Groups: Kessingland Library & Marram Green



SUFFOLK LIBRARIES **WHERE I BELONG**

Library Opening Times

MONDAY	Closed
TUESDAY	10am – 4pm
WEDNESDAY	10am – 4pm
THURSDAY	Closed
FRIDAY	10am – 4pm
SATURDAY	10am – 3pm
SUNDAY	10am – 3pm

Take a look at our website for up to date info on all our event and activities.
Find us at: Marram Green, Hall Road, NR33 7NY
suffolklibraries.co.uk/kessinglandlibrary

By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate

SUFFOLK LIBRARIES **WHERE I BELONG**

Regular Library Activities

TUESDAY	10am - Baby Bounce
WEDNESDAY	10:30am-12pm - Stay & Play
WEDNESDAY	2pm - Bingo (Waiting List)
FRIDAY	10am - Baby Bounce
FRIDAY	2pm - BYO craft club
FRIDAY	2:30pm - Scrabble
SATURDAY	10:30-12 - Children's Craft
SUNDAY	10:30-12 - Children's Craft

Find us at: Marram Green, Hall Road, NR33 7NY
suffolklibraries.co.uk/kessinglandlibrary

By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate

SUFFOLK LIBRARIES **WHERE I BELONG**

BABY BOUNCE & TOT ROCK

FREE ACTIVITY UNDER FOURS

Tuesdays & Fridays
10am

Followed by a cuppa & biscuits

SCRABBLE

Every Friday
2:30pm

JOIN US FOR SCRABBLE ON A FRIDAY AFTERNOON

£1 PER PLAYER WITH HOT DRINK AND SWEET TREATS INCLUDED

FOR STITCH DROPPERS

Craft Club
2pm Friday

at Kessingland Library
£1.00 including refreshments

SUFFOLK LIBRARIES

SUFFOLK LIBRARIES **WHERE I BELONG**

CHILDREN'S CRAFT

Saturdays & Sundays 10:30-12:00

FUELLED BY IMAGINATION

JOIN OUR FOLK:

50 Club

THE FRIENDS OF KESSINGLAND LIBRARY INVITE YOU TO JOIN THE 50 CLUB.

TO RAISE FUNDS TO SUPPORT OUR VILLAGE LIBRARY.

Bi-monthly draw with 3 prizes of 25%, 15% and 10% for first, second and third places respectively

Other Groups at Marram Green:

Tuesdays:

- Yoga with Aleyana (Spinnaker Room) 1:30pm – 2:30pm

Wednesdays:

- Kessingland Art Group (Spinnaker Room) 1pm – 3pm

Thursdays:

- Yoga with Aleyana (Spinnaker Room) 4pm – 5pm

Marram Green
coffee and friends events
Supported by Kessingland Parish Council
Formerly MeetupMonday

Mates on Monday
Marram Green Community Lounge
Hall Road
Kessingland
NR33 7AH

Join us on Mondays (except Bank Holidays) 10.30 am until 12.30pm

Do you feel like the weekend has dragged?
Are you fed up with your own company?
Maybe you are new to the area?

You are invited to come along and enjoy a free cuppa, cake or biscuit & a friendly chat.

COVID SAFETY
For everyone's safety, when arriving for the first time, you will be asked to provide contact details.

Rural Coffee Caravan is a registered charity. No. 1187423

Community Noticeboard

Activities & Groups: Kessingland Sports & Social Centre



Shotokan Karate Classes

First Two lessons free



Kessingland Sports & Social Centre
Francis Rd, Kessingland

Friday's 6 -7:30pm
Starting 2nd Feb 2024

Sensei Mark Owers
3rd Dan ESA Instructor



Family Class
age 7+

Email: kesskarate@btinternet.com



DO YOU LIKE TO DANCE?

COME AND JOIN OUR GROUP **DANCING FRIENDS**

EVERY MONDAY EVENING

7.30pm

KESSINGLAND SPORTS & SOCIAL CENTRE
FRANCIS ROAD, KESSINGLAND, NR33 7PU



ALL TYPES OF DANCES, INCLUDING JIVE, ROCK 'n' ROLL, MODERN DANCE, LINE DANCING etc

IF YOU JUST ENJOY DANCING COME ALONG AND JOIN IN A FUN EVENING

ENTRANCE: £5.00 per person

FOR MORE INFORMATION, RING: SUE DYER 07731 380691

KESSINGLAND



CLUB

WE MEET EVERY TUESDAY
& FRIDAY AFTERNOONS
1.45 PM FOR START AT
2PM UNTIL 4PM

PAY & PLAY, NO MEMBERSHIP FEE

£3.00 PER SESSION
INCLUDING REFRESHMENTS

FIRST TIME? PLAY FOR FREE

FOR FURTHER INFORMATION PLEASE
CONTACT:-

WAYNE THOMPSON ON 07557 030442

WE ARE A
FRIENDLY CLUB
LOOKING FOR
NEW MEMBERS

WE LOOK
FORWARD TO
SEEING YOU
THERE!

KESSINGLAND
COMMUNITY
CENTRE
FRANCIS ROAD
KESSINGLAND

KESSINGLAND YOUTH CAFÉ FEBRUARY 2025

Wednesday 5th & 26th:

Choice of Activities

"Hot Food Night" on 26th



6:30pm to 8:30pm

Age Group:
10 to 16yrs

FREE
ACTIVITIES

SNACK
SHOP



at the KSSC
Francis Road
Kessingland

Community Noticeboard

Activities & Groups: Kessingland Sports & Social Centre



Kessingland

Friendship Club

The Kessingland Friendship Club meets at the KSSC on alternate Thursdays from 2.00pm until 4.00pm

Come and join in with us and make new friends, enjoy a cup of tea and a biscuit in convivial surroundings, join in the bingo and try and win the raffle!

The Friendship Club also organises and runs outings, social events and long weekend breaks for members and friends, so don't be left out – come along to one of our meetings and join in!

For more information, please contact Helen Sinfield on 01502 741424



BOOST FUNDS FOR OUR CAUSE

JOIN OUR LOTTERY!



- Help us raise money to help keep the KSSC open. Win prizes of up to £25,000!
- Tickets only cost £1 per week
- 50% of all tickets sold from our page go to us!

PLAY NOW:

SCAN THE QR CODE OR GO TO www.onelottery.co.uk AND SEARCH FOR: Kessingland Sports



GambleAware 18+

onelottery

Other Groups at the KSSC:

Tuesdays:

- Waveney Table Tennis
10am – 12pm
- Short Mat Bowls
2pm – 4pm
- Badminton
7pm – 9pm

Wednesdays:

- Knit and Natter
9:45am – 11:45am
- Youth Café
6:30pm – 8:30pm

Thursdays:

- Chair-based Exercise
9:30am – 10:30am
- Pilates
6pm – 7pm
- Model Flying Club
7:30pm – 10pm

Fridays:

- Shotokan Karate
6pm – 7:30pm

For Bookings:

Telephone: 07729 384705 / Email: ksscbooking@hotmail.com

Community Noticeboard

Activities & Groups: St Edmund's Church & Church Centre



Saturday February 15th at 1.30-3.30

The Church Hall

You are invited to join us as we explore



Messy Prayer



Make flags, crowns and bread rolls.

Hear a Bible story and sing songs

Enjoy pizza, chips and ice cream.

Celebrate that God Loves You.

Messy Church is a Family Church

We invite you and your family
if you have a strong faith, a little faith or
have no faith but are curious

RSVP: janetmpallister40@gmail.com

You are welcome.

Kessingland St Edmunds
Church presents...

SMALL WONDERS

FRIDAYS 9:30AM - 11AM

Newborn - School Age

Everybody welcome!

**AT THE
CHURCH
CENTRE**

Free of charge

**ACTIVITIES, CRAFTS AND SINGING
A RANGE OF TOYS FOR ALL AGES**

**SNACKS AND
REFRESHMENTS**



Made with StoryWall.com

Rainbows

Girls play, learn and have tons of fun
for ages 4 to 7

At Rainbows, we welcome all girls to play, learn and have fun in a creative, safe space for all abilities.

girlguiding
Registered charity number: 306016

Join a local Rainbows group girlguiding.org.uk/joinus

'We play loads of fun games, do activities and challenges and sometimes get badges'
Matilda

Community Noticeboard

Activities & Groups: St Edmund's Church & Church Centre



THE CHURCH OF ENGLAND
Diocese of Norwich

Transformed by Christ: Prayerful Pastoral Prophetic

Every Saturday 10am—12noon
Kessingland Church Centre

Saturday Coffee at St Ed's

CAKES

COFFEE is served...
SATURDAYS 10-12
BOOKS, JIGSAWS, BIC-A-BRAC & CAKE!

FRIENDLY, WARM, SPACIOUS
FUN and LAUGHTER
QUALITY PRE-LOVED ITEMS
LOTS OF EASY PARKING
DISABLED ACCESS
WONDERFUL WELCOME
COME.....

TOGETHER WE CAN DO IT

Craft for Children

St Edmunds Ladies Group
Come...Bring a friend.
Tuesdays Monthly
Kessingland Church Centre
2-4pm
ALL WELCOME

Fun & Laughter

FREE of charge

Tea, cake and friendship

Speakers

ALL ARE WELCOME:
2nd Tuesday each month

PS...Men are also welcome
Speak to Anne 01502 7424654

ALL are very welcome to this very friendly Group

KESSINGLAND CHURCH CHOIR

Singing is good for you and FUN

Why not come along and give it a try?

Choir Master: Colin Jobson
colinlinda108@icloud.com
Or

Come along on a Sunday morning at 10.45am and speak with Colin in person

EVERYONE is welcome at Kessingland Church

We currently have 11 choristers
We only have one male chorister and are seeking other male voices in addition to new female choristers

If you would like to join us
(We are VERY Friendly and welcoming)

Available to Hire.
Contacts Pat Briggs
01502 740478

Parking, Disable Access & Toilets,
Kitchen and Tables

Meetings, Children's Parties, Events.



**KESSINGLAND
METHODIST CHURCH**

Church Road, Kessingland

**MESSY
MORNING**

for children aged 4 to 12 years

**Thursday 20th February
10:00am – 11:30am**

CRAFT - COOKING - GAMES

ALL WELCOME

**Come and have Fun
and
Bring your Friends**



ALL WELCOME

Come along for a cuppa, bacon roll and a chat

SUNDAY SERVICES at 10:30am

Volunteering Opportunities



Give back to bact!
We're looking for new
volunteers

Call bact on
01986896896 or visit our
website
www.bactcommunitytransport.org.uk
To find out more.

Volunteer with us!

Join our team as a volunteer and make a difference in your community.
A range of roles are available

- Advisor
- Admin support
- Reception
- IT Support
- Fundraising
- Research
- Campaigns
- Social media

Interested? You can email us
volunteer@caes.org.uk

Or for more information visit our website - caes.org.uk

citizens advice East Suffolk

Our offices are in :
Beccles • Felixstowe • Leiston • Lowestoft • Woodbridge
plus outreach centres across the region

THE WAY TO GO

Suffolk County Council

Supported by
 Active Travel England

Volunteers needed to support our walking and cycling groups

Could you give a couple of hours two or three times a month to support our active travel social prescribing pilot project?
We're running free one-hour cycling and walking groups for residents in Ipswich and Lowestoft and need volunteers to help.

Interested in finding out more?
Email thewaytogosuffolk@suffolk.gov.uk or call 01473 260060

Kessingland Village Volunteers

Village Recorder **Community Gardener** **Youth Club Volunteer**

Warm Rooms Host **Marsh Mate**

Skills Sharer **Litter Picker**

Tree Warden **Climate Carer**

Accessibility Auditor **Community Fridge Champion** **Village News Columnist**

Could you become a Village Volunteer and help make Kessingland a better place to live?

You don't have to have hours to give, just an interest or enthusiasm for Kessingland and how the community can come together and build a great community spirit.

The community has volunteering opportunities coming up which are shown around this box. Some may actually excite you to be involved. If any of them interest you and you would like to know more, then visit the new parish website:

www.kessinglandparishcouncil.co.uk
email:
admin@kessinglandparishcouncil.org.uk
call
01502 744367
or pop into the council office

Volunteering Opportunities



KESSINGLAND YOUTH CAFÉ

Our Youth Café
is looking for Volunteers to help us run our club which provides
a safe environment for Kessingland's young people

**Volunteers Needed
for our
YOUTH
CAFÉ**

The Café is run on the 1st and 3rd
Wednesdays of each month from
6.30pm until 9.30pm.

Duties include:

- Assist with setting up &
running activities.
- Safeguard our young
people.
- Be a positive role model.

DBS check & full training given.

For more details & an application form,
please contact the Parish Council office:

T: 01502 744367
E: admin@kessinglandparishcouncil.org.uk



KESSINGLAND Community Kitchen & Wildlife Garden

VOLUNTEERS NEEDED !!

Do you have some spare time?
Want to meet new people & make new friends?
Do you like nature & want to help make a difference?

Your Community Garden
Rider Haggard Lane, Kessingland

NEEDS YOU

Volunteers meet every Tuesday from 9am
We look forward to seeing you



Pakefield Coastwatch

Can you spare 3-4 hours per week?

VOLUNTEERS NEEDED

to assist us in safeguarding our seas and coast.

Full training given.

Contact our Station Manager on
07788 377501

Pakefield Coastwatch is a registered charity. No. 1178259



love live Community Litter Pickers

VOLUNTEERS WANTED

Are you fed up with seeing litter all over the place?
Fed up with seeing overgrown paths & alleyways?
Street signs that are so dirty they are difficult to read?

If so, would you be prepared to give up an hour or two each
week, on a day to suit you or as part of our organised group
on a Monday & Friday morning, to make this village a better
place to live and visit. All equipment will be provided.

For more information, please contact the Council office:

Telephone: 01502 744367
Email: admin@kessinglandparishcouncil.org.uk



Kessingland Parish Council
Parish Council Office, First Floor, Marram Green, Hall Road, Kessingland NR33 7PP

Telephone: 01502 744367
Email: admin@kessinglandparishcouncil.org.uk
Web: www.kessinglandparishcouncil.co.uk

Community Recycling



CLOTHES BANKS

Kessingland Church Centre
Carpark
Church Lane
Kessingland

Livingstones Freehouse
Carpark
Whites Lane
Kessingland



Support Suffolk Libraries:
Donate to our fundraising
RECYCLING SCHEME

**WE'RE A
CHARITY**

suffolklibraries.co.uk/support-us

♻️ OLD AND FOREIGN CURRENCY

♻️ MOBILE PHONES

♻️ STAMPS

♻️ TABLETS AND GAMES CONSOLES

TETRAPAK CARTONS

Lowestoft Recycling Centre
Haddenham Road
Lowestoft NR33 7NF

BOOKS / USED PRINTER CARTRIDGES

Kessingland Library
Marram Green, Hall Road, Kessingland NR33 7AH

UNWANTED / USED BATTERIES

Kessingland Co-op
44-48 Field Lane, Kessingland NR33 7QA

Kessingland Library
Marram Green, Hall Road, Kessingland NR33 7AH



GLASS & BOTTLE RECYCLING

Kessingland United Working Men's Club
The Avenue, Kessingland NR33 7QD

The Sailor's Home
302 Church Road, Kessingland NR33 7SB



Useful Contact Information



Local Telephone Numbers

East Suffolk Council (Customer Services)	0333 0162000
East Suffolk Council (Out of Hours Emergency)	0800 440 2516
East Suffolk Council (Automated Payments)	0300 7900509
Kessingland Parish Council	01502 744367
Jess Asato MP (Lowestoft)	jess.asato.mp@parliament.uk
Citizens Advice Bureau	01502 518510
Disability Advice North East Suffolk (DANES)	01502 511333
Suffolk County Council Highways	0345 6066171
- What's happening in my area?	www.one.network
- Report a fault	www.highwaysreporting.suffolk.gov.uk
- Email	www.suffolk.gov.uk/about/contact-us
- Telephone	0345 606 6171
Kessingland Doctors (Longshore Surgery)	01502 740203
Kessingland Pharmacy	01502 740251
James Paget Hospital A and E	01493 452200
NHS Helpline	111
Police - Emergency Only	999
Police - Non-Emergency	101
or online at www.suffolk.police.uk/contact-us/report-something	
Coastline Vets (Carlton Colville)	01502 531999
Three Rivers Vets (Kessingland)	01502 741988
Pakefield Veterinary Clinic	01502 664656
Wangford Veterinary Clinic	01502 578999
Kessingland Library	01502 741212
St Edmund's Church	01502 743154
Kessingland Primary Academy	01502 740223
Kessingland Sports & Social Centre	07729 384705
Kessingland United Working Men's Club	01502 740218
Kessingland Women's Institute	01502 740785

National Organisations and Helplines

Age Concern	0800 6781602
Childline	0800 1111
NSPCC helpline	0808 800 5000
Cruse Bereavement Support	0808 8081677
Samaritans	116 123
Macmillan Cancer Support	0808 8080000
Mind Infoline	0300 1233393
Alcoholics Anonymous	0800 9177650
Refuge National Domestic Abuse Helpline	0808 2000 247
RSPCA helpline	0300 123499
RSPCA (Mid Norfolk and North Suffolk branch)	0303 040 1565
Action Fraud (Fraud & Cyber Crimes)	0300 123 2040
Suffolk Trading Standards	0808 223 1133

Crossword Corner - Solutions



The Village News welcomes contributions from everyone within the Parish; news, photographs and reports from village organisations are particularly welcome but contentious issues or articles promoting personal causes should be avoided – the Editor reserves the right not to print items and to edit items submitted for publication.

The views expressed in the Village News, unless stated as such, are not those of the Editor or the council, and no liability can be accepted for any error or omissions although we will publish corrections.



If you would like to submit articles or cover photographs, the deadline for copy is 12 Noon on the 24th of each month.

Please send submissions to the Editor –
jmclean@kessinglandparishcouncil.org.uk
Articles can be half or full page.

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Large Village of the Year
2023



Community of the Year
2023



Crossword Solution 101-29

ACROSS: 7 Stool 8 Necessary 10 Gateau 11 Tom Riley 12 Redistributed
14 Picture postcard 16 Temperamental 19 Tightwad 20 Normal 21 Edelweiss 22 Jelly

DOWN: 1 Strategic 2 Novelist 3 *Death in Paradise* 4 Reimbursement 5 Aspire
6 Green 9 Custard powder 13 Breakable 15 Canaries 17 Exhale 18 Giddy